

House District _____

Senate District _____

**THE TWENTY-SEVENTH LEGISLATURE
APPLICATION FOR GRANTS AND SUBSIDIES
CHAPTER 42F, HAWAII REVISED STATUTES**

Log No: _____

For Legislature's Use Only

Type of Grant or Subsidy Request:

GRANT REQUEST – OPERATING

GRANT REQUEST – CAPITAL

SUBSIDY REQUEST

"Grant" means an award of state funds by the legislature, by an appropriation to a specified recipient, to support the activities of the recipient and permit the community to benefit from those activities.

"Subsidy" means an award of state funds by the legislature, by an appropriation to a recipient specified in the appropriation, to reduce the costs incurred by the organization or individual in providing a service available to some or all members of the public.

"Recipient" means any organization or person receiving a grant or subsidy.

STATE DEPARTMENT OR AGENCY RELATED TO THIS REQUEST (LEAVE BLANK IF UNKNOWN): _____

STATE PROGRAM I.D. NO. (LEAVE BLANK IF UNKNOWN): _____

1. APPLICANT INFORMATION:

Legal Name of Requesting Organization or Individual:

Family Education Centers of Hawaii

Db:

Family Education Centers of Hawaii

Street Address:

2272 Hikinoe Street, Honolulu HI 96821

Mailing Address:

SAA

2. CONTACT PERSON FOR MATTERS INVOLVING THIS APPLICATION:

Name MARY MARTINI

Title Director of Family Education Training Center of Hawaii, subsidiary of Family Education Centers of Hawaii

Phone # 808-226-6526

Fax # _____

e-mail mary.i.martini@gmail.com

3. TYPE OF BUSINESS ENTITY:

- NON PROFIT CORPORATION
- FOR PROFIT CORPORATION
- LIMITED LIABILITY COMPANY
- SOLE PROPRIETORSHIP/INDIVIDUAL

6. DESCRIPTIVE TITLE OF APPLICANT'S REQUEST:

THE FAMILY TREE PROJECT

4. FEDERAL TAX ID #: _____

5. STATE TAX ID #: _____

7. AMOUNT OF STATE FUNDS REQUESTED:

FISCAL YEAR 2015: \$ 325,000

8. STATUS OF SERVICE DESCRIBED IN THIS REQUEST:

- NEW SERVICE (PRESENTLY DOES NOT EXIST)
- EXISTING SERVICE (PRESENTLY IN OPERATION)

SPECIFY THE AMOUNT BY SOURCES OF FUNDS AVAILABLE AT THE TIME OF THIS REQUEST:

STATE \$ _____

FEDERAL \$ _____

COUNTY \$ _____

PRIVATE/OTHER \$ _____

TYPE NAME & TITLE OF AUTHORIZED REPRESENTATIVE:

AUTHORIZED SIGNATURE

MARY MARTINI, EXECUTIVE DIRECTOR
NAME & TITLE

DATE SIGNED

1/23/2014
DATE SIGNED

Application for Grants and Subsidies

If any item is not applicable to the request, the applicant should enter “not applicable”.

I. Background and Summary

1. A brief description of the applicant's background;

The Family Education Training Center of Hawaii (FETCH) is a University of Hawaii-based affiliate of the Family Education Centers of Hawaii (FECH), a nonprofit 501 (c) (3) charitable organization. FETCH was established in 2003 with the mission to assist members of distressed families build communication pathways that increase family harmony and enhance adaption. FETCH is a unique service provider, as it targets the entire family unit and uses the Adlerian approach to help each family member define their roles in the family and cooperate cohesively as one unit. FETCH endorses sustainability through it agricultural component of the program, which provides the family unit with an opportunity to apply the skills they have gained through the program while promoting a healthier and sustainable lifestyle.

2. The goals and objectives related to the request;

FETCH is proposing this project to implement a family-strengthening program in the rural communities of Haleiwa and Waialua. The Family Tree project is a family strengthening curriculum that teaches families to identify the communication gaps between each individual member and build the communication pathways that minimizes conflict within the family unit. The Family Tree project consists of interactive group sessions with families that allow the family to work together in a safe, therapeutic setting. The agricultural component creates an experience for the families to apply and practice their communication skills while building family gardens and creating a therapeutic respite for each family member. The agricultural component also addresses financial sustainability and healthier lifestyles as it teaches families to grow their own food for consumption and promotes a healthier diet. Individualized therapeutic sessions are also included in the curriculum, which allows each member to address his or her personal individual needs with a therapist.

Goal: To minimize conflict in families which can lead to other health disparities by implementing the Family Tree Project in the rural communities of Haleiwa and Waialua.

Objective 1: Implement the Family Tree Project for families in Haleiwa and Waialua addressing the risk factors in the communities that stem from family dysfunction.

Objective 2: Establish a family support hub that provides mental health service access to these rural communities including opportunities for family engagement and counseling services for individuals, couples, and families.

Objective 3: Implement the sustainability project that teaches families how to build, grow, and maintain their own food to decrease their family food budget, increase a healthier diet, and create a therapeutic respite for each family member.

Achievement of the objectives and outcomes of the proposed project will build community capacity in the specified rural areas. This includes access to support services that offer positive family engagement activities, counseling services to increase personal capacity, and access to resources to increase healthier lifestyles.

3. The public purpose and need to be served;

This project is proposed to address the health disparities in the rural communities that stem primarily from the family unit. Lack of or ineffective communication is the cause of conflict between individuals. The communication factors within a family unit can lead to dysfunction that translates into behaviors of individual family members. The consequences of these behaviors include mental health disparities such as depression, abuse, violence, and other anti-social behaviors. The family unit is the root of all individuals and addressing issues at this level would help decrease the negative consequences of family dysfunction.

According to the Center for Disease Control and Prevention (CDC),

“Health disparities are preventable differences in the burden of disease, injury, violence, or opportunities to achieve optimal health that are experienced by socially disadvantaged populations”

The CDC identifies the multiple factors that are attributed to health disparities as poverty, environmental threats, inadequate access to health care, individual and behavioral factors, and education inequalities. Rural communities are subject to multiple factors due to the limited access of preventive services, which increase the risk of disparities in those communities.

According to the “Violence Between Intimate Partners in Hawai’i. Data from BFRSS, PRAMS and YRBS” (DOH, 2010), Filipinos, Hispanics, Pacific Islanders reported intermediate rates of intimate partner violence, while Hawaiians and Caucasians reported high rates of intimate partner violence.

A report from the Asian and Pacific Islander Institute on Domestic Violence, Facts and Stats: Domestic Violence in Asian, Native Hawaiian, and Pacific Islander Homes (2009) reports a prevalence of high rates of domestic violence in the Filipino and Hawaiian cultures.

The expected results of this project have potential to become a model for decreasing family dysfunction and preventing or reducing the health disparities in the communities by giving families the tools and opportunities to build a cohesive productive family unit. The positive impact of the proposed intervention for the communities will develop into long-term outcomes that decrease anti-social behavior in youth, decrease the prevalence, and incidence of violence in the household and the community, increase healthier lifestyles through both behaviors and diet changes, and create access to mental health services regardless of income.

4. Describe the target population to be served:

The target population to be served consists of the families from the Haleiwa and Waialua communities. There are three public elementary schools in these communities, Haleiwa Elementary, Waialua Elementary, and Sunset Beach Elementary. Data from the Department of Education School status and improvement reports correlate with risk factors of being a rural community with limited access to services, poverty levels, and a presence of Hawaiian, Filipino, Pacific Islander, and Caucasian ethnicities (as identified at higher risk for domestic violence).

School	Free/Reduced Lunch	Hawaiian	Filipino	Pacific Islander	Caucasian
Haleiwa	64.1%	40.1%	26.6%	3.4%	16.96%
Sunset	28%	19%	6.2%	.4%	58.6%
Waialua	51.1%	26.6%	30.4%	1.5%	25.4%

5. Describe the geographic coverage.

The proposed project will be implemented in the communities of Waialua and Haleiwa.

II. Service Summary and Outcomes

1A. Scope of Work:

The Family Tree Project has been developed as a tool to help families create their communication pathways that will minimize family conflict in the household. The program is a multi-tier project that includes family group sessions, family therapy sessions, and family work sessions. The service plans for therapeutic sessions for each family may differ depending on the complexity of dysfunction within individual members.

Family Group sessions: The Family Tree Project therapeutic group sessions are therapeutic activities involving the entire family unit with other participating families. The purpose of the group sessions is to create a supportive environment within the communities in which they are able to identify similarities and differences to gain insight for their own family unit. There are seven (7) group sessions.

Family Therapy Sessions: The Family Therapy sessions are individual or couple therapy sessions in which family members can address their individual issues or relational issues as a couple. These sessions are done with the therapists under the supervision of the Clinical Psychologist. There are a minimum of three (3) sessions included with the Family Tree Project, however the sessions may be on-going depending on the needs of the individual members.

Family Work Sessions: The Family work sessions are the agricultural training program that teaches families the science behind growing their own sustainable gardens. The family work sessions will include community family gardens on-site, that the families will work on together during their group sessions. An additional five sessions will consist of the group of staff and participants helping families start their own families at their homes—one work session per family. Each family will receive a sustainable garden kit at the end of the program to create or improve their own garden at their homes.

Access to Free Mental Health Services: The therapists from the project will be available to provide free therapy sessions (by appointment) to community residents, which could be accessed through referrals from the schools or self-referrals through FETCH's marketing efforts.

1B. Task and Responsibilities

Please see the Timeline/Implementation plan for task and responsibilities.

2. Provide a projected annual timeline for accomplishing the results or outcomes of the service:

Please see the Timeline/Implementation plan for timeline information.

3. Describe its quality assurance and evaluation plans for the request. Specify how the applicant plans to monitor, evaluate, and improve their results:

FETCH provides supervision both clinical and administrative to the therapists who run the program. The Executive Director of FETCH is a licensed psychologist and the therapists both have a Master's in Counseling Psychology and have passed the National Counseling Exam. The supervision of support staff on site is provided by the therapists as they both oversee the operations of the site.

The Executive Director and therapists will provide oversight of the implementation process and quality assurance during the delivery of the program to ensure fidelity of the project. One of the therapists created the Family Tree Project, which includes an evaluation component to collect data to measure the effectiveness of the program. The evaluation tools are a retroactive pre/posttest designed for different family members based on age and role. The tools evaluate parents on the behavior changes between relational interactions between each other and as parents. The child(ren) scale will evaluate their behavioral changes between their communication with their parents and their behavior within different environments.

Cultural adaptations are expected to be a necessity in the evaluation process. Feedback from participants will be integrated within the evaluation process to ensure effectiveness. Participants will be made aware of their role in the evaluation process, as feedback will be collected after each session.

4. **List the measure(s) of effectiveness that will be reported to the State agency through which grant funds are appropriated (the expending agency). The measure(s) will provide a standard and objective way for the State to assess the program's achievement or accomplishment. Please note that if the level of appropriation differs from the amount included in this application that the measure(s) of effectiveness will need to be updated and transmitted to the expending agency.**

The project's effectiveness will be measured by progress toward fulfilling objectives and achievement of the proposed immediate outcomes. The immediate outcomes will provide the data that demonstrates the intervention as a model program to address the disparities that stem from family dysfunction that can be replicated in any community. The project's immediate outcomes are detailed below:

- 1) **70% of families who participate in the Family Tree Project will complete the minimum number of sessions for each component.**

FETCH will target a minimum of five (5) families per community or a total of 10 families, of which seven (7) families will complete the minimum requirement for the entire project. The minimum number of sessions for each of the 7 families to complete is seven sessions (7) family group sessions, seven (7) family work sessions, and three (3) family counseling sessions.

- 2) **80% of parents that complete the Family Tree Project will report a minimum of two (2) communication pathways that were developed.**

After completion of the program, parents will be able to identify behavioral changes in the ways that they communicate with their children or their partner.

- 3) **80% of children/adolescents that complete the Family Tree Project will report a minimum of two (2) behavioral changes that were developed.**

After completion of the program, children/adolescents will be able to identify behavioral changes in themselves and/or within the family unit.

- 4) **80% of families completing the Family Tree Project will feel competent in the areas of sustainability and grow their own sustainable garden.**

Families who complete the program will understand the importance of sustainable gardens on their bodies as well as their budget and will demonstrate the skills needed to grow some of their food.

III. Financial

Budget

- 1. The applicant shall submit a budget utilizing the enclosed budget forms as applicable, to detail the cost of the request.**
Please see attached budget forms.
- 2. The applicant shall provide its anticipated quarterly funding requests for the fiscal year 2015.**

Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Grant
83450	80517	80517	80516	325,000

- 3. The applicant shall provide a listing of all other sources of funding that they are seeking for fiscal year 2015.**

The agency will be seeking USDA funding in 2015.

- 4. The applicant shall provide a listing of all state and federal tax credits it has been granted within the prior three years. Additionally, the applicant shall provide a listing of all state and federal tax credits they have applied for or anticipate applying for pertaining to any capital project, if applicable.**

Not Applicable

- 5. The applicant shall provide the balance of its unrestricted current assets as of December 31, 2013.**

Cash 30,000

IV. Experience and Capability

A. Necessary Skills and Experience

Since 2003, The Family Education Training Center of Hawaii (FETCH) has been providing innovative programs and services that target families under stress. FETCH has an excellent history of accomplishments in providing family strengthening services that create a stronger bond within the family unit for families in the selective and indicated populations in Honolulu.

B. Facilities

FETCH has created a partnership with a farm in the community of Haleiwa. A facility and agricultural land will be provided for the use of FETCH families. FETCH will also seek out facility usage within the community to provide services closer to the families in Waiialua. Community facilities being considered are community churches, schools, and community agencies.

V. Personnel: Project Organization and Staffing

A. Proposed Staffing, Staff Qualifications, Supervision and Training

The proposed staffing pattern constitutes the most effective utilization of the service delivery in implementing the project based on experiences with current FETCH family projects.

- Executive Director, responsible for clinical supervision and administrative oversight of the project.
- Therapist (2 therapists), responsible for contract and fiscal management, quality assurance, staff supervision, implementation of project, evaluation of project, and family therapy sessions.
- Project Specialist I, responsible for recruitment, implementation of family group sessions, and coordination between the three components of the Family Tree Project.
- Project Specialist II (2 staff), responsible for implementation of the family work sessions.

Staff Qualifications:

Position	Qualifications	Incumbent	Supervision
Therapist A	*Master in Counseling *Counseling experience (2 years) *Project management experience (3 years) *Contract experience (3 years) *Supervision experience (3 years)	Masters in counseling psychology, Over 10 years of counseling experience, over 15 years of project management, over 15 years of contract experience, and over 10 years of supervision experience	Supervised by Executive Director
Therapist B	*Masters in Counseling *Counseling experience (2 years)	Masters in counseling psychology, over 2 years of counseling experience with adult and youth populations	Supervised by Executive Director
Project Specialist I	*Bachelor's in psychology or related field *Experience working with the community (2 years) *Experience working	TBH	Supervised by Therapists

	with groups (1 year)		
Project Specialist II (2 staff)	*Experience working with sustainable gardening (2 years)	TBH	Supervised by Therapists

Training:

FETCH is committed to providing quality services and recognizes that staff development and training is essential in maintaining high standards of service. Mandatory staff orientation will be conducted within thirty (30) days of hire which includes agency policies, expectations, code of conduct, and appropriate staff development plan.

B. Organization Chart

Please see attached FETCH organization chart and Project organization chart.

C. Compensation

The Executive Director of the FETCH is a faculty member of the University of Hawaii and does not receive compensation through the agency. Currently the agency funds three (3) part-time positions at the Manoa site:

- Teen Science Specialist, \$17,280
- Office Manager, \$14,400
- Aquaponic Specialist, \$14,400

VI. Other

A. Litigation


None.

B. Licensure or Accreditation

The Executive Director is a licensed psychologist in the State of Hawaii. The Therapist A is a Certified Prevention Specialists in the State of Hawaii.

BUDGET REQUEST BY SOURCE OF FUNDS
(Period: July 1, 2014 to June 30, 2015)

Applicant: Family Education Centers of Hawaii

BUDGET CATEGORIES	Total State Funds Requested (a)	(b)	(c)	(d)
A. PERSONNEL COST				
1. Salaries	223,000			
2. Payroll Taxes & Assessments	33,477			
3. Fringe Benefits	18,177			
TOTAL PERSONNEL COST	274,654			
B. OTHER CURRENT EXPENSES				
1. Airfare, Inter-Island	0			
2. Insurance	4,000			
3. Lease/Rental of Equipment	5,000			
4. Lease/Rental of Space	8,000			
5. Staff Training	746			
6. Supplies	11,000			
7. Telecommunication	4,000			
8. Utilities	8,000			
9. Repair and Maintenance	4,000			
10. Contractual Services-Administrative	3,000			
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
TOTAL OTHER CURRENT EXPENSES	47,746			
C. EQUIPMENT PURCHASES	2,600			
D. MOTOR VEHICLE PURCHASES	0			
E. CAPITAL	0			
TOTAL (A+B+C+D+E)	325,000			
SOURCES OF FUNDING		Budget Prepared By:		
(a) Total State Funds Requested	325,000	Mary Martini	808-226-6526	
(b)		Name (Please type or print)	Phone	
(c)			1-23-2014	
(d)		Signature of Authorized Official	Date	
TOTAL BUDGET	325,000	Mary Martini	Executive Director	
		Name and Title (Please type or print)		

BUDGET JUSTIFICATION - EQUIPMENT AND MOTOR VEHICLES

Applicant: Family Education Centers of Hawaii

Period: July 1, 2014 to June 30, 2015

DESCRIPTION EQUIPMENT	NO. OF ITEMS	COST PER ITEM	TOTAL COST	TOTAL BUDGETED
Computer	4.00	\$500.00	\$ 2,000.00	2000
Printers	2	\$300.00	\$ 600.00	600
			\$ -	
			\$ -	
			\$ -	
TOTAL:	6		\$ 2,600.00	2,600
JUSTIFICATION/COMMENTS:				

DESCRIPTION OF MOTOR VEHICLE	NO. OF VEHICLES	COST PER VEHICLE	TOTAL COST	TOTAL BUDGETED
			\$ -	
			\$ -	
			\$ -	
			\$ -	
			\$ -	
TOTAL:				
JUSTIFICATION/COMMENTS:				

**DECLARATION STATEMENT OF
APPLICANTS FOR GRANTS AND SUBSIDIES PURSUANT TO
CHAPTER 42F, HAWAII REVISIED STATUTES**

The undersigned authorized representative of the applicant certifies the following:

- 1) The applicant meets and will comply with all of the following standards for the award of grants and subsidies pursuant to Section 42F-103, Hawai'i Revised Statutes:
 - a) Is licensed or accredited, in accordance with federal, state, or county statutes, rules, or ordinances, to conduct the activities or provide the services for which a grant or subsidy is awarded;
 - b) Complies with all applicable federal and state laws prohibiting discrimination against any person on the basis of race, color, national origin, religion, creed, sex, age, sexual orientation, or disability;
 - c) Agrees not to use state funds for entertainment or lobbying activities; and
 - d) Allows the state agency to which funds for the grant or subsidy were appropriated for expenditure, legislative committees and their staff, and the auditor full access to their records, reports, files, and other related documents and information for purposes of monitoring, measuring the effectiveness, and ensuring the proper expenditure of the grant or subsidy.

- 2) The applicant meets the following requirements pursuant to Section 42F-103, Hawai'i Revised Statutes:
 - a) Is incorporated under the laws of the State; and
 - b) Has bylaws or policies that describe the manner in which the activities or services for which a grant or subsidy is awarded shall be conducted or provided.

- 3) If the applicant is a non-profit organization, it meets the following requirements pursuant to Section 42F-103, Hawai'i Revised Statutes:
 - a) Is determined and designated to be a non-profit organization by the Internal Revenue Service; and
 - b) Has a governing board whose members have no material conflict of interest and serve without compensation.

Pursuant to Section 42F-103, Hawai'i Revised Statutes, for grants or subsidies used for the acquisition of land, when the organization discontinues the activities or services on the land acquired for which the grant or subsidy was awarded and disposes of the land in fee simple or by lease, the organization shall negotiate with the expending agency for a lump sum or installment repayment to the State of the amount of the grant or subsidy used for the acquisition of the land.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

Family Education Centers of Hawaii
(Typed Name of Individual or Organization)



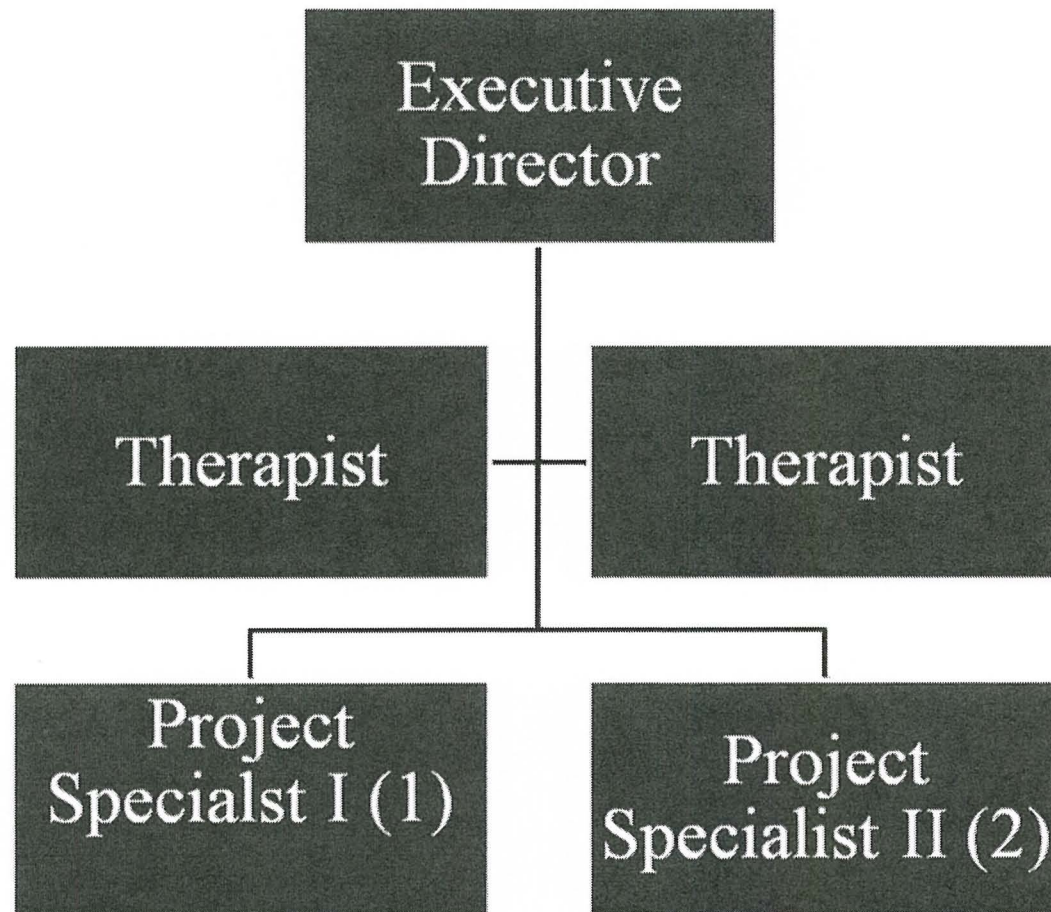
1-23-2014

(Date)

Mary Martini
(Typed Name)

Executive Director
(Title)

THE FAMILY TREE PROJECT



Family Tree Project Timeline/Implementation Plan

Tasks	Staff	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Startup		2014						2015					
Identify/Hire Project Staff	ED/TH	x	x										
Orientation/Staff Training	ED/TH	x	x										
School/Community Partnerships													
Meet with Schools, Churches, community agencies to recruit	TH/PS	x	x	x									
Create fliers and marketing for recruitment	TH/PS	x											
Review and confirm implementation plan	TH/PS	x											
Screen families for Family Tree Projects	TH/PS	x	x	x									
Family Tree Project													
Family Group sessions	TH/PS		x	x	x		x	x	x				
Family Therapy sessions	TH			x	x	x	x	x	x	x	x	x	x
Family Work sessions	TH/PS		x	x	x	x	x	x	x	x	x	x	x
Access to free MH sessions	TH	x	x	x	x	x	x	x	x	x	x	x	x
Evaluation													
Evaluation surveys	TH				x				x				
Evaluate results of survey	TH										x	x	x
Submit required quarterly and year-end reports	TH				x			x			x		x
Clinical Supervision	ED/TH	x	x	x	x	x	x	x	x	x	x	x	x

Abbreviations Key: ED- Executive Director, TH- Therapists, PS- Project specialists