

FEB 28 2013

SENATE RESOLUTION

ENCOURAGING THE DEPARTMENT OF EDUCATION TO WORK WITH THE
DEPARTMENT OF HEALTH TO DEVELOP NUTRITIONALLY-SOUND PUBLIC
SCHOOL MEAL PLANS THAT GIVE STUDENTS THE OPTION OF A
VEGETARIAN ENTRÉE AT LEAST ONCE A WEEK.

1 WHEREAS, all students should be assured nutritionally-
2 balanced diets to help them become healthy adults who do not
3 suffer from the effects of obesity and malnutrition; and
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5 WHEREAS, the Hawaii Medical Journal reports that one-third
6 of Hawaii's school children are now either overweight or at risk
7 of becoming overweight; and
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9 WHEREAS, amongst overweight children, seventy-seven percent
10 of them remain overweight in adulthood; and
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12 WHEREAS, several scientific studies have found that
13 vegetarians have lower body mass index rates than meat-eaters;
14 and
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16 WHEREAS, while some public schools do provide vegetarian
17 school lunch options, students who identify themselves as
18 vegetarian or vegan or come from vegetarian or vegan families
19 are at a disadvantage if no vegetarian school lunch options are
20 available at their schools; and
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22 WHEREAS, all students should be assured a nutritionally-
23 balanced diet regardless of their food preferences and
24 avoidances; now, therefore,
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26 BE IT RESOLVED by the Senate of the Twenty-seventh
27 Legislature of the State of Hawaii, Regular Session of 2013,
28 that the Department of Education is encouraged to work with the
29 Department of Health to develop nutritionally-sound school menu
30 plans that give students the option of a vegetarian entrée at
31 least once a week; and
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S.R. NO. 27

1 BE IT FURTHER RESOLVED that certified copies of this
2 Resolution be transmitted to the Chairperson of the Board of
3 Education, Superintendent of Education, and Director of Health.
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OFFERED BY:

Jie

Michelle Sudani

Erzanne Chun Caldwell

Mike Goffard

Matt

