SENATE CONCURRENT RESOLUTION

URGING HOSPTIALS WITHIN THE STATE OF HAWAII TO INCREASE THE RATES OF EXCLUSIVE BREASTFEEDING AT HOSPTIAL DISCHARGE.

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WHEREAS, childhood obesity is a national epidemic; in Hawaii, childhood obesity increased by thirty-eight percent from 1999 and 2009; as a result of the increased risks related to obesity, this generation of children may be the first generation not to outlive their parents due to unhealthy lifestyles; and

WHEREAS, breastfeeding helps protect against childhood obesity. A baby's risk of becoming an overweight child goes down with each month of breastfeeding. In the US, most babies start breastfeeding, but within the first week, half have already been given formula, and by 9 months, only 31 percent of babies are breastfeeding at all. In Hawaii, only 21 percent of babies are breastfed exclusively through the recommended 6 months; and

WHEREAS, babies who are fed formula and stop breastfeeding before six months of age have higher risks of obesity, diabetes, respiratory and ear infections, and sudden infant death syndrome, and tend to require more doctor visits, hospitalizations, and prescriptions; and

WHEREAS, The American Academy of Pediatrics recommends babies be fed nothing but breast milk for the first 6 months and continue breastfeeding for at least 1 year; and

WHEREAS, improving the health of mothers and their children is a primary goal of the Centers for Disease Control and Prevention; and protecting, promoting, and supporting breastfeeding, with its many known benefits for infants, children, and mothers is a key strategy toward accomplishing this goal; and

WHEREAS, "Healthy People 2020" targets include national objectives to increase the percentage of mothers who breastfeed

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1	their babie	s; and a	recently	released	report	card	illustrates
2	how Hawaii	fared:					

3		National Goal	Hawaii
4	In early postpartum	81.9%	85.1%
5	At 6 months	60.6%	51.1%
6	At 12 months	34.1%	32.4%
7	Exclusively through 3 months	46.2%	42.6%
8	Exclusively through 6 months	25.5%	20.7%;

now, therefore;

BE IT RESOLVED that the Legislature affirms that as a State we will work to increase the overall rates of exclusive breastfeeding at hospital discharge; and

BE IT FURTHER RESOLVED that all hospitals in the State of Hawaii are urged to have a written breastfeeding policy that supports exclusive breastfeeding; and

 BE IT FURTHER RESOLVED that all hospitals that implement exclusive breast feeding policies in the State of Hawaii are urged to provide continuous staff training to ensure implementation of the breastfeeding policies; and

 BE IT FURTHER RESOLVED that certified copies of this Concurrent Resolution be transmitted to the President of the Senate, the Speaker of the House of Representatives, the Governor, the Director of Health, President, Chief Executive Officer of the Healthcare Association of Hawaii, Hawaii Breastfeeding Coalition, Hawaii's maternity care hospitals, Healthy Mothers Healthy Babies, and the Hawaii Chapter of the American Academy of Pediatrics.

OFFEREN BY

BY REQUEST

SCR 14

JUSTIFICATION SHEET

DEPARTMENT:

Health

TITLE:

URGING HOSPTIALS WITHIN THE STATE OF HAWAII TO INCREASE THE RATES OF EXCLUSIVE BREASTFEEDING AT HOSPTIAL DISCHARGE.

PURPOSE:

This concurrent resolution is to promote practices as early as possible in life that are associated with optimal childhood development.

MEANS:

Adoption of the proposed concurrent resolution.

JUSTIFICATION:

Breastfeeding helps protect against childhood obesity. A baby's risk of becoming an overweight child goes down with each month of breastfeeding. In the US, most babies start breastfeeding, but within the first week, half have already been given formula, and by 9 months, only 31 percent of babies are breastfeeding at all. In Hawaii, only 21 percent of babies are breastfed exclusively through the recommended 6 months.

Babies who are fed formula and stop breastfeeding before six months of age have higher risks of obesity, diabetes, respiratory and ear infections, and sudden infant death syndrome, and tend to require more doctor visits, hospitalizations, and prescriptions.

Impact on the public: Increased awareness of the benefits of breastfeeding per the recommended guidelines.

Impact on the department and other agencies: None.

OTHER FUNDS:

None.

PPBS PROGRAM

DESIGNATION:

HTH 495.

OTHER AFFECTED

AGENCIES:

None.

EFFECTIVE DATE:

Upon approval.