House District 5,45,46,47,51

Senate District 7.21.22 23.25

# THE TWENTY-SEVENTH LEGISLATURE APPLICATION FOR GRANTS & SUBSIDIES CHAPTER 42F. HAWAII REVISED STATUTES

Log	No:
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CHAPTER 42F	, HAWAII REVISED STATUTES					
Type of Grant or Subsidy Request:			For Legislature's Use Only			
☐ GRANT REQUEST – OPERATING	RANT REQUEST – CAPITAL	☐ Subs	IDY REQUEST			
"Grant" means an award of state funds by the legislature, by an app the community to benefit from those activities.	propriation to a specified recipient, to supp	ort the activit	ies of the recipient and permit			
"Subsidy" means an award of state funds by the legislature, by an a incurred by the organization or individual in providing a service avail "Recipient" means any organization or person receiving a grant or so	able to some or all members of the public		n, to reduce the costs			
STATE DEPARTMENT OR AGENCY RELATED TO THIS REQUEST (LEAVE BL	ANK IF UNKNOWN):					
STATE PROGRAM I.D. NO. (LEAVE BLANK IF UNKNOWN):	<del></del>					
1. APPLICANT INFORMATION:	2. CONTACT PERSON FOR MATTE APPLICATION:	RS INVOLVIN	G THUS			
Legal Name of Requesting Organization or Individual: Women In Ne	ed					
Dba: WIN	Title EXECUTIVE DIRECTOR					
Street Address: 41-1677 B Kalanianaole Hwy Waimanalo HI 96795	Phone # <u>808 258-5706</u>					
Mailing Address: PO Box 414 Waimanalo HI 96795	Fax # 808 259-6679	Fax # <u>808 259-6679</u>				
	e-mail winhi@hawaiiantel.net		<del></del> -			
3. Type of business entity:	6. DESCRIPTIVE TITLE OF APPLIC	ANT'S REQUE	ST:			
NON PROFIT CORPORATION     FOR PROFIT CORPORATION     LIMITED LIABILITY COMPANY	WIN FAMILY RESOURCE CENTER WIN WILL PROVIDE SUPPORT SERVI	-				
☐ SOLE PROPRIETORSHIP/INDIVIDUAL	HOMELESS TO IMPROVE THEIR INDEP SUFFICIENCY. WITH THE FUNDS WE V OAHU AND KAUAI.	ENDENT LIVIN	G SKILLS TOWARDS SELF-			
4. FEDERAL TAX ID #  5. STATE TAX ID #:	7. AMOUNT OF STATE FUNDS REQU	JESTED:				
	FISCAL YEAR 2014: \$100,000					
<b></b>	THE AMOUNT BY SOURCES OF FUNDS AVAIL TIME OF THIS REQUEST: STATE \$281,280 FEDERAL \$125,000 COUNTY \$57,500 PRIVATE/OTHER \$229,367	ABLE				

MARY SCOTT-LAU, EXECUTIVE DIRECTOR

1/29//3 DATE SIGNED

#### DECLARATION STATEMENT OF APPLICANTS FOR GRANTS AND SUBSIDIES PURSUANT TO CHAPTER 42F, HAWAI'I REVISED STATUTES

The undersigned authorized representative of the applicant certifies the following:

- 1) The applicant meets and will comply with all of the following standards for the award of grants and subsidies pursuant to Section 42F-103, Hawai'i Revised Statutes:
  - a) Is licensed or accredited, in accordance with federal, state, or county statutes, rules, or ordinances, to conduct the activities or provide the services for which a grant or subsidy is awarded;
  - b) Complies with all applicable federal and state laws prohibiting discrimination against any person on the basis of race, color, national origin, religion, creed, sex, age, sexual orientation, or disability;
  - c) Agrees not to use state funds for entertainment or lobbying activities; and
  - d) Allows the state agency to which funds for the grant or subsidy were appropriated for expenditure, legislative committees and their staff, and the auditor full access to their records, reports, files, and other related documents and information for purposes of monitoring, measuring the effectiveness, and ensuring the proper expenditure of the grant or subsidy.
- 2) The applicant meets the following requirements pursuant to Section 42F-103, Hawai'i Revised Statutes:
  - a) Is incorporated under the laws of the State; and
  - b) Has bylaws or policies that describe the manner in which the activities or services for which a grant or subsidy is awarded shall be conducted or provided.
- 3) If the applicant is a non-profit organization, it meets the following requirements pursuant to Section 42F-103, Hawai'i Revised Statutes:
  - a) Is determined and designated to be a non-profit organization by the Internal Revenue Service; and
  - b) Has a governing board whose members have no material conflict of interest and serve without compensation.

Pursuant to Section 42F-103, Hawai'i Revised Statutes, for grants or subsidies used for the acquisition of land, when the organization discontinues the activities or services on the land acquired for which the grant or subsidy was awarded and disposes of the land in fee simple or by lease, the organization shall negotiate with the expending agency for a lump sum or installment repayment to the State of the amount of the grant or subsidy used for the acquisition of the land.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

Women In Need	
(Typed Name of Individual or Organization)	ation)
	1/29/B (Date)
Mary Scott-Lau	Executive Director
(Typed Name)	(Title)

### **Application for Grants and Subsidies**

If any item is not applicable to the request, the applicant should enter "not applicable".

#### I. Background and Summary

This section shall clearly and concisely summarize and highlight the contents of the request in such a way as to provide the State Legislature with a broad understanding of the request. Include the following:

#### 1. A brief description of the applicant's background;

Women In Need's (WIN) mission is to "empower families and individuals at risk by helping them develop the basic tools and skills of personal development and selfsufficiency that enable them to live in safe and stable environments, and in healthy relationships."

WIN's story began when Mary Scott-Lau, a successful media account executive with a background in modeling, attended a 1996 Soroptimist Club luncheon honoring the Mary Jane Program. The speaker, a young mother, described the long-time abuse she suffered at the hands of her father, her slide into narcotics use, and her recovery. In addition to extolling the virtues of the Mary Jane Program, dedicated to helping expectant unwed mothers, she also mentioned the need for a volunteer who could teach program participants how to act like ladies and how to present themselves in a job interview. Mary was a prime candidate as she was the owner of a modeling school tutoring women on how sit, walk, and dress. Moved by the speaker's experience and drawing from her own experiences as the child of an alcoholic mother and an absent father Mary found a new calling.

Mary soon began teaching classes at the Mary Jane Center. Her classes were all geared to imparting self-esteem to women at risk, and soon expanded to the Windward Spouse Abuse Shelter. Discovering that homelessness, domestic violence, substance abuse and incarceration all go hand in hand; she became certified as a domestic violence counselor and began to work in conjunction with organizations helping the homeless. Mary founded WIN that same year.

Since our inception in 1996 WIN has grown from just one woman teaching classes to a handful of women to a multi-function organization serving men, women, children and senior citizens. WIN has gone beyond the classroom to include transitional housing for women exiting the prison system and substance abuse treatment facilities, and family resource centers on both Oahu and Kauai. WIN operates two transitional homes on Oahu and two on Kauai. Each island has one house for single women and one family house for women with children. Additionally WIN started an elderly outreach program in Haleiwa. Upcoming programs include Bridge to the Future, which is an outreach program for

Hawaii's foster youth that are aging out of the system and No Hono Wai outpatient and residential drug treatment facility on Kauai. These projects are scheduled to launch within the next two years.

WIN supersedes the standard social services programs provided to many states. The "do only what you can do" attitude is not WIN's approach to changing lives. Rather, "do all you can do", changes everyone's lives. We take a warm, holistic approach, considering the needs of the entire family and joining it with ours. WIN's many successes in changing lives is attributed to an experienced staff where most have literally walked in the same shoes as the clients we serve. Since many of our staff members are former clients, their passion for WIN's cause is great. The staff not only has the life experience necessary to mentor our clients but most have achieved or are working on higher education in various fields. They are literally living WIN's mission as they have risen above their past and are continuing on to go above and beyond to help change lives for the better.

Serving approximately 450 clients statewide per year, most lifelong victims of domestic violence and narcotics addiction, we do everything we can to break the generational cycles of hopelessness. Our primary focus is the homeless and low-income population but our work extends well past these groups. WIN is Hawaii's hidden Gem. With continued help and support, WIN will continue its mission to save families' daily, give hope back to our people and take a stand, we are all family.

#### 2. The goals and objectives related to the request;

# WOMEN IN NEED - GOALS & OBJECTIVES ORGANIZATION GOALS:

WIN's goal is to educate, intervene, prevent domestic violence, homelessness, substance abuse relapse, promote self-sufficiency, empower clients to achieve a better quality of life and strengthen communities through services intended to address the needs of at-risk community members from youth to elderly.

#### Specific Objectives:

- 1. Reduce the drain on local and federal resources by supporting self-sufficiency and recovery.
- 2. Be a positive influence in the community.
- 3. Strengthen families and communities.
- 4. Reduce homeless populations
- 5. Reduce recidivism

#### INDIVIDUAL PROGRAMS

#### FAMILY RESOURCE CENTERS OAHU AND KAUAI

GOAL: To provide an open door for all of Oahu's Ohana to receive the help and supportive services they need to achieve healthier positive living environments through recovery and self-sufficiency; ultimately creating healthier, stronger families and thriving communities.

#### Specific Objectives:

- 1. Provide venue for persons in need to seek help
- 2. Offer resource referrals
- 3. Facilitate classes
- 4. Provide positive mentorship

#### BRIDGE TO SUCCESS OAHU AND KAUAI

GOAL: To provide safe transitional housing and mentorship for single women and women with children to successfully transition back into society after prior homelessness, incarceration, domestic abuse, and or substance abuse recovery.

#### Specific Objectives:

- 1. Create a workable service plan
- 2. Participate in programs as part of the service plan
- 3. Abide by house rules
- 4. Stabilize
- 5. Further education or vocational training
- 6. Acquire safe affordable housing
- 7. Achieve self-sufficiency

#### LIFE SKILLS

GOAL: To empower those in recovery need to maintain a sober and healthy lifestyle. To educate at risk persons with the skills that will help them navigate more effectively through life. What is often overlooked, are these skills that

#### Specific Objectives:

- 1. Live within routines and schedules.
- 2. Become fiscally responsibility.
- 3. Plan and organize.
- 4. Set achievable goals
- 5. Learn decision-making.
- 6. Access proper resources.
- 7. Make healthy lifestyle choices.

#### SUBSTANCE ABUSE RELAPSE PREVENTION

GOAL: Empower addicts with the tools necessary to prevent relapse and live healthy sober lives.

#### Specific Objectives:

- 1. Identify high-risk situations and triggers
- 2. Learn alternate ways to respond to high-risk situations and triggers
- 3. Create a plan for healthy living
- 4. Prepare for possible relapse

#### DOMESTIC VIOLENCE / ANGER MANAGEMENT

GOAL: To teach skills victims and offenders can use to improve stress management, anger management, emotional intelligence, and styles of communication as well as provide advocacy and a voice for victims and their children statewide.

#### Specific Objectives:

- 1. Recognize and cotrol controlling triggers and violence
- 2. Obtain skills that de-escalation intense emotions.
- 3. Resolve conflict peacefully and effectively
- 4. Acquire and apply skills to effective respond to criticism
- 5. Learn constructive communication skills

#### KE ALA FOR YOUTH

GOAL: To mentor and aid at-risk and recovering youth in repairing family relationships and choosing an upright and heathy lifestyle. To help youth break the multi-generation cycle of addiction and violence through classes, mentorship and advocacy.

#### Specific Objectives:

- 1. Prevent drug and alcohol abuse
- 2. Increase personal value and potential within every youth and young adult
- 3. Prevent domestic violence
- 4. Develop social skills
- 5. Choose positive recreational activities
- 6. Choose positive peers
- 7. Learn life skills
- 8. Prepare for the future

#### **ELDERLY OUTREACH**

GOAL: To provide positive healthy social activities that will improve the quality of life for seniors. To provide support, referrals and assistance to seniors that will help them maintain wellness and independence.

#### Specific Objectives:

- 1. Engage seniors in positive healthy social activities
- 2. Reduce stress and depression
- 3. Build self-esteem
- 4. Encourage independence
- 5. Provide food and resource referrals for seniors who would otherwise go without

#### OUTREACH ON THE BEACH

GOAL: To seek out the homeless and provide basic survival items such as food, clothing, blankets, coats, personal hygiene items and other necessities.

To connect individuals and families to the programs and services that will assist them in becoming self-sufficient and to promote continuous and positive self-improvement through education and empowerment.

To assess the needs and offer referrals to shelters and support services during intake.

To reduce chronic homelessness

#### Specific Objectives:

- 1. Build relationships with homeless
- 2. Provide food to homeless who are going without.
- 3. Offer services geared toward recovery and ending homelessness
- 4. Increase awareness of available services
- 5. Intake those who request and accept help

#### **PARENTING**

GOAL: Provide parenting classes, which shall address how parents can create more satisfying relationships with their children through effective communication, anger and stress management, and greater understanding of child development.

#### Specific Objectives:

- 1. Supply supportive counseling
- 2. Build family strengths
- 3. Reduce stress
- 4. Resolve conflict effectively
- 5. Learn peaceful alternatives in disciplining children
- 6. Learn positive relationship building activities
- 7. Facilitate open parent-child communication and interaction

#### **BACKPACKS FOR KIDS**

GOAL: To promote school readiness by supplying low-income and homeless kids with the tools they need to attend school. Our goal is to get kids excited about learning by approaching each new school year prepared.

#### Specific Objectives:

- 1. Collaborate with community sponsors for donated backpacks and school supplies
- 2. Provide free backpacks and school supplies to kids in need

#### 3. The public purpose and need to be served;

Social problems teamed with tough economic times affect everyone in our island communities.

WIN like other human service providers is experiencing difficulties due to State and Federal budget cuts. This issue should concern us all. Most government contracting is for health and human services. In these tough economic times, they are forced seek alternative funding, competing against other nonprofits, such as those working in the arts, education and the environment. A shortfall of funds means the much needed resources and services will be limited and thousands of lives hang in the balance without anyone to help. Most transitional homes like ours already have a wait list a mile long. There are simply not enough human service providers and there will be less if budget cuts continue.

Substance abuse, domestic violence, homelessness, crime, incarceration, poverty, unemployment and child neglect are some of the most debilitating social challenges our island communities face today. In most cases individuals or families at risk are stricken with more than one and sometimes all of the afore mentioned problems. These issues affect virtually all Hawaii residents; either directly or indirectly.

Despite harsher penalties and longer sentencing, crime and incarceration remains high and recidivism is almost eminent. Hawaii is exporting many inmates to mainland facilities to avoid overcrowding our local prisons. Treatment facilities do not have enough beds; therefore, countless addicts are not getting the treatment they need in time. This creates a cycle of dysfunction. A lack of transitional care for persons exiting prison or rehab leads to a higher rate of recidivism.

Most inmates and rehab patients leave prison or rehabilitations facilities with no savings, no stable housing, no health or unemployment benefits, and very limited job possibilities. They are at extremely high risk of falling back into a life of crime, drug use and homelessness. This devastating reality not only effects those at risk directly but also subjects their families to further stress and dysfunction and continues the burden on communities and taxpayers. More and more, communities, rehabilitation centers and correctional facilities are recognizing that all inmates and patients, especially those with substance abuse, mental health, or other problems, need help when they return to their communities.

The courts acknowledge that helping inmates successfully return to their communities pays off for the inmates, their families and communities as a whole. It also benefits corrections facilities, private, state and federally funded rehabilitation centers and communities by reducing drug use and crime. Transition services provide a crucial link to immediate sources of help to address these issues.

For people in the delicate time of transition affordable housing is increasingly difficult to find adding to the homeless population and leading to a cycle of hopelessness that is seemingly impossible to break. While much of the homeless population consists of exconvicts, mentally ill, and current or former addicts, a closer look shows that many are respectable people and often entire families whose only "crime" is that they cannot afford a place to live. This was the case for Ella Yamamoto five years ago, as she was homeless and employed at Big City Diner making only \$8.00 per hour. The cost of living does not allow for low income persons to remain housed and there is not enough affordable housing available. Layoffs are also responsible for the growing homeless population. The State cut 817 jobs alone in the beginning of April this year. These are the types of situations that could happen to almost anyone.

Many are out of work and lack basic skills ranging from life skills through illiteracy to applying and interviewing for employment. Morale is low and frustrations are high for persons and families experiencing these types of hardships. Since no one wants to starve, theft or other illicit activities become a necessity just in order to survive. Many give up and give in to the endless cycle of dysfunction, or make poor decisions out of desperation that result in homelessness, unhealthy lifestyle choices or lead back to incarceration.

Homelessness is an undesirable condition, both for the people it affects and for society in general. The effects of homelessness on children are truly tragic. Compared to poor housed children, homeless children have worse health (i.e., asthma, upper respiratory infections, minor skin ailments, gastrointestinal ailments, parasites, and chronic physical

<sup>&</sup>lt;sup>1</sup> Homeless Yes – Jobless No Honolulu Advertiser By Dan Nakaso Advertiser Staff Writer September 1.2005

<sup>&</sup>lt;sup>2</sup> Hawaii State job cuts reach 817, Honolulu Advertiser by Sean Hao April 11, 2010

disorders); more developmental delays; more anxiety, depression, and behavior problems; poorer school attendance and performance; and other negative conditions<sup>3</sup>. There are also indications that negative effects increase as the duration of homelessness continues, including more health problems (possibly from living in congregate shelters or in cars and other places not meant for habitation) and more mental health symptoms due to the loss of social support and poor school attendance.<sup>4</sup>

Effects of homelessness on parents in homeless families are similar to those of their children, with the exception of school-related problems.<sup>5</sup> The effects of homelessness on single adults are also grim. Homeless individuals report poorer health (37% versus 21% for poor housed adults), and are more likely to have life-threatening contagious diseases such as tuberculosis and HIV/AIDS.<sup>6</sup>

Since most communities do not have anywhere near the amount of supportive resources needed for the numbers of homeless in their areas, the homeless will be forced to find alternate places to live and sleep. This could be in the doorways of businesses after closing hours, behind buildings, public benches, bus shelters, building hallways and the like. This type of visible vagrancy negatively impacts local businesses and tourism. Additional law enforcement is required to manage this growing epidemic, which is again a drain on state and local resources as well as the economy. The need for housing along with access to the supportive services necessary to bring stability back into their lives are primary for both the sheltered and unsheltered homeless.

One way to truly reduce the numbers of homeless in our communities is to help them become productive, self-sustaining members of the community. Permanent employment benefits the economy and puts these individuals back on the "tax roll" thus, replenishing government resources as well as liberating these individuals and allowing them to continue healthier and productive lives. That would break the cycle and improve individual and family circumstances leading to stronger communities.

Homelessness and substance abuse are often linked and can lead to a number of dysfunctional behaviors such as domestic violence, broken families and or incarceration. An estimated 1.3 million women are victims of physical assault by an intimate partner each year. But it's not only the women experiencing the abuse that feel its impact: their children, friend, family and co-workers are affected as well. Domestic violence comes in many forms and impacts our entire community. It isolates survivors and victims from social and financial help, often leaving them to choose between returning to their abuser or becoming homeless.

When a woman leaves an abusive relationship, she often has nowhere to go. For many, the only choices are staying in the abusive environment, going to a shelter or living on

<sup>&</sup>lt;sup>3</sup> Buckner 2004; Shinn and Weitzman 1996

<sup>&</sup>lt;sup>4</sup> Buckner 2004

<sup>&</sup>lt;sup>5</sup> Shinn and Weitzman 1996

<sup>&</sup>lt;sup>6</sup> Weinreb et al. 2004

<sup>&</sup>lt;sup>7</sup> Costs of Intimate Partner Violence Against Women in the United States. 2003. Centers for Disease Control and Prevention, National Centers for Injury Prevention and Control. Atlanta, GA.

the street. Studies show a connection between domestic violence to homelessness, particularly among families with children. One study has found that 50% of homeless women and children were fleeing abuse.<sup>8</sup>

Unfortuntaely the silent victems of domestic violence are children. Domestic violence is usually ongiong and tends to have greater impact on the individual's functioning. Chronic victemization can lead to clinical levels of anxiety or posttraumatic stress disorder in both children and adults.

According to Joseph S. Volpe, Ph.D., B.C.E.T.S. Director, Professional Development at the American Academy of Experts in Traumatic Stress; "children exposed to domestic violence are at significant risk for delinquency, substance abuse, school drop-out, and difficulties in their own relationships."

Domestic Violence/ Anger Management and parenting classes can and do help reduce incedences of domestic violence by teaching coping skills and effective communication which aid in conflict resolution. Parents and domestic partners will feel less overwhelmed; therefore, better able to process what would otherwise be intensely emotional situations. This fosters a healthy and compassionate family living environment in which children and adults can feel safe and thrive.

Like children, elderly persons are often silent victims despite the fact they are valuable as well as the wiser members of our community. In an age where youth is coveted and life is busy, the elderly are often a forgotten about part of society. Many live in poverty, as they are unable to continue working. The high cost of health care and lack of benefits puts many in the predicament of having to choose between necessary medications and food. Changes in benefits such as Medicare and Social Security elude much of the elderly, as they do not have the resources to keep informed. Younger family members, who should be helping to meet these needs, may be so preoccupied that they simply neglect their elders. Others may not have any surviving family members to look out for them. As a result many of them will not have their basic needs met.

The difficult changes that many elderly face—such as the death of a spouse or medical problems—can lead to depression, especially in those without a strong support system. A lack of engaging activities and too little contact with others can also lead to depression and other negative health effects. Depression, loneliness, neglect, physical ailments and poverty prevent them from experiencing the fullness and joy of life.

Facilitating environments that build social support systems is beneficial to the elderly in overall health, the ability to remain independent, and the opportunity to process negative events through social interaction. Social activities and exercise can help keep older adults engaged in the world and close to other people. Taking part in group activities and social events helps elderly people maintain a sense of meaning and purpose in life, which boosts

 $<sup>^{\</sup>rm 8}$  Published by the National Coalition for the Homeless, August 2007

<sup>&</sup>lt;sup>9</sup> Effects of Domestic Violence on Children and Adolescents: An Overview Joseph S. Volpe, The American Academy of Experts In Traumatic Stress

emotional well-being. While many aspects of age-related decline are inevitable, a growing body of scientific evidence shows that staying involved with physical, mental and social activities can help seniors maintain a healthy mind, body and spirit.

Organizations such as WIN are more important than ever in helping to alleviate the burdens on the community and the suffering of our citizens by providing the supportive services to help guide at-risk persons back on the right path.

WIN's commitment to the long-term stability of the people we serve, distinguishes us from other programs. We believe the true bridge to success is not limited to a punch list of short-term accomplishments, but leads to the long term thriving of these individuals and families. WIN will make a difference by reducing the number of families needing welfare and shelter assistance, reduce the rate of recidivism, assist homelessness, coach families toward healthier domestic environments and tend to our youth and elderly populations.

#### 4. Describe the target population to be served; and

The population has been identified as individuals who are transitioning out of domestic violence shelters, substance abuse treatment facilities, other transitional housing, incarceration as well as others who are homeless or are at high risk for homelessness. The overwhelming majority of our clients come from lower socio-economic population groups. We target these groups as they are the segments most in need of the services because of a variety of factors including: time in prison, abusive relationships, homelessness, and alcohol and drug dependencies. WIN's primary focus is to service the homeless and low-income population; however, it is not limited to just these families and individuals.

A majority of our clients have experience with homelessness, drug addiction, and/ or domestic violence. Most also fall into the category of low income. Our clients are considered sheltered or unsheltered homeless. Many are court ordered to take our classes. However, WIN is aware that dysfunction and misfortune do not single out any one economic, ethnic or social group.

#### 5. Describe the geographic coverage.

WIN serves the island of Oahu and Kauai through our Family Resource Centers, transitional houses, outreach programs and classes provided at partner sites.

- Family Resource centers is located in Lihue and will be located in Wahiawa
- The Bridge to Success transitional houses are located in Waianae, Aiea, and Lihue.
- WIN conducts classes at our partner sites. Please see attachments for a list of partners. Outreach programs are conducted island wide.

#### II. Service Summary and Outcomes

The Service Summary shall include a detailed discussion of the applicant's approach to the request. The applicant shall clearly and concisely specify the results, outcomes, and measures of effectiveness from this request. The applicant shall:

#### 1. Describe the scope of work, tasks and responsibilities;

WIN programs improve the business, social or surrounding environments and meet the needs of the community. This is accomplished by reducing the drain on community resources caused by crime, chronic homelessness, substance abuse, domestic violence and unemployment.

WIN's activities promote employment readiness by empowering individuals with the skills, tools and resources necessary to find employment and/or to continue education. Participants are coached in employment seeking skills, preparation of resumes and employment applications, job searching, and mock interviews, assistance with school and grant applications, and basic computer skills.

Transitional support services help WIN's participants, transition out of homelessness, by providing resource referrals. This is accomplished by improving awareness of resources available to those in need. The lack awareness of basic resources is a hindrance as homeless persons are unaware of available services, such as assistance with employment and housing placement.

#### FAMILY RESOURCE CENTERS

WIN Family Resource Centers are located in Oahu and Kauai. Additionally each center has a classroom that is host of WIN supportive services in the form of Life Skills, Domesic Violence/Anger Management and Parenting programs. WIN also teams up with other like minded organizations to provide these programs at other locations such as Weinburg Village in Waimanalo, Maililand, Ohana Ola Kahumanu, One Malu, Kahikolu, and the Bobby Benson Center.

Each center has a "clothes closet". The "clothes closet" holds donated clothing, household goods and canned food. These items are offered for free to all homeless and low income persons in need. The "clothes closit" opens the door for services to be offered to those in need who may not be participating in WIN's programs yet. For example, a homeless mother may come in seeking suplies. She will also be offered assistance in applying for benefits and or affordable housing. These donated items are also taken to the beaches and other places where the homeless are taking up shelter as part of our Outreach on the Beach program. This not only aids those who are struggling with hunger and displacement, but allows WIN to get the word out about the services we offer and where we are located. This way persons who are ready to make a change in their circumstances know that help is available and can seek it.

OAHU FAMILY RESOURCE CENER - Our main center will be located with open doors to all in need of services. This is a place where our staff collaborates on the performance of our exsisting programs, how to improve exssting programs and deverlop new programs to better serve the community. This center is where all programs are reported on and continually evaluated for success. Additionally this center has a classroom that is host some of the the Life Skills, Domesic Violence/Anger Management and Parenting programs. WIN also teams up with other like minded organizations to provide these programs at other locations such as Weinburg Village in Waimanalo and the Bobby Benson Center.

KAUAI FAMILY RESOURCE CENTER is located in Lihue. Like our other family Resource Centers anyone needing service are welcome. This facility serves as the venue for our Life Skills, Domesic Violence/Anger Management and Parenting programs. The Kauai chapter of our organization actively partners with the community to assure all persons in need can find the help they need.

LIFE SKILLS - Life skills refers to skills one would learn to help navigate more effectively through life. What is often overlooked, are these skills that those in recovery need to maintain a sober and healthy lifestyle. We at Women In Need teach maintaining routines and schedules, fiscal responsibility, planning and organizing, goal setting, decision making, accessing resources, and healthy lifestyle choices. Mastery of basic life skills significantly adds to achieving self-sufficiency and boosts self-esteem. This in an important part of recovery and creates sustainability of long term success.

OUTREACH ON THE BEACH – WIN receives canned goods and other items generously donated from Whole Foods and various other business and community members. WIN takes this food along with other supplies, to the beaches. These items are then disributed to homeless individuals and families where they are residing. In addition to receiving the donated goods, these persons in need are advised of the programs and supportive services WIN offers. This allows them to start taking the necessary steps toward getting the help they need. Persons receiving assistance through Outreach on the Beach are encouraged to participate in programs and accept supportive services that will aid them in finding affordable housing, long term employment and overcome issues that may be affecting them like domestc violence and or drug/alcohol addiction.

DOMESTIC VIOLENCE/ANGER MANAGEMENT - WIN works to prevent violence within the home and in the community. Our goal is to help those whose lives are devastated by violence. We believe everyone has the right to live free of violence. Classes are available to both men and women seperately. WIN's qualified staff assesses each client to determine if domestic violence has occurred in the their history. The curriculum focuses on anger management, developing an effective safety plan, effective coping and communication skills and preventing triggers. The goal is for all our clients to live in safe stable environments as we aid them in developing positive relationships. This is especially important for their children because the youngest victims often go unseen.

PARENTING - Parents with children receive supportive counseling and case coordination services that build on family strengths and reduce parenting stress. This includes nutrition and meal planning, budgeting, communication skills, child nurturing, positive reinforcement, peaceful alternatives in disciplining children and creative inexpensive ways to spend quality time together. Parent-child interaction and hands on activities will include arts and crafts, role-playing and games that facilitate parent-child communication.

KE ALA FOR YOUTH – The Ke Ala for Youth (Path for Youth) program includes classes on drug and alcohol prevention, domestic violence prevention, teen building, social skills, personal development, time capsules, arts and crafts, volunteerism, sports, and basic life skills. The skills gained through this project will strengthen the teenager's ability to make healthy choices. The program centers on positive choices, anger management, family relationships, understanding parents in recovery from substance abuse, peer pressure and self esteem. The overall goal of this program is to break the cycle of domestic violence and substance abuse by teaching teens how to make responsible choices.

BACKPACK FOR KIDS - Every summer WIN partners with Prudential Locations to secure over 400 backpacks filled with school supplies to be donated to kids in need for the new school year. The backpacks are distributed on both Oahu and Kauai to children of families who are residing in various housing programs

HONOLULU ELDERLY OUTREACH – WIN has partneres with Kalakaua Gym in Kalihi for the Honolulu chapter of our Elderly Outreach program. This program different from our Haleiwa program as participants are rehabilitating stroke victems. The activities are geared toward social and healthy living.

All clients will verify their income and sources by completing the income verification form and summiting copies of acceptable forms of documentation. During the intake process staff and client will discuss all sources of income to decipher annual income.

2. Provide a projected annual timeline for accomplishing the results or outcomes of the service;

#### **Project Implementation Schedule**

······································	Performed By	Month										
Objectives and Major Tasks	(Position)	1	2	3	4	5 6	7	8	9	10	11	12
Supportive Serives				$\neg$	T	T	1	Т	Т			
ntakes, Follow ups,	Case Manager	X	-	-	-1	.   .	1-	T-	-	-	-	X
Resource referrals	Employment Specialist	X	-	-	-	-   -	-	-	-	-	-	X
7 cycles of Parenting classes	2 Facilitator	X	-	-	-	.   .	T-	T-	1-	-	-	Х
3 cycles of Domestic Violence/ Anger Management	3 Facilitators	X	-	- [	- 1	Π.	-	T -	1-	~	-	Х
4 cycles of Substance Abuse Relapse	2 Facilitator	X	-	-	- [	-   -	-	T-	T-	-	-	X
3 cycles of Computer Training	2 Facilitator	X	-	- 1	-1	.	7-	T-	-	-	-	X
1 cycles of Life Skills Training	2 Facilitator	X	-	-	-	.   .	T	T-	T-	-	-	X
5 Ke Ala for Youth	3 Facilitators	X	-	-	-	-	· T -	T	1-	-	-	X
4 Elderly Outreach Classes	Facilitator/ Employment Speciali		-	-	-	- [ -	-	T-	-	-	-	X
50+ outings Outreach on beach - deliver food, clothing, create relationship	s 3 Case Manager	X	-	-	-1	-	-   -	1-	1-	-	-	X
Clothes Closet - daily receive clients	Case Manger	X	-	-	-	-   -	-	T	1-	F	-	X
350 + Back pack drive for Back to School	Facilitator	X	X			Т	$\top$	Т				X:
Ongoing Case Management	5 case managers	X	-	-	-1	- 1	·   -	-	1-	-	-	X
		77	_	_			_	<del></del>	_			177
Domestic Violence Classes at Spouse Abuse shelter ongoing  Classes are 12- 16 weeks in duration; each class is expected in enroll at I  lients with over 800 encounters)	Executive Director east 10 participants. (approximately	X 35	0 c	- lien	- ts in	cla	sse	s ai	1- nd 1	00+	outre	X ach
Classes are 12- 16 weeks in duration; each class is expected in enroll at I	east 10 participants. (approximately	/ 35	- 0 с	- lien	- ts in	cla	sse	s ai	- nd 1	00+	outre	
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Classes are 12- 16 weeks in duration; each class is expected in enroll at I lients with over 800 encounters)  Bridge to Success Transitional Living Intake and assessment of needs Building self confidence through mentoring and workshops Building workable service plans	2 House mangers Executive Director 3 House manager	x X X		-	- - -	<del>-</del>		I	T	00+	outre	ach X X X
Classes are 12- 16 weeks in duration; each class is expected in enroll at I lients with over 800 encounters)  Bridge to Success Transitional Living Intake and assessment of needs Building self confidence through mentoring and workshops Building workable service plans Improve family functioning and building healthy relationships Help participant build support system Provide resources and educational guidance towards self-sufficiency	2 House mangers Executive Director 3 House manager 3 Facilitator	× 35		-	- - -	<del>-</del>		I	T	00+	outre	ach X X X X X
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3. Describe its quality assurance and evaluation plans for the request. Specify how the applicant plans to monitor, evaluate, and improve their results; and

WIN conducts both process and outcome evaluations on various aspects of the organization. This will ensure that our programs are meeting objectives and that a record of progress, successes and failures is maintained to improve future classes. WIN provides all participants with detailed evaluation forms. The forms records feedback to appraise WIN leadership, which services or classes were the most beneficial, and which services or classes clients would like to pursue further. To assure our results we offer service plans, consistent case management, outreach, and most importantly provide referrals and support services for long-term if necessary or requested.

The initial client intake forms serve as the Client File or Record and follow the client throughout her relationship with WIN. These forms are issued to all of WIN's clients in all of WIN's programs. The Client File will have the dates, services provided, progress, completion and closure notes. The files are maintained and updated with progress notes, modification of goals, input of relevant forms and data. Client service is an ongoing process for the duration of her program participant. Client progress is tracked through the case management entries. For classes, the Facilitator keeps all class records, attendance and progress notes and is responsible to submit to data personnel.

Case management is a key component in determining both the scope of services required and the gains being achieved on a participant-by-participant basis. Case managers and facilitators collect all data relevant to service delivery and client during meetings and incident meetings for all programs. All data is kept in individual confidential client files. The collected data is a tool to evaluate client's progress and is also used to measure individual success. Combined data is used to measure the success of each program.

The Bridge to Success Transitional Housing and Life Skills programs use the self-sufficiency assessment their main measurement tool in addition to the standard client intake forms used by all other programs. The case manager assesses each client upon entry into the program. As they continue the program they are periodically reassessed and data is collected to track their successes or failures. The collected information determines if the current service plan is working. The data allows the case manager to suggest additional programs and offer praise for successes. Upon exit the client's progress is evaluated against the initial assessment.

Exit forms, evaluations from participants, communications in the group and individual meetings are used to improve services by determining which services are relevant to the needs of the clients. The data relating to the program curriculum is continually reevaluated.

The comparison of the data from each of the programs shows which programs are the most successful. Each success for our clients is monumental as they all have great hardships to overcome. Many are trying to earn their children back while others are

simply trying to remain employed, housed, sober and or out of jail. Data is compiled and compared bi-annually to determine the percentages of successes and failures in each of the programs. Program developers and administrators then meet to determine if any program or procedural changes are necessary.

Our main indicator of success is that the clients circumstances improves and that they do not return to their negative lifestyles and/or to prison. However, this is just the first step. In addition to staying clean, sober, housed and out of jail, participants returning to school or to work will determine the projects successful, working through the destructive patterns, and becoming self-sufficient.

It is the policy of the WIN Program that evaluation will be a key component in measuring the success of this program and for making continuous improvements in the effectiveness and delivery of services. Evaluations in the form of surveys, feedback and closure forms are also used in creating new programs and for application and compliance purposes for grants.

4. List the measure(s) of effectiveness that will be reported to the State agency through which grant funds are appropriated (the expending agency). The measure(s) will provide a standard and objective way for the State to assess the program's achievement or accomplishment. Please note that if the level of appropriation differs from the amount included in this application that the measure(s) of effectiveness will need to be updated and transmitted to the expending agency.

The anticipated outcomes for the project are providing services to at least 450 unduplicated adults in need. These are persons are identified as substance abusers, persons in need if training in life skills, domestic violence/angermanagement, and/or employment, homeless and/or transitional housing; and provide supportive service to elderly and youth.

The outcomes anticipated by providing services to the 450 persons will be that at least 50% complete the 12-16 week classes. In addition to them completing the classes we anticipate that out the participants that complete classes: 70% will have stable housing; 70% will be working towards financial stability (employment, GA, TANF, etc). Youth Engagement anticipated outcomes: 70% will have improved relationships with immediate family members; 80% increased self-esteem; and 75% will not engage in fights and resist peer pressure. Please see evaluation forms in the attachments.

WIN has and will continue providing supportive services to low- and moderate-income persons in need, persons who are substance abusers, persons involved in domestic violence and services to youth.

#### III. Financial

#### B. Facilities

The applicant shall provide a description of its facilities and demonstrate its adequacy in relation to the request. If facilities are not presently available, describe plans to secure facilities. The applicant shall also describe how the facilities meet ADA requirements, as applicable.

WIN is currently looking for office space in Wahiawa. In addition to holding classes here, we also provide services at U.S Vets Homeless Shelter One Malu, West Side Hale, and Ohana Ola Kahumana.

All Oahu class room settings are on the first floor and are wheel chair accessable.

WIN Family Resource Center in Lihue is located at 3136A Elua Street, Lihue, HI. 96766. This is our main office for our clients on the island of Kauai. Classes and resource refferals are held here. This facility is ground floor. It is wheel chair accessable through ramp access.

#### V. Personnel: Project Organization and Staffing

#### A. Proposed Staffing, Staff Qualifications, Supervision and Training

The applicant shall describe the proposed staffing pattern and proposed service capacity appropriate for the viability of the request. The applicant shall provide the qualifications and experience of personnel for the request and shall describe its ability to supervise, train and provide administrative direction relative to the request.

Lack of support or connection to others may be the single most important reason why people are homeless. For many homeless people, outreach workers are the first to break through the isolation and begin to move people toward a life of greater health and personal stability.

WIN's staff possesses and utilizes a wide range of higher-level interpersonal and observational skills and has experience in client assessment. They demonstrate motivational skills and the ability to direct clients to appropriate resources. They work effectively with individuals of diverse backgrounds, cultures, religious beliefs, and lifestyles. WIN has the capacity to build rapport and work with substance abuse clients, domestic violence victims, homeless persons and individuals who may have criminal history in their backgrounds, a history of violence, and who may at times be less than willing to fully cooperate within structured services and systems. A unique fact and measurable outcome of our success as an organization is the fact that over half of our staff has been former clients.

Mary Scott-Lau Executive Director of Women In Need, Founder & Leader Mary's dedication and lifelong passion is to improve of the quality of life for the families

#### **Budget**

- 1. The applicant shall submit a budget utilizing the enclosed budget forms as applicable, to detail the cost of the request.
- 2. The applicant shall provide its anticipated quarterly funding requests for the fiscal year 2014.

Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Grant
\$25,000	\$25,000	\$25,000	\$25,000	\$100,000

3. The applicant shall provide a listing of all other sources of funding that they are seeking for fiscal year 2014.

Please see attached Budget

4. The applicant shall provide a listing of all state and federal tax credits it has been granted within the prior three years. Additionally, the applicant shall provide a listing of all state and federal tax credits they have applied for or anticipate applying for pertaining to any capital project, if applicable.

Not Applicable

#### IV. Experience and Capability

#### A. Necessary Skills and Experience

The applicant shall demonstrate that it has the necessary skills, abilities, knowledge of, and experience relating to the request. State your experience and appropriateness for providing the service proposed in this application. The applicant shall also provide a listing of verifiable experience of related projects or contracts for the most recent three years that are pertinent to the request.

WIN is unique in the fact that we have already identified the population; and we are currently working with them and networking with community partners and resources; thus forming a solid foundation for trust and change. WIN is unique- we go to different sites. We are out there in the various shelters helping other agencies deliver more services to their clients.

The Executive Director of WIN, Mary Scott Lau has an extensive background in substance abuse counseling, domestic violence prevention training, advertising, and marketing. As a result, WIN and Lau are extremely qualified to run the organization. Lau will assists with case management and outreach, conduct the training in employment seeking skills, money management, goal setting, and personal development, coordinate

employment and housing placements for participants with employers, homeless shelters, and low-income housing providers in the community.

WIN has been providing supportive services since 1996 successfully reaching out to those in need. We have a reputation of success and commitment to helping the communities of Hawaii.

WIN is in compliance with all grant-making entities. WIN began using the HMIS database system in October 2007 with the contract from Hawaii Public Housing Authority.

Greeran	Agenty	Contact	Phone	er Email
Access To Recovery	ADAD	Bernie Strand	(808) 692-7619	Bernice.Strand@doh.hawaii.gov
Substance Abuse Relapse Prevention	Kauai County	Sharon Woodward	(808) 241-4427	swoodward@kauai.gov
Case Management Self-Sufficiency	Kauai County	Sharon Woodward	(808) 241-4427	swoodward@kauai.gov
Bridge to Success	Homeless Programs Office	June Tong	(808) 586-7254	jTong@dhs.hawaii.gov
DV Classes to Adult Probationers	Client Probation Services 5th Circuit	Kim Foster	(808) 482-2439	Kimberly.K.Foster@courts.hawaii.gov
Culturally Linguistic Sensitive Services Program	Office Of Violence	Kim Cortez	(202) 353-3923	Kimberly. A. Cortez@usdoj.gov
Family Strengthening Services - DV Advocacy	Child & Family Services	Angie Doi	(808) 681-5280	adoi@cfs-hawaii.gov
Youth & Family Services	BESSD	Gwen Murashige	(808) 586-7110	Gmurashige@dhs.hawaii.gov
Re-Entry Program	Kauai Drug Court	Alton Amimoto	(808) 482-2363	alton.g.amimoto@courts.state.hi.us

of Hawaii and beyond. As Executive Director she is responsible for overall strategic planning, revenue generation, financial management, organizational development, staff management, and program operations. She oversees and supports the development, design and delivery of programs, assuring the goals and objectives are aligned with WIN's mission. This includes managing the development of curriculum for classes, providing service plans and assessments for clients, facilitating courses, and administrative direction. She cultivates a strong partnership with the Board of Directors in setting policies, program development, fund raising, managing the procurement of charitable contributions and positive community representation of WIN. Additionally, she leads, motivates and develops the staff and board so that they are passionate about what WIN has achieved and is committed to working effectively toward continual improvement and growth. She actively and personally participates in every aspect of WIN's operations. Mary's motto is "making a big difference starts with a big vision". Within the mind set of being creative and not limiting WIN to what seems possible today, changing the world doesn't start by mediocre thoughts. It requires us to think big and to inspire others to help make the vision a reality. Mary's vision and commitment to changing lives daily makes WIN the organization it is today.

#### Monique Temblor-Lee - Assistant Executive Director

Monique assists the Executive Director in day-to-day activities and facilitates the efficiency, order and harmony of the organization. Monique collaborates with Executive Director Mary Scott-Lau to develop and create new programs and projects. Together they work to improve services by overseeing and evaluating programs. Additionally, they supervise, train and evaluate staff. Like Mary, Monique operates in a very hands on fashion personally managing and overseeing all areas of WIN's operations. Together, they have intimate knowledge of the programs and personal relationships with each staff member; therefore, enabling the implementation of any necessary changes to help each area of WIN be as successful. Monique conducts case management services, creates class curriculum, attends community meetings, performs specialized training, facilitates parenting classes and domestic violence/anger management classes for both men and women. Monique has extensive training in substance abuse through the Department of Health Alcohol and Drug Abuse Division, The Pacific Institute for Chemical Dependency and has attended Human Services classes at Leeward Community College. As with many of WIN's staff Monique has been a woman in need. This life experience has given Monique the insight necessary to be an outstanding mentor to WIN's staff and clients. Monique has been serving the community through WIN since 2002.

#### Kimberly Cummings - Director-Kauai

A former Kauai Drug Court Program graduate, Kimberly oversees WIN's entire Kauai operation. This includes WIN Bridge to Success' two clean and sober transitional homes and management of WIN Kauai's staff. Kimberly collaborates with Executive Director Mary Scott-Lau to manage and develop programs to best serve the Kauai clients and community. Kimberly personally facilitates Domestic Violence/Anger Management, Life Skills and Job Readiness courses as well as Case Management. She is continually partnering with the community and local businesses for charitable contributions and community outreach. Kimberly actively participates in the planning and development of

WIN's latest program, Na Hono Wai (Living Waters). This program will fill the need for additional drug rehabilitation facilities on the island of Kauai. She truly makes WIN an active and positive component of the Kauai island community. With continual efforts for training and education, she's presently participating in the Certified Substance Abuse Counselor Program at Kauai Community College and completed her practicum with Hina Mauka. Extracurricularly, Kimberly mentors inmates at the Kauai Community Correctional Center through a prison ministry program. Her life experience and education have honed her abilities to work with and mentor the at risk persons that WIN serves. In both her personal and professional life Kimberly lives WIN's mission.

#### Beverly LeStronge - Access to Recovery Case Manager

Beverly assists clients who have been involved with Child Welfare Services and in need of treatment for drug and alcohol abuse in accessing recovery support services. First she performs an assessment to determine the history of her clients. Then they discuss the client's individual needs and problems, and then guide them to meet those needs. After assessing the clients history, background, manner of thinking, and capabilities; the she puts forth a wide range of choices to help each client overcome their problems. Beverly then guides each client in choosing the most appropriate course of action to meet his or her needs. Beverly possesses a Bachelor's Degree in Psychology, which allows her to draw upon her training in behavior modification to assure the success of those in recovery. Additionally, she provides referrals to meet needs in transportation, childcare, education, employment, housing and financial aid. Beverly has also helped the administrative staff to research and redesign the office and accounting manuals. Beverly's experience as a small business owner has given her the experience necessary to assist in this administrative task. Currently, Beverly owns a dry-cleaning business in the community and has worked with the homeless population providing clothing to individuals as needed. An active church member, Beverly has participated in teaching Sunday School and outreach activities at the beach parks offering food, clothing and prayer. Prior to her service with WIN Beverly was a teacher to special needs children and brings a wealth of patience and compassion to her position.

#### B. Organization Chart

The applicant shall illustrate the position of each staff and line of responsibility/supervision. If the request is part of a large, multi-purpose organization, include an organizational chart that illustrates the placement of this request.

Please see Organization Chart in Attachments

#### VI. Other

#### A. Litigation

The applicant shall disclose any pending litigation to which they are a party, including the disclosure of any outstanding judgement. If applicable, please explain.

Women In Need is free from any litigation pending or otherwise.

#### B. Licensure or Accreditation

The applicant shall specify any special qualifications, including but not limited to licensure or accreditation that applicant possesses relevant to this request.

WIN has two staff working towards their Certified Substance Abuse Counselor credentials.

#### **BUDGET REQUEST BY SOURCE OF FUNDS**

(Period: July 1, 2013 to June 30, 2014)

Applicant: Women In Need

	UDGET	Total State				
0	ATEGORIES	Funds Requested		()	(4)	
$\vdash$		(a)	(b)	(c)	(d)	
A.	PERSONNEL COST	54.00		Į.		
1	1. Salaries	51,225		<del> </del>	<u> </u>	
1	Payroll Taxes & Assessments     Fringe Benefits	11,740		<u> </u>		
l						
<b> </b>	TOTAL PERSONNEL COST	62,965				
В.	OTHER CURRENT EXPENSES			i		
	1. Airfare, Inter-Island	1,200		<b>ļ</b>		
	2. Insurance	1,000	<u> </u>	<u></u>		
1	3. Lease/Rental of Equipment					
i	4. Lease/Rental of Space	32,000	<u> </u>			
1	5. Staff Training	0.005		<del></del>		
l	6. Supplies	2,835	<del></del>	<b>]</b>		
	7. Telecommunication 8. Utilities					
ļ	9		· · · · · · · · · · · · · · · · · · ·			
1	10					
	11					
į	12					
	13					
1	14					
l	15		<del></del>			
l	16					
l	17					
	18					
	19					
l	20				-	
_	TOTAL OTHER CURRENT EXPENSES	37,035				
C.	EQUIPMENT PURCHASES					
D.	MOTOR VEHICLE PURCHASES					
E.	CAPITAL					
TO	TAL (A+B+C+D+E)	100,000				
···		100,000				
			Budget Prepared	Ву:		
SO	URCES OF FUNDING					
	(a) Total State Funds Requested	100,000	Mary Scott-Lau		(808) 258-5706	
	(b)		Name (Please type or p		Phone	
					1 Dale	
	(c) (d)		Signature of Admignized	Ullicial		
	(4)					
			Mary Scott-Lau, Execut			
TO	TAL BUDGET	100,000	Name and Title (Please type or print)			

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# BUDGET JUSTIFICATION PERSONNEL - SALARIES AND WAGES

Applicant: Women In Need

Period: July 1, 2013 to June 30, 2014

POSITION TITLE	FULL TIME EQUIVALENT	ANNUAL SALARY A	% OF TIME ALLOCATED TO GRANT REQUEST B	TOTAL STATE FUNDS REQUESTED (A x B)
Executive Director	FULL TIME	\$62,500.00	25.00%	\$ 15,625.00
Kauai Facilitator	FULL TIME	\$50,000.00	10.00%	\$ 5,000.00
Kauai Case Manager/Intake Specialist	FULL TIME	\$24,000.00	40.00%	\$ 9,600.00
Ohau Facilitator	FULL TIME	\$36,000.00	25.00%	\$ 9,000.00
Oahu Employment Specialist	PART TIME	\$24,000.00	50.00%	\$ 12,000.00
				\$ -
		·		\$
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
TOTAL:				51,225.00

JUSTIFICATION/COMMENTS:

COSTS ALLOCATED TO STAFF TO PROVIDE DIRECT SERVICES TO CLIENTS (Instruction, Case Management, Advocacy, Mentoring, Support Services)

#### **BUDGET JUSTIFICATION - EQUIPMENT AND MOTOR VEHICLES**

Applicant: Women In Need

Period: July 1, 2013 to June 30, 2014

DESCRIPTION EQUIPMENT	NO. OF	COST PER	TOTAL COST	TOTAL BUDGETED
			\$ -	
			\$ -	
			\$ -	
			\$ -	
			\$ -	
TOTAL:				
JUSTIFICATION/COMMENTS:				
NOT APPLICABLE				

DESCRIPTION OF MOTOR VEHICLE	NO. OF VEHICLES	COST PER VEHICLE	TOTAL COST	TOTAL BUDGETED
			\$ -	
			\$ -	
			\$ -	
			\$ -	
			\$ -	
TOTAL:				

JUSTIFICATION/COMMENTS:

**NOT APPLICABLE** 

# BUDGET JUSTIFICATION CAPITAL PROJECT DETAILS

Applicant: Women In Need

Period: July 1, 2013 to June 30, 2014

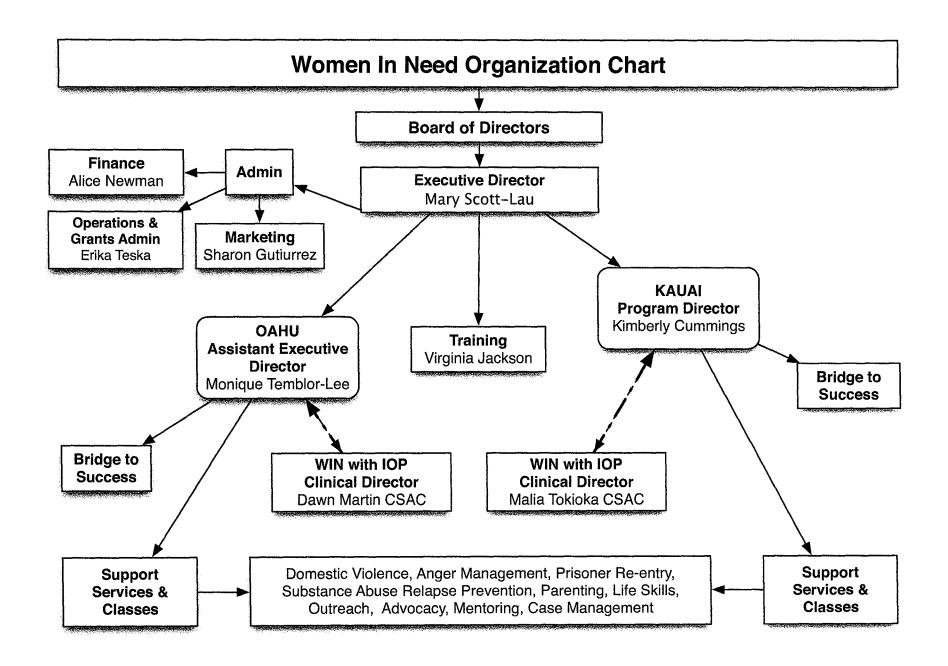
	FUNDI	NG AMOUNT RE	EQUESTED				
TOTAL PROJECT COST		ALL SOURCES OF FUNDS RECEIVED IN PRIOR YEARS		OTHER SOURCES OF	FUNDING REQUIRED IN SUCCEEDING YEARS		
	FY: 2011-2012	FY: 2012-2013	FY:2013-2014	FY:2013-2014	FY:2014-2015	FY:2015-2016	
PLANS							
LAND ACQUISITION							
DESIGN							
CONSTRUCTION							
EQUIPMENT				-			
TOTAL:							
JUSTIFICATION/COMMENTS:							
Not Applicable							

## WIN Organization Budget (1/1/2013 - 12/31/2013)

Land Control of the C	and the second
Airfare, Inter-Island	\$4,800
Hotel @20 nights \$150	\$3,000
car gas 30 days \$50	\$1,500
food \$100 per day (30) per person 2	\$6,000
Insurance	\$4,000
Travel - Out of State Training	\$10,000
Auto Insurance	\$2,500
Lease/Rental of Space	\$60,600
Staff Training	\$7,500
Supplies	\$16,287
Telecommunication	\$4,800
Utilities	\$43,000
Cable/Phone	\$14,040
Water	\$12,000
Lease/ Rental Motor Vehicle	\$13,800
Audit	\$12,000
Lease of WIN Bridge Transitional House	\$32,400
Lease of WIN Bridge to Success Family Home	\$51,600
Lease Kauai Bridge II Success	\$42,000
Family House - other costs	\$2,400
Women's House- other costs	\$2,400
Outreach	\$2,000
Computers & Software	\$10,000
Client Training Materials	\$15,000
Personnel Costs	\$343,000
Employee Taxes and Fringe	\$84,020
Medical	\$48,000
Business Meetings, Luncheons, or Dinners	\$3,500
Maintenance	\$2,500
Urine Analysis Kits	\$8,000
Security System Alarm Service	\$500
Miscellaneous	\$5,000
	\$868,147

## WIN Revenue Buget 2013

DHS Homeless Programs	146880	الديان ومعسفات المتعانية
Kauai Drug Court	8000	
Access to Recovery	86400	
Treatment & Assessments	150000	
Office of Violence Against Women	125000	
CDBG Kauai Case Management	22500	
CDBG Kauai Relapse Prevention	20000	
Leighton Mau	10000	
Department of Human Services	25000	
program fees	114000	
Adult Probation Kauai	15000	
HMSA	15000	
Wilcox	15000	
Annie Knudsen	6000	
Na Lei Aloha	20000	
VICW Oahu	10000	
VICW Kauai	2000	
TJ Max Foundation	5000	
ADAD Grant		100000
ProBowl Foundation	1000	
ESG		12000
Grant In Aid		100,000
Community Donations/ Fundraising		75000
	796780	287,000



#### WOMAN IN NEED PROPOSAL FY 2013 Logic Model

#### Need

Substance abuse, domestic violence, homelessness, crime, incarceration, poverty, unemployment and child neglect are some of the most debilitating social challenges our island communities face today. A lack of transitional services, affordable housing and community out reach to those in need adds to the homeless population and leads to a cycle of hopelessness that is seemingly impossible to break. These types of social problems lead to dysfunction and suffering in families and drain local and national resources.

#### Inputs

**Program -** Domestic Violence/Anger Management Parenting, Life Skills, Ke Ala for Youth, Elderly Outreach, Backpack for Kids, Outreach on the Beach, Clothes Closet

**Facilities -** WIN Family Resource Center Waianae, WIN Family Resource Center Hale`iwa and Partner sites.

Staff - 8 members of WIN Staff

Funding - DHS, CFS, CDBG Oahu, and Charitable Donations, CDBG Kauai, OVW, ATR, ADAD

Community Partners & Resources - Ho'omau Ke Ola Treatment Center, Women's Community Corrections Center, Drug Court, Kauai Community Correction Center, Family Court, Adult Probations, Hawaii Paroling Authority, TJ Mahoney's Weinberg Village Waimanalo, Windward Spouse Abuse Shelter, Hina Mauka, Salvation Army, Waianae Housing Coalition, Partners in Care, Community

#### **Activities**

Domestic Violence/Anger Management Classes

Parenting Classes

Life Skills

Ke Ala for Youth

**Elderly Outreach** 

Backpack for Kids

Outreach on the Beach

Clothes Closet

#### **Outputs**

Total # of clients

# of Client intake

# of Service Plans

# of Parenting Class Cycles

# of clients completing class cycles 50%

Follow up and evaluation

Domestic Violence/Anger Management Classes

# Life Skills Classes

# of Ke Ala for Youth Classes

# of Elderly Outreach Participants

350 of Backpack for Kids Recipients

50 Outreach on the Beach trips or visits

The clothes closet is accessed approximately 864 times annually by approximately 80 to 100 first time clients.

#### Outcomes

#### **Short Term Outcomes**

Complete classes

Realistic goal setting skills

Families Reunited

Court ordered requirements fulfilled

Relationships repaired

Conflict resolution skills

Increased access to community resources

Healthy and positive decision making / solutions

Job readiness skills

Participating in outreach activities

#### **Long Term Outcomes**

Maintain positive attitude / behaviors

Applying newly learned skills

Family stability

Healthier living environments for children

Children perform better in school

Elderly persons experience better quality of life

Self-sufficiency

Clients overcome past and become productive

members of the community

#### Measurement

50 % of clients enrolled will finish the classes

80% of clients that finish classes will report satisfaction with the program

Clothes closet contacts seeking services has approximately doubled from previous years

50 % of transitional living clients will remain in Permanent Housing for at least 6 months

#### **Social Impact**

Communities become stronger.

Economic toll on communities and local and federal government is lessened.



# Women In Need - Board of Directors

WIN's mission is to "empower families and individuals at risk by helping them develop the basic tools and skills of personal development and self-sufficiency enabling them to live in safe and stable environments, and in healthy relationships."



#### Mary Scott Lau - Founder and Executive Director

Mary's lifelong passion is to improve the quality of life for families of Hawaii. As Executive Director she is responsible for overall strategic planning, revenue generation, financial management, organizational development, staff management, and program operations. She oversees and supports the development, design and delivery of programs, assuring the goals and objectives are aligned with WIN's mission. She cultivates a strong partnership with the Board of Directors in setting policies, program development, fund raising, and managing the procurement of charitable contributions. Positive community representation of Mary's vision and commitment to changing lives daily makes WIN the organization it is today.

Contact #: (808) 258-5706 Email: winhi@hawaiiantel.net PO Box 414 Waimanalo, HI 96795 Executive Director Women In Need 1996 to present



#### Chris Yozamp - President/Secretary

Chris Yozamp came to Hawaii from California over 16 years ago in order to reside in an area in which she could enjoy a long real estate career. Chris has done just that over the last 16 years with Prudential Locations and received her Broker's License back in 1998. Prior to her real estate career, Chris specialized in the area of Social Services. Back in California, Chris worked for Santa Clara County Children & Family Services. Chris continued her social service goals as part of her transition to Hawaii and enjoyed her work at Hale Kipa, a short term residential placement for teens, prior to jumping into real estate. Chris missed her contact with the kids and has done some volunteer work for various organizations over the years and is looking forward to a more active role with her focused work with the Women In Need organization.

Contact # (808) 738-3176 Email Chris. Yozamp@pruhawaii.com 2916 Date Street 23N, Honolulu, HI 96816 Realtor Prudential 5/12/09 - 5/11/14



#### Susan Page - Vice-President

For 17 years Susan has been a featured columnist for MidWeek magazine in Honolulu, writing on life style, politics, and social issues. After selling both her modeling and fashion photography businesses, she's been busy as emcee, guest radio host, and public speaker. She is currently marketing director for Coffee Enterprises, Inc., a professional speaker business. Susan co-hosted the Kapiolani Children's Miracle Network telethon for 24 years and has served as a director on the boards of the Kapiolani Health Foundation and Women In Need. Her work as Vice-chair of Heart of Africa, a faith-based humanitarian organization that partners with orphanages in Kenya and Swaziland has resulted in 8 mission trips to Africa since 2005.

Email: Spage@hawaii.rr.com PO Box 8 Aiea, HI 96701 Midweek Columnist 1/1/08 – 12/31/14





#### Corinda Wong - Treasurer

Corinda Wong, Treasurer-Board Member of Women in Need, is an agent, as well as a board member, for Prudential Locations. She organizes the annual Prudential Locations Back to School project, providing 100 backpacks filled with school supplies to WIN for distribution to children of homeless clients.

Contact #: (808) 306-7242 Email: corinda.wong@pruhawaii.com 3037 Kahako Place Kailua, HI 96734 Prudential Locations 1/1/08 - 12/31/14



#### Esther Tokars - Member

Esther Tokars is an Elementary Coordinator of Religious Education at St. John Vianney Parish. Born in the Philippines, she immigrated with her family to San Francisco at age 10, moving to Hawaii after she married.

Contact (808) 256-0747 Email: etokars@gmail.com 748 Iana Street Kailua, HI 96734 Elemtary Coordinator – St. Vianney's Church 1/1/08 – 12/31/14



#### Sean Morris - Member

Sean Morris is President of Advertising Associates International and S. Morris and Associates, an advertising agency and PR firm, respectively, which promote clients to China, Korea, and Taiwan, as well as Japan. In these capacities, he represents clients such as Hyatt Regency Waikiki Beach Resort & Spa, King's Village, Ward Centers, Waikiki Shopping Plaza, Honolulu Coffee Company, Paul Brown, Love Renaissance and Koa Nani. Committed to community service, he was a board member of Ad 2 Honolulu, a not-for-profit professional organization of young people in marketing, from 2000 to 2005. As a WIN board member, he is motivated to expand WIN's growth through funding and public relations.

Contact #: (808) 781-8888 Email: 8888.sean@gmail.com 1240 Ala Moana Blvd Suite 305 Honolulu, HI 96814 Public Relations – S. Morris and Associates, LLC 1/1/08 – 12/31/14



#### Sohee Chu - Member

Sohee is the former Vice President of Creative and Online Marketing at Bambeco, an online retail store featuring eco-friendly and stylish home décor products. Ms. Chu was the founder and principal of ISOHI, an award-winning design and online media strategy firm. Providing extensive identity, branding, and design solutions for Marriott International, among many companies, ISOHI also completed projects for international non-profits including the Bolivian Street Children Project and Raising Voices in Uganda. Ms. Chu served as Interactive Senior Art Director at Marriott International, Inc. and graduated magna cum laude from American University in Washington DC.

Contact #: 1-310-486-2202 Email: sohec@isohi.com

224 Aikahi Loop, Kailua, HI 96734 12/4/08 - 12/31/14

Domestic Violence Anger Management

Performance Measure	Definition (examples)
Knowledge	
Positive living environment	% of participants who report they have learned to live in a more peaceful and positive environment
	While in this program I have learn the importance of getting along with the people I live with
Confidence and self-efficacy in making healthy decisions	% of participants who report feeling more confident they can make healthy decisions
	While in this program I have gained confidence that I can make healthy decisions that support a positive lifestyle
Identify destructive past behaviors	% of participants who report was able to identify their past destructive behaviors
	While in this program I was able to identify my past destructive behavior
Effective tactful communication	% of participants who report gaining effective communication skills While in this program I was able to gain more positive communication skills
Attitudes	
Compassion and patience towards myself and others	% of participants who report they have gained compassion and patience towards myself and others
	While in this program I have gained more compassion and patience towards myself and others
Desire productivity and self- sufficiency	% of participants who report they gained a stronger desire to become more productive and self-sufficient
	While in this program I gained a stronger desire to become more productive and self-sufficient
Value a Positive Lifestyle	% of participants who report they value a positive lifestyle While in this program I gained a stronger value for a positive lifestyle
Skills	
Communication skills	% of participants who report gaining more effective communication skills as a result of the program
	While in this program I learned skills that help me communicate more effectively (e.g. Assertive statements, I feel statements etc.)
Positive relationship skills	% of participants who report gaining positive relationship skills While in this program I learned to respect other people's opinions and beliefs
Positive decisions making skills	% of participants who report gaining positive decision making skills While in this program I learned skills to help me make more positive decisions
Goal Setting	% of participants who report they have learned skills that enable them to set and attain their goals while participating in this program. While in this program I have learned skills to help me set and accomplish my goals
Behavior	

Performance Measure	Definition (examples)
Participates in positive healthy recreational activities	% of participants who report they increased the amount of time spent on positive activities.
	While in this program I have increased my interest in the amount of time I spend on my hobbies, sports, exercise routine or nurturing activities.
Seeks healthy relationships	% of participants who report they sought out healthy relationships While in this program I learned the value of seeking healthy relationships
Contributes to the community	% of participants who report they contribute to the community in a positive or productive manner
	While in this program I gained a desire to contribute more to the community in a positive or productive manner (e.g. positive role model, volunteer or work in the community)
Relationships	
Staff-client relationships	% of participants who report a supportive staff in the program While in this program I felt supported by the staff in this program
Peer relationships	% participants who report positive peer relationships
	While in this program I made friends that will help me make positive choices in the future
Rebuild and repair strained relationships	% of participant who report they have rebuilt or repaired strained relationships
	While in this program I was able to rebuild or repair strained relationships

## **Job Readiness**

Performance Measure	Definition (examples)
Knowledge	
Understanding of the workplace environment	% of participants who report they understand workplace norms and expectations
	Because of this program, I know what it takes to do a job well
Attitudes and Beliefs	
Confidence and self-efficacy in getting and keeping a job	% of participants who report feeling more confident they can get a job and retain employment
	Because of this program, I am confident that I know what it takes to get a job and to keep a job once I am hired
	Because of this program, I know I can succeed at work
Skills	
New job-related skills	% of participants who report they attained new job-related skills
	Because of this program, I know how to find a job
	Because of this program, I learned skills that will be useful in whatever work environment I choose
	Because of this program, I have the skills to do a job well
Behavior	
Practice job skills	% of participants who report practicing job skills, either on the job or in a work-like setting
	Since the program began, I have practiced job-related skills in a 'real life' setting
Participation in community	% of participants who report participating in community service
service	Because of this program I participated in one or more community service projects
Relationships	
Staff-youth relationships*	% of participants who report a supportive adult in the program I felt supported by the adults in the program
Peer relationships*	% of participants who reported positive peer relationships
•	The friends I made during this program will help me make positive choices in the future

# **Family Strengthening**

Performance Measure	Definition (examples)
Knowledge	
Youth: Parents and adult family members viewed as a resource	% of youth participants who report increased knowledge that parents and adult family members are an important resource  Because of this program, I learned that my parents or other adult family members are a good resource if I have important questions about school, work, risky behaviors, and my goals
Adults: Parents and other adult relatives see themselves as a resource	% of parents and adult family members who as a result of the program understand they are an important resource to their children [if applicable]  If my child has important questions about school, work, risky behaviors, and goals, he or she should talk to me or another adult relative
Adults: Effect of parents and families on school success	% of parents and adult family members who understand as a result of the program how to help children succeed in school  I know there are actions I can take to help my child succeed in school
Attitudes and Beliefs	
Youth: Confidence and self- efficacy in talking to a parent or other adult family member	% of participants who report feeling more confident they can talk to a parent or other adult relative  Because of this program, I am confident that I can talk to a parent or other adult family member about whatever is on my mind
Adults: Confidence and self- efficacy in talking to a child	% of parent or other adult family members who report because of the program they are able to talk to their children  I am comfortable talking to my child about whatever is on his or her mind
Skills	Tam comortable taking to my child about whatever is on his or her mind
Youth: Communication skills	% of participants who report attaining communication skills  Because of this program, I learned how to communicate effectively with my parents and other family members  Because of this program, I learned how to talk to my parents or a trusted adult about whatever is on my mind
Adults: Communication skills	% of adult participants who report attaining communication skills  Because of this program, I learned how to communicate effectively with my child  Because of this program, I learned how to listen to my child and discuss whatever is on his or her mind
Behavior	
Communication with parents and other family members	% of participants who talked with their parents or other family members as a result of the program since the program began Since completing the program, I have talked with a parent or another

Performance Measure	Definition (examples)
	trusted family member about an issue that was important to me
Family time	% of participants who report spending more time as a family as a result of the program
	Since I completed this program, my family spends more time together
	Since I completed this program, my family participates in more social activities together
Relationships	
Parent-child relationship	% of participants who reported a supportive relationship with a parent or other adult relative
	I feel supported by my parents and the other adults in my life

# **Substance Abuse Relapse Prevention**

Performance Measure	Definition (examples)
Knowledge	
Benefits of sobriety	% of participants who report a gain in knowledge related to the benefits of abstinence as a result of the program
	I learned the benefits of abstaining from mind altering substances.
Effects of risky behavior on goal attainment	% of participants who report a gain in knowledge related to the effects of risky behavior on goal attainment
0 64 4 56 66 4	I learned that using drugs prevents me from attaining my goals
Confidence and self-efficacy in making healthy decisions	% of participants who report feeling more confident they can and will avoid risky behavior
	I have confidence I can avoid risky behavior by evaluating the rewards or consequences of my choices
Identify triggers	% of participants who report they can decrease risk of relapse by identifying their personal triggers
	I learned how to identify my personal triggers that can lead to relapse
Realize the affect of substance abuse on family, friends and	% of participants who have realized the affect of substance use on family, friends and community
community	I have learned that using mind altering substances effects not only me but effects others as well
Attitudes	
Value sobriety	% of participants who report valuing abstinence because of the program "As a result of this program, I believe that abstaining from mind altering
	substances are important."
Confidence and self- efficacy in learning	% of participants who report feeling more confident they can and will have long term or permanent sobriety as a result of this program
something new	"I have confidence I can abstain from mind altering substances, "I think it is ok to say 'no' to mind altering substances, even if I think others are using."
Value Positive Lifestyle changes	% of participants who report that because of the program they value positive lifestyle changes
	As a result of this program, I believe I can have a positive lifestyle without drugs
Skills	
Communication skills*	% of participants who report gaining more effective communication skills as a result of the program
	I learned how to effectively communicate my intentions and wishes" (e.g., "I am not willing to use mind altering substances," "No thank you, I choose not to use today")
Goal setting and attainment	% of participants who report they can set and reach their personal goals I learned how to set goals and work towards attaining the goals
Resistance and refusal	% of participants who report attaining refusal skills as a result of the program

Performance Measure	Definition (examples)
	I learned how to say no to mind altering substances.
Learned new skills	% of participants who report they have gained skills that support their recovery
	I am confident that I can use skills (e.g. assertive statements and support system etc) to avoid relapse
Decisions making skills	% of participants who report they can make healthy decisions that support positive life style changes
	I have confidence that I can make healthy decisions
Behavior	
Avoidance of risky behaviors	% of participants who report abstaining from mind altering substances either by avoiding risky environments or active users.
	Because of the support and skills I learned I have not relapsed since starting this program
Participates in recreational activities	% of participant who report they increased the amount of time spent on recreational activities.
	Because of this class I have increased the amount of time I spend on my hobbies, sports, exercise routine or nurturing activities.
Relationships	
Staff-client relationships*	% of participants who report a supportive facilitator in the program  I felt supported by the staff in this program.
Family relationships	% of participants reporting they have a closer relationship with at least one or more family member as a result of this program
	As a result of this program, I have a stronger relationship with at least one family member.
Peer relationships*	% participants who report positive peer relationships  The friends I made during this program will help me make positive choices in the future.