Type of Urant or Subsidy Nequest:    X   GRANT REQUEST - CAPITAL	House District	THE TWENTY-SEVENTH LEGISLATURE APPLICATION FOR GRANTS & SUBSIDIES CHAPTER 42F, HAWAII REVISED STATUTES	Log No:
GRANT REQUEST - CAPITAL   SUBSIDY REQUEST	Type of Grant or Subsidy Request:		For Legislature's Use Only
STATE DEPARTMENT OR AGENCY BELATED TO THIS REQUEST (LEAVE BLANK IF UNKNOWN):  STATE DEPARTMENT OR AGENCY BELATED TO THIS REQUEST (LEAVE BLANK IF UNKNOWN):  STATE DEPARTMENT OR AGENCY BELATED TO THIS REQUEST (LEAVE BLANK IF UNKNOWN):  DEPT. OF RUMAN SERVICES STATE FROGRAM LD NO. (LEAVE BLANK IF UNKNOWN):  1. APPLICANT INFORMATION:  1. APPLICANT INFORMATION:  2. CONTACT PERSON FOR MATTERS INVOLVING THIS APPLICANT OF THIS REQUEST (LEAVE BLANK IF UNKNOWN):  DEPT. OF RUMAN SERVICES STATE FROGRAM LD NO. (LEAVE BLANK IF UNKNOWN):  1. APPLICANT INFORMATION:  1. APPLICANT INFORMATION:  2. CONTACT PERSON FOR MATTERS INVOLVING THIS APPLICANT OF	X☐ GRANT REQUEST - OPERATING		
STATE BEPARTMENT OR AGENCY RELATED TO THIS REQUEST (LEAVE BLANK IF UNKNOWN):  DET. OF HUMAN SERVICES STATE REGRAND IO. NO. (LEAVE BLANK IF UNKNOWN):  1. APPLICANT INFORMATION:  Legal Name of Requesting Organization or Individual: THE CHILDREN'S ALLIANCE OF HAWAII, INC.  DOI:  Street Address: 200 N. VINEYARD BLVD., SUITE 410 HONOLULU, HI 36817  Mailing Address: SAME AS ABOVE  STATES SAME AS ABOVE  1. TYPE OF BUSINESS ENTITY:    On PROFIT CORPORATION     FOR PROFIT CORPORATION     SOLE PROPRIETORSHIP/INDIVIDUAL    FOR PROFIT CORPORATION     SOLE PROPRIETORSHIP/INDIVIDUAL    FEDERAL TAX ID #:   STATES OF SERVICE DESCRIBED IN THIS BEQUEST:     NEW SERVICE (PRESENTLY IN OPERATION)     EXISTING SERVICE (PRESENTLY IN OPERATION)     EXISTING SERVICE (PRESENTLY IN OPERATION)     EXISTING SERVICE (PRESENTLY IN OPERATION)     PRIVATE/OTHER'S 100,000.00	permit the community to benefit from those ac "Subsidy" means an award of state funds by the incurred by the organization or individual in pro-	ctivities.  the legislature, by an appropriation to a recipient specified in the appropriation oviding a service available to some or all members of the public.	
DEPT. OF HUMAN SERVICES  STATE PROGRAM LD. NO. (LEAVE BLANK IF UNKNOWN):  1. APPLICATION:  Legal Name of Requesting Organization or Individual: THE CHILDREN'S ALLIANCE OF HAWAII, INC.  Dba:  Street Address: 200 N. VINEYARD BLVD., SUITE 410 HONOLULU, HI 98817  Mailing Address: SAME AS ABOVE  THE PRESIDENTIESECUTIVE DIRECTOR  Phone # 599-2955 X 215  Fax # 599-5909  —mail naguwa@cahawaii.org  6. DESCRIPTIVE TITLE OF APPLICANT'S REQUEST:  PROGRAMS AND SERVICES FOR SEXUALLY ABUSED CHILDREN & YOUTH  TO PROPRIETORISHIP/NONVIDUAL  7. AMOUNT OF STATE FUNDS REQUESTED:  FISCAL YEAR 2014: \$ 160,000.00  FISCAL YEAR 2014: \$ 160,000.00  SPECIFY THE AMOUNT BY SOURCES OF FUNDS AVAILABLE  AT THE TIME OF THIS SEQUEST:  STATES O FEDERAL S. 0 COUNTY \$ 0 PRIVATE/OTHER \$ 100,000.00  PRIVATE/OTHER \$ 100,000.00  PRIVATE/OTHER \$ 100,000.00	Recipient inleans any organization of person	receiving a grant or subsidy.	
Legal Name of Requesting Organization or Individual: THE CHILDREN'S ALLIANCE OF HAWAII, INC. Dba:  Street Address: 200 N. VINEYARD BLVD, SUITE 410 HONOLULU, HI 96817  Mailing Address: SAME AS ABOVE  Top of Business entity:  X	DEPT. OF HUMAN SERVICES		
Legal Name of Requesting Organization or Individual: THE CHILDREN'S ALLIANCE OF HAWAII, INC. Dba:  Street Address: 200 N. VINEYARD BLVD., SUITE 410 HONOLULU, HI 96817  Mailing Address: SAME AS ABOVE  Mailing Address: SAME	1. APPLICANT INFORMATION:		G THIS
Dba: Street Address: 200 N. VINEYARD BLVD., SUITE 410 HONOLULU, HI 9817  Meiling Address: SAME AS ABOVE  Title PRESIDENT/EXECUTIVE DIRECTOR Phone # 599-2955 X 215  Fax # 599-5909 e-mail naguwa@cahawail.org  6. Descriptive title of applicant's request: PROGRAMS AND SERVICES FOR SEXUALLY ABUSED CHILDREN & YOUTH  TO REPORT CORPORATION SOLE PROPRIETORSHIP/INDIVIDUAL  7. AMOUNT OF STATE FUNDS REQUESTED:  FISCAL YEAR 2014: \$ 160,000.00		dividual:	
Mailing Address: SAME AS ABOVE  Mailing Address: SAME AS ABOVE  Fax # 599-5909  e-mail naguwa@cahawaii.org  6. Descriptive titile of applicant's request:  PROGRAMS AND SERVICES FOR SEXUALLY ABUSED CHILDREN & YOUTH  To Propriet Corporation  Sole Proprietorship/Individual  7. AMOUNT OF STATE FUNDS REQUESTED:  Fiscal Year 2014: \$ 180,000.00  STATUS OF SERVICE DESCRIBED IN THIS REQUEST:  New Service (Presently Does not exist)  Existing Service (Presently in Operation)  State \$ 0  Federal Tax ID #:  State \$ 0  Federal \$ 0  Federal \$ 0  Federal Tax ID #:  PRIVATE/OTHER \$ 100,000.00  PRIVATE/OTHER \$ 100,000.00		···	
### Propriet Corporation		UITE 410 Phone # <u>599-2955 X 215</u>	<del></del>
e-mail naguwa@cahawaii.org  6. Descriptive title of applicant's request: PROGRAMS AND SERVICES FOR SEXUALLY ABUSED CHILDREN & YOUTH  7. AMOUNT OF STATE FUNDS REQUESTED: STATE TAX ID #: FISCAL YEAR 2014: \$ 160,000.00  STATUS OF SERVICE DESCRIBED IN THIS REQUEST: NEW Service (PRESENTLY DOES NOT EXIST) EXISTING SERVICE (PRESENTLY IN OPERATION)  SPECIFY THE AMOUNT BY SOURCES OF FUNDS AVAILABLE AT THE TIME OF THIS REQUEST: STATE \$ 0 FEDERAL \$ 0 COUNTY \$ 0 PRIVATE/OTHER \$ 100,000.00  PRIVATE/OTHER \$ 100,000.00	Mailing Address: SAME AS ABOVE	Fax # <u>599-5909</u>	
PROGRAMS AND SERVICES FOR SEXUALLY ABUSED CHILDREN & YOUTH   PROGRAMS AND SERVICES FOR SEXUALLY ABUSED CHILDREN & YOUTH   PROGRAMS AND SERVICES FOR SEXUALLY ABUSED CHILDREN & YOUTH   PROGRAMS AND SERVICES FOR SEXUALLY ABUSED CHILDREN & YOUTH		e-mail <u>naguwa@cahawaii.org</u>	
FEDERAL TAX ID #:    Sole Proprietorship/Individual	3. Type of business entity:	6. DESCRIPTIVE TITLE OF APPLICANT'S REQUI	EST:
FISCAL YEAR 2014: \$	☐ FOR PROFIT CORPORATION☐ LIMITED LIABILITY COMPANY		ED CHILDREN & YOUTH
New Service (Presently does not exist)    Existing Service (Presently in Operation)    Specify the amount by sources of funds available   At the time of this request:   State \$ 0     Federal \$ 0     County \$ 0     Private/Other \$ 100,000.00			
New Service (Presently does not exist)  Specify the amount by sources of funds available  At the time of this request:  State \$ 0			
	NEW SERVICE (PRESENTLY DOES NOT EXIST)	SPECIFY THE AMOUNT BY SOURCES OF FUNDS AVAILABLE  N) AT THE TIME OF THIS REQUEST:  STATE \$ 0  FEDERAL \$ 0  COUNTY \$ 0	-
	VOE NAME & TITLE OF AUTHORITIES DESCRIPTION		
	PE NAME & TITLE OF AUTHORIZED REPRESENTATIVE:	JOAN I. NAGUWA, PRESIDENT/EXECUTIVE DIRECTOR NAME & TITLE	01/31/13

# **Application for Grants and Subsidies**

## I. Background and Summary

## 1. Description of The Children's Alliance of Hawaii, Inc.

The mission of The Children's Alliance of Hawaii, Inc. (CAH), a 501(c)(3) corporation, is to provide care and support for sexually abused children, offering hope for the future. Located in Honolulu, Hawaii, CAH serves over 400 sexually abused children, youth and their families on Oahu and Kauai as an integral agency in Hawaii's service system for abused children. CAH, formerly the Friends of the Children's Justice Center of Oahu, was incorporated in 1987 by the Rotary Club of Honolulu as the nonprofit fiscal and support partner agency to the State Judiciary's Children's Justice Center of Oahu (CJC). For over 23 years, CAH provided support funding and services, enhancement items (such as clothing, emergency foster care bags to children entering the foster care system, registration fees for sports activities, school uniforms, etc.) and volunteer support to the State Judiciary's Children's Justice Center of Oahu. In 2003, CAH continued to provide support services to the CJC and expanded programs to positively impact the healing process experienced by sexually abused children. In 2010, the formal partnership between the CJC and CAH was terminated.

Today, The Children's Alliance of Hawaii, Inc. continues to provide supportive services and programs to assist sexually abused children in their healing process, guiding them toward a successful transition to adulthood. These programs include:

- Enhancements providing goods and services for child victims and siblings that enhance the child's ability to regain a sense of normalcy and increase self-esteem and confidence. Goods and services include items such as clothing, prom attire, orthodontic dental care, computers for school, uniforms, sports registration fees, etc. Funds are provided by the Theresa F. Hughes Trust, Victoria S. and Bradley L. Geist Foundation, and other private foundations, corporations and individual contributions. Pro bono services are provided when available by community volunteer professionals. Special projects, such as CAH's Christmas Angel Project and Back to School Project, are coordinated to provide holiday gifts and school supplies for these children and youth.
- **HEART** (Healing Emotions with Art and Recreation Together) increasing child victims self-esteem and ability to express their feelings and emotions in a safe environment among peers who also have been sexually abused in small, supportive groups. This unique program, an important adjunct to traditional individual or group therapy, utilizes mediums that children can easily relate to, such as music and art, yoga, horseback riding, team and trust building activities, outdoor and cultural activities, and community service. All activities are designed to address the social and emotional needs of sexually abused children, and are based on a variety of therapeutic modalities, theoretical orientations and evidence-based best practices.
- **Ho'omaka** enabling child victims to strengthen their resiliency by working with adult mentors with whom they build a safe and trusting relationship. In a positive one-on-one relationship,

children develop skills in goal-setting, problem-solving, healthy relationship-building, independent living and conflict resolution and build on individual strengths and interests.

• Strengthening Parents – providing parent support groups to enable parents to manage their own feelings about sexual abuse and to increase their parenting skills to strengthen their families.

## 2. Goals And Objectives Related To The Request

Goal 1: To increase levels of self-esteem, self-efficacy and enhance the ability to express emotions among sexually abused children and youth through the use of mentoring and group social and recreational activities.

Objective 1: To provide therapeutic, recreation-based group programs for 35 sexually abused children.

Objective 2: To conduct 6, 8-week specialized activity sessions for sexually abused children.

Goal 2: To strengthen the resiliency of sexually abused children so they may make informed and healthy decisions for successful transition into adulthood.

Objective 1: To provide individual mentoring and teaming services to 12 children and youth.

Objective 2: To provide weekly one-on-one mentoring sessions to each youth, focusing on building healthy relationships, building on personal strengths and interests, identifying personal educational goals and formulating strategic plans.

Goal 3: To meet the immediate and long-term individual needs of sexually abused children and youth on Oahu and Kauai to enhance their sense of normalcy and increase their self worth.

Objective 1: To provide verifiably needed goods and services or holiday gifts to 350 sexually abused children.

Goal 4: To assist custodial parents and caregivers of sexually abused children in building and maintaining positive, protective relationships with their children.

Objective 1: To convene and facilitate 15 parent/caregiver support group sessions.

Objective 2: To increase positive parenting skills of 10 parent/caregivers of sexually abused children.

Goal 5: To increase leadership skills and self-esteem of 8 sexually abused youth through the development of a program Youth Advisory Board.

Objective 1: To recruit and train 8 sexually abused youth in leadership and planning skills

Objective 2: To convene and facilitate 12 Youth Advisory Board sessions. Objective 3: To facilitate 1 youth-guided community service project.

## 3. Public Purpose And Need To Be Served

Child sexual abuse is a common experience for many children and is a public health problem in the United States (Dominguez, Nelke, & Perry, 2002). Each year, the Dept. of Human Services Child Welfare Division handles approximately 300 reported cases of sexual abuse in the State of Hawaii and 200 reported cases on the island of Oahu (DHS/CWS). Unfortunately, statistical data of sexual abuse incidents are usually inaccurate estimates due to underreporting (Rutter, M. and Taylor, E., 2002). Sexual abuse is underreported for various reasons: 1) children often do not disclose the sexual abuse to others. It is estimated that between 30 and 90 percent of all victims never tell that they have been sexually abused (Bradley, A. and Wood, J., 1996, Forward, S., 1989); 2) feelings of shame, guilt and responsibility by the child victim; 3) public negative stereotypes; 4) fear of retribution, retaliation and being blamed for any potential resulting family strife and separation; and 5) lack of services and/or accessibility to services (Child Sex Abuse in Hawaii, 2008).

A more realistic estimate is that one **out of three** females and **one out of five** males have been victims of sexual abuse in the United States before the age of 18 years (Dominguez, Nelke, & Perry, 2002). Child sex abuse occurs across all ethnic and socioeconomic groups, and causes significant trauma which may result in behavioral, social, cognitive, emotional and physical problems (Dominguez, Nelke, & Perry 2002). If left untreated, victims are at-risk for serious and sometimes life-threatening social problems, including early pregnancy, substance abuse, homelessness, low educational achievement, mental health disorders, unemployment, self-harm, suicide, and criminal activities (Molnar, Buka, & Kessler, 2001; Noll, Trickett, & Putnam, 2003; Day, Thurlow, & Woolliscroft, 2003). The Children's Alliance of Hawai'i has developed four unique programs (Enhancements, H.E.A.R.T., Ho'omaka, and Parent Strengthening) to assist children, youth and their families in their healing process, strengthen their resiliency and to help combat the above social problems.

CAH's programs assist sexually abused children and youth in enhancing their self esteem and ability to thrive through a Positive Youth Development approach. These programs are designed according to best practices in positive youth development and research on resiliency theory. Research suggests that Positive Youth Development programs have many positive impacts on youth, including reducing risky behaviors (such as promiscuity, substance use and abuse, truancy, dropping out of school, etc.) and increasing protective factors (such as feelings of community connectedness, high self-esteem, social competency skills, and having goals and plans for the future). In addition, creating opportunities for youth leadership is an important part of the youth development process.

Organized activities, such as a youth advisory committee, give youth the opportunity to represent their peers' interests, build life skills, and gain a sense of empowerment that confirms their potential to positively guide others and influence opinion and behavior.

Research on Resiliency Theory also shows that youth who have a consistent, supportive mentor in their life are more resilient and do better at developing healthy relationships, making healthy life and career choices and attaining independence. Finally, research also shows that children are better able to thrive when they have access to basic health, educational, recreational programs and activities.

Research also demonstrates that one of the key factors in the ability of sexually abused children to thrive after their trauma is supportive family or caregivers. Parents of child sex assault victims need to understand the dynamics of child sex abuse, manage their own feelings about the incident(s) and maintain open communication with their child to enable the child to heal from their trauma in a safe, nurturing environment.

## 4. Target Population To Be Served

The target population to be served through this project is sexually abused children, their siblings, and their families.

Specifically, CAH's Enhancements program serves sexually abused children and their eligible siblings (those who have either witnessed the sexual abuse or resided in the home while abuse occurred), ages 6 months old through 18 years old living on the island of Oahu. Also included are youth up to 21 years old who are in foster care and are still in high school. The Enhancements Program serves the same target population on the island of Kauai, and also includes children and youth who have experienced all types of abuse or neglect. These children are referred for Enhancements support by nonprofit social service agencies and government agencies, such as Dept. of Human Services, the City and County Prosecutor's office, Sex Abuse Treatment Center, or Hale O'pio on Oahu and Kauai.

CAH's HEART program serve sexually abused children, ages 9 years old to 18 years old, and the Ho'omaka mentoring program serves sexually abused youth, ages 9 years old to 21 years old, on Oahu. These children live in foster care settings or with a protective parent or primary caregiver. The Parent Strengthening program serves custodial parents and caregivers of sexually abused children.

Children and families come from all ethnic and socioeconomic backgrounds. Forty percent (46%) of children served are ethnically part-Hawaiian. Over 90% of children reside in households whose incomes are at or below the Federal poverty guidelines. The eligibility requirement for services is that a child has been sexually abused and/or is a sibling of a sexual abuse victim living in the home, and/or is currently in foster care or other DHS placement.

## 5. Geographic coverage:

The Children's Alliance of Hawaii, Inc. serves the islands of Oahu (all programs) and Kauai (Enhancements only).

## II. Service Summary and Outcomes

## 1. Scope of Work, Tasks and Responsibilities & Project Annual Timeline

The following service outcomes will be met through this proposal:

- a) 80% of participants in CAH's program will report increased self-efficacy.
- b) 85% of participants in CAH's HEART and Ho'omaka programs will increase prosocial behaviors and social competency skills.
- c) 90% of participants in CAH's HEART and Ho'omaka programs will increase self-esteem and self-image.
- d) 90% of participants in CAH's Enhancement program will receive requested goods and services.
- e) 70% of participants in CAH's Strengthening Parents program will report an increase in their communication skills with their child.
- f) 70% of participants in CAH's Strengthening Parents program will report an increase in their ability to support their child's healing.
- g) 80% of participants in CAH's Youth Advisory Board will report an increase in feeling a sense of empowerment.
- h) 70% of participants in CAH's Youth Advisory Board will demonstrate leadership skills.

The following tasks will be completed during the project year:

Time Period		Project Activity
Quarter 1	a.	Plan, coordinate and conduct one 8-week social recreation activities component (e.g. therapeutic horseback riding,
		Hawaiian cultural activities, yoga or creative expression activity, etc.)
	b.	Conduct client assessments, develop appropriate service plans and administer evaluation instruments to establish baseline data.
W. A	c.	
	d.	Conduct a minimum of 6 one-hour individual sessions to set personal goals, assess progress and review service plans.
	e.	Implement evidence-based curricula on goal setting as well as teen pregnancy and sexually transmitted infections prevention.
	f.	

Time Period		Project Activity
Quarter 1	g	. Receive and process requests for enhancements goods and services.
	h	
······································	i.	
	j.	Prepare and submit required reports to contracting agency.
Quarter 2	a.	Plan, coordinate and conduct two 8-week social recreation activities components (e.g. therapeutic horseback riding, Hawaiian cultural activities, yoga or creative expression activity, etc.)
	b.	Conduct client assessments and develop appropriate service plans.
	c.	Conduct structured reflection sessions with clients.
	d.	Conduct a minimum of 6 one-hour individual sessions to set personal goals, assess progress and review service plans.
	e.	Implement evidence-based curricula on goal setting and strategic future planning.
	f.	Receive and process requests for enhancements goods and services.
	g.	Facilitate 4 parent support groups.
	h.	Administer evaluation tools to monitor program impact on clients.
	i.	Facilitate 3 Youth Advisory Board meetings and conduct one youth-led community service project.
	j.	Prepare and submit required reports to contracting agency.
Quarter 3	a.	Plan, coordinate and conduct two 8-week social recreation activities component (e.g. therapeutic horseback riding, Hawaiian cultural activities, yoga or creative expression activity, etc.)
	b.	Conduct client assessments and develop appropriate service plans.
	c.	Conduct structured reflection sessions with clients.
	d.	Conduct a minimum of 6 one-hour individual sessions to set personal goals, assess progress and review service plans.
	e.	Implement evidence-based curricula on goal setting and strategic future planning.
	f.	Receive and process requests for enhancements goods and services.
	g.	Facilitate 5 parent support groups.
	h.	Administer evaluation tools to monitor program impact on clients.

Time Period	Project Activity
	i. Facilitate 3 Youth Advisory Board meetings.
	j. Prepare and submit required reports to contracting agency.
Quarter 4	a. Plan, coordinate and conduct one 8-week social recreation activities component (e.g. therapeutic horseback riding, Hawaiian cultural activities, yoga or creative expression activity, etc.)
	b. Conduct client assessments and develop appropriate service plans.
	c. Conduct structured reflection sessions with clients.
	d. Conduct a minimum of 6 one-hour individual sessions to set
	personal goals, assess progress and review service plans.
	e. Implement evidence-based curricula on goal setting and strategic future planning.
	f. Receive and process requests for enhancements goods and services.
	g. Facilitate 4 parent support groups.
	h. Administer evaluation tools to monitor program impact on clients.
	i. Facilitate 3 Youth Advisory Board meetings.
	j. Prepare and submit required final reports to contracting agency.

## 3. Quality Assurance and Evaluation

Each child, family and/or group receiving services will complete a thorough intake and assessment process, as well as develop individual service plans to include goals and objectives. Individual, family and group charts will be maintained and regularly updated. Client chart review is a regular part of bi-weekly supervision with staff. It is used to maintain compliance to agency and best practices standards, to ensure program goals and objectives are being met, and to contribute to the development of staff skills and professionalism. Intake forms will collect individual and family demographic data, as well as a sexual behavior checklist to identify *at risk* youth. Pertinent family history and resource information will be gathered to identify those individuals and families most in need of services such as assistance with transportation, and to identify any potential blockages to full participation in program services.

Assessments will be completed by individual program specialists and graduate student interns under the supervision of the Director of Programs, with regular individual and group supervision and case review. As a result of a comprehensive assessment, a thorough and relevant service plan will be developed to meet the individual, family and group goals and objectives. As with the assessment process,

service plans will be reviewed and adjusted on a regular basis to meet changing needs, issues and developments which naturally occur with children and families. On a quarterly basis, client charts will be reviewed for compliance in accordance with case management standards.

#### 4. Measures of Effectiveness

The following instruments will be used at the start (to set a base-line), middle (to gauge areas in need of adjustment), and post program (to the evaluate changes self-efficacy and self-esteem.

#### GSE – The General Self-Efficacy Scale

This is a revised and adapted GSE from Matthias Jerusalem & Ralf Schwazer GSE. The scale is designed for adolescent population and can be self-administered or proctored (verbally given). It has a final composite score of 40. Higher scores above baseline measures indicate stronger feelings of self-efficacy. The instrument will be used to gauge general movement in self-efficacy, and to assist program development and adjustment on a quarterly basis to ensure progress. All participants of the HEART and Ho'omaka programs will complete the scale at time of intake and approximately every 16 weeks thereafter. It is suitable as an indicator of quality of life at any point in time (indicated by raise or fall in composite score). Because the original measure did not tap specific behavior change, it has been adapted for CAH to cover particular benchmarks for our population served (navigating health, relationships and behaviors), and is meant to be a general measure of those benchmarks. The instrument will be used as a pre, middle and post evaluative tool to gauge general movement in self efficacy, and to assist program development and adjustment on a quarterly basis to ensure progress.

## **RSE - Rosenberg Self Esteem Scale**

This is a self-report survey with scores ranging from 0-30. Higher scores indicate higher self-esteem, and lower scores indicate lower self-esteem. There are no distinct ranges, and scores between 15 and 25 suggest a normal level of self-esteem. Scores below 15 suggest low self-esteem. The scale includes 10 items scored from strongly agree to strongly disagree. This instrument will be used to gauge general movement in self-esteem, and to assist program development and adjustment on a quarterly basis to ensure progress. All participants of the HEART and Ho'omaka programs will complete the scale at time of intake and approximately every 16 weeks thereafter. (Rosenberg, Morris. 1989. Society and The Adolescent Self-Image. Revised edition. Middletown, CT: Wesleyan University Press)

Both of the above measures are research validated tools with high reliability and validity.

## **Positive Youth Development Scale**

This scale is a 20 item Likert scale designed to measure the effectiveness of Positive Youth Development programs. It is a post-only measure, completed by all participants approximately every 3 months. It was developed based on outcome measurement recommendations made by the Hawaii State Dept. of Human Services for programs utilizing positive youth development approaches. Youth self-report on whether they gained new skills, feel more connected to their community, made new positive peer relationships, and feel more confident in a variety of areas as a result of participating in the program.

## III. Financial

## 1. Budget

See attached budget forms.

## 2. Anticipated quarterly funding requests for the fiscal year 2013-2014.

Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Grant
\$40,000	\$40,000	\$40,000	\$40,000	\$160,000

## 3. Other Funding Sources for FY 2013-2014

**Private Foundations:** 

Hawaii Community Foundation, Geist Foundation
Bank of Hawaii, Theresa Hughes Trust
Friends of Hawaii Charities/Sony Open
Hawaii Women's Lawyers Foundation
NFL Foundation
Hawaii Community Foundation
Other local and national foundations
Individual/Corporate Donors

# IV. Experience and Capability

## A. Necessary Skills and Experience

The Children's Alliance of Hawaii, Inc. has provided supportive programs for sexually abused children, youth and their families for 25 years. CAH has an extensive volunteer program and strong community partnership network which include nonprofit organizations, such as Hale O'pio, YWCA of Kauai, Catholic Charities of Hawaii, Child and Family Service, Joyful Heart Foundation, government entities, such as the City Prosecutor's Office, Dept. of Human Services, Dept. of Health, Dept. of Education, and educational institutions, such as University of Hawaii, Chaminade University and Hawaii Pacific University.

Community volunteers include public and private schools, for-profit businesses and small businesses, Rotary Clubs and other community organizations. These volunteers and partners enable us to provide necessary services and programs for sexually abused children on Oahu and Kauai.

The CAH President/Executive Director has 35 years of nonprofit management experience as well as legislative/government contract management experience at CAH and other nonprofit organizations. The CAH Board of Directors Program Committee works directly with staff to ensure that the highest program standards are maintained. This Committee includes a licensed pediatrician and child psychiatrist with 14 years in active medical practice and a director of a large nonprofit educational organization with over 16 years in managing federal and state contracts. The CAH Board Treasurer is actively involved in oversight of CAH's financial matters.

CAH's Director of Programs has a Masters of Social Work degree with 32 years of post-graduate social work experience working with disenfranchised populations. She has worked in programs specifically designed for sexually abused children and youth, victims of domestic violence and their children, victims of domestic and international sex and labor trafficking as well as other special populations. She served for 8 years as the Chairperson of the Hawaii Crime Victim Compensation Commission and taught a course in "Crime Victims and the Criminal Justice System" at Hawaii Pacific University for over 15 years.

One CAH Program Specialist has a Masters in Social Work degree with 2 years of experience working with sexually abused youth. The other CAH Program Specialist position is currently vacant. Prospective candidates for this position will have a Masters in Social Work or Masters of Marriage and Family Therapy graduate degree as well as a minimum of 2 years of experience working with atrisk and/or abused youth. CAH's Enhancements Coordinator has an Associates degree in law science and over 6 years in facilitating community projects.

The program staff is assisted by three graduate student level interns in Social Work under the close supervision of Director of Programs. In addition, a licensed child psychiatrist with 15 years in medical practice provides bi-monthly consultation with CAH staff on a pro-bono basis.

The following is a list of contracts, both private and public, which support CAH's skills and experience pertinent to this request:

Dept. of Health – CAMHD, HEART Program Contract #06-032 Dept. of Health – CAMHD, Ho'omaka Program Contract #08-017 Hawaii State Legislature – The Judiciary, Grant in Aid, J08127 Hawaii State Legislature – The Judiciary, Grant in Aid, J09039 Hawaii State Legislature – The Judiciary, Grant in Aid, J11184 Hawaii State Legislature – The Judiciary, Grant in Aid, J13147 Dept. of Human Services, Office of Youth Services, Contract #DHS-12-OYS-218 Hawaii Community Foundation, Geist Foundation, PIN Grant/Enhancements: 2000-2013 Bank of Hawaii, Theresa Hughes Trust, PIN Grant/Enhancements: 2000 - 2013

#### B. Facilities

CAH offices (6,816 sq. ft.) are located on the 4<sup>th</sup> floor of the Castle & Cooke Community Service Center on N. Vineyard Blvd. The building and our offices meet ADA compliance standards. Our program services are primarily conducted in our office premises or at community sites on Oahu.

# V. Personnel: Project Organization and Staffing

A. Proposed Staffing, Staff Qualifications, Supervision and Training

See Section IV-A above.

## B. Organization Chart

See Attachment A.

## VI. Other

## A. Litigation

No pending litigation.

#### B. Licensure or Accreditation

Not applicable.

# **BUDGET REQUEST BY SOURCE OF FUNDS**

(Period: July 1, 2013 to June 30, 2014)

App The Children's Alliance of Hawaii, Inc.

	BUDGET	Total State	Other Funds		
l c	CATEGORIES	Funds Requested (a)	(b)	(c)	(d)
A.	DEBSONNEL COST	(a)	(5)	(6)	(0)
Α.	PERSONNEL COST  1. Salaries	100,400	81,110		İ
l	Payroll Taxes & Assessments	14,500	11,720		
ĺ	3. Fringe Benefits	18,700	11,750		
	TOTAL PERSONNEL COST	133,600	104,580		
В.	OTHER CURRENT EXPENSES	100,000	101,000		
J .	Airfare, Inter-Island	0	0		
	2. Insurance	900	3,985		
ĺ	Lease/Rental of Equipment	1,000	4,695		f
	Lease/Rental of Space	14,000	66,135		
1	5. Staff Training	400	2,850		
	6. Supplies	400	1,635		
	7. Telecommunication	1,500	6,230		
	8. Utilities		0		
	9. Accounting & Auditing	4,400	20,600		
	10. Postage	300	1,650		
	11. Printing	300	1,325		
	12. Phone	500	2,185		
	13. Payroll Fees	700	3,040		
	14. Staff Mileage	2,000	6,560		
	15				
	16				
	17				
	18				
	19	·			
	20				
	TOTAL OTHER CURRENT EXPENSES	26,400	120,890		
C.	EQUIPMENT PURCHASES				
D.	MOTOR VEHICLE PURCHASES				
E.	CAPITAL				
то	TAL (A+B+C+D+E)	160,000	225,470		
			Budget Prepared	Bv.	
90	URCES OF FUNDING		Dauget Frepareu	<b>∟</b> y.	
50		100.000	l		
	(a) Total State Funds Requested		Joan I. Naguwa		599-2955 x 215
	(b) Trusts & Foundations	100,000			
	(c) Individual & Corporate Contri	68,800			
	(d)				
			Joan I. Naguwa, Preside	ent/Executive Director	
TO	TAL BUDGET	328,800	Name and Title (Please		•
. •		-20,000		-yp or printy	

# BUDGET JUSTIFICATION PERSONNEL - SALARIES AND WAGES

Applicant:	The Children's Alliance of Hawaii, Inc.				
		Period: July	1, 2013	to June 30	, 2014

POSITION TITLE	FULL TIME EQUIVALENT	ANNUAL SALARY A	% OF TIME ALLOCATED TO GRANT REQUEST B	TOTAL STATE FUNDS REQUESTED (A x B)
President/Executive Director	1	76,000.00	5.00%	3,800.00
Director of Programs	1	56,100.00	70.00%	\$ 39,270.00
HEART Program Specialist	1	39,520.00	70.00%	\$ 27,664.00
Ho`omaka Program Specialist	0.5	22,620.00	70.00%	\$ 15,834.00
Enhancements Coordinator	0.47	19,760.00	70.00%	\$ 13,832.00
				\$ -
				\$ -
				\$
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				-
TOTAL:				100,400.00

JUSTIFICATION/COMMENTS: These positions are critical to the successful implementation of the proposed project.

## **BUDGET JUSTIFICATION - EQUIPMENT AND MOTOR VEHICLES**

NO. OF

**COST PER** 

TOTAL

Applicant: The Children's Alliance of Hawaii, Inc. Period: July 1, 2013 to June 30, 2014

**DESCRIPTION** 

EQUIPMENT		ITEMS	ITEM	C	OST	BUDGETED
	<del></del>			\$	-	5050E: 25
				\$		
					-	
				\$	-	
				\$		
				\$		
	TOTAL:					
JUSTIFICATION/COMMENTS:						
•						
DESCRIPTION		NO. OF	COST PER	тс	OTAL	TOTAL
DESCRIPTION OF MOTOR VEHICLE		NO. OF VEHICLES	COST PER VEHICLE	1	OTAL OST	TOTAL BUDGETED
		h .	\ \	С	j j	
		h .	\ \	\$	OST	
		h .	\ \	\$ \$	OST	
		h .	\ \	\$ \$ \$	<u>-</u>	
		h .	\ \	\$ \$ \$ \$		
		h .	\ \	\$ \$ \$	<u>-</u>	
	TOTAL:	h .	\ \	\$ \$ \$ \$		
OF MOTOR VEHICLE	TOTAL:	h .	\ \	\$ \$ \$ \$		
	TOTAL:	h .	\ \	\$ \$ \$ \$		
OF MOTOR VEHICLE	TOTAL:	h .	\ \	\$ \$ \$ \$		

TOTAL

# BUDGET JUSTIFICATION CAPITAL PROJECT DETAILS

Applicant:	The Children's Alliance of Hawaii, I	nc.	_	
		Period:	July 1, 2013 to	June 30, 2014

TOTAL PROJECT COST	ALL SOURCE RECEIVED IN	S OF FUNDS PRIOR YEARS	STATE FUNDS REQUESTED	OF FUNDS REQUESTED	FUNDING R SUCCEEDI	EQUIRED IN NG YEARS
	FY: 2011-2012	FY: 2012-2013	FY:2013-2014	FY:2013-2014	FY:2014-2015	FY:2015-2016
PLANS						
LAND ACQUISITION			<u> </u>		·	
DESIGN						
CONSTRUCTION						
EQUIPMENT						
TOTAL:						

## DECLARATION STATEMENT OF APPLICANTS FOR GRANTS AND SUBSIDIES PURSUANT TO CHAPTER 42F, HAWAI'I REVISED STATUTES

The undersigned authorized representative of the applicant certifies the following:

- 1) The applicant meets and will comply with all of the following standards for the award of grants and subsidies pursuant to Section 42F-103, Hawai'i Revised Statutes:
  - a) Is licensed or accredited, in accordance with federal, state, or county statutes, rules, or ordinances, to conduct the activities or provide the services for which a grant or subsidy is awarded;
  - b) Complies with all applicable federal and state laws prohibiting discrimination against any person on the basis of race, color, national origin, religion, creed, sex, age, sexual orientation, or disability;
  - c) Agrees not to use state funds for entertainment or lobbying activities; and
  - d) Allows the state agency to which funds for the grant or subsidy were appropriated for expenditure, legislative committees and their staff, and the auditor full access to their records, reports, files, and other related documents and information for purposes of monitoring, measuring the effectiveness, and ensuring the proper expenditure of the grant or subsidy.
- 2) The applicant meets the following requirements pursuant to Section 42F-103, Hawai'i Revised Statutes:
  - a) Is incorporated under the laws of the State; and
  - b) Has bylaws or policies that describe the manner in which the activities or services for which a grant or subsidy is awarded shall be conducted or provided.
- 3) If the applicant is a non-profit organization, it meets the following requirements pursuant to Section 42F-103, Hawai'i Revised Statutes:
  - a) Is determined and designated to be a non-profit organization by the Internal Revenue Service; and
  - b) Has a governing board whose members have no material conflict of interest and serve without compensation.

Pursuant to Section 42F-103, Hawai'i Revised Statutes, for grants or subsidies used for the acquisition of land, when the organization discontinues the activities or services on the land acquired for which the grant or subsidy was awarded and disposes of the land in fee simple or by lease, the organization shall negotiate with the expending agency for a lump sum or installment repayment to the State of the amount of the grant or subsidy used for the acquisition of the land.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

The Children's Alliance of Hawaii, Inc.	
(Typed Name of Individual or Organizati	on)
	01/31/13
	(Date)
Joan I. Naguwa	President/Executive Director
(Typed Name)	(Title)