

LATE

ChunOakland2 - Tyrell

From: mailinglist@capitol.hawaii.gov
Sent: Tuesday, January 31, 2012 10:14 AM
To: HMS Testimony
Cc: Brenda.Kosky@gmail.com
Subject: Testimony for SB2320 on 1/31/2012 1:15:00 PM

Testimony for HMS 1/31/2012 1:15:00 PM SB2320

Conference room: 016
Testifier position: Support
Testifier will be present: Yes
Submitted by: Brenda Kosky
Organization: Consumer Family & Youth Alliance
E-mail: Brenda.Kosky@gmail.com
Submitted on: 1/31/2012

Comments:

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The Twenty-Sixth Legislature
Regular Session of 2012

THE SENATE

Committee on Human Services
Senator Suzanne Chun Oakland, Chair
Senator Les Ihara, Jr., Vice Chair
State Capitol, Conference Room 016
Tuesday, January 31, 2012; 1:15 p.m.

**STATEMENT OF THE ILWU LOCAL 142 ON S.B. 2320
RELATING TO AGING**

The ILWU Local 142 supports S.B. 2320, which establishes the Aging and Disability Resource Center in the Executive Office on Aging and appropriates funds for the ADRC, Kupuna Care, Healthy Aging Partnership, senior centers, and elder registration services.

The elderly population in Hawaii is increasing, and most of us are ill-prepared for the challenges of living longer. S.B. 2320 is intended to address many of the needs of growing old in Hawaii. The Health Aging Partnership is a way to keep people healthy as they age. Senior centers also provide support for healthy aging. As seniors grow to need more services, Kupuna Care should be available to help them remain in their homes and stay out of costly institutions.

Services to seniors are available, but not readily coordinated. The Aging and Disability Resource Centers statewide will be the "one-stop shop" to provide the public with information about the array of services that are available. No longer will those seeking services need to scour telephone directories or rely on random referrals from friends and co-workers to find the services they need for themselves or their family members. In addition, through the ADRCs, gaps in services can be identified and addressed.

The ILWU urges passage of this comprehensive bill to address the needs of the elderly in Hawaii. Thank you for the opportunity to testify on this important matter.

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January 30, 2012

To: The Honorable Senator Suzanne Chun Oakland, Chair
Members of the Senate Committee on Human Services

From: Michael Lee, Interim Executive Director

RE: **Waikiki Community Center Support for SB2320**

Hearing Date: Tuesday, January 31, 2012
Time: 1:15 p.m.
Place: Conference Room 016

Dear Chair Suzanne Chun Oakland, Senator Brickwood Galuteria and Distinguished Members of the Senate Committee on Human Services:

My name is Michael Lee, Interim Executive Director of Waikiki Community Center (WCC).

Waikiki Community Center (WCC) is a nonprofit 501(c)(3) agency that has provided services to Waikiki's elders since 1978 and currently serves over 500 older persons annually. Our Senior Program provides vital fitness, cognitive stimulation, social connectivity, education and case management support that enables our elderly to maintain wellness and age in place with dignity for as long as it is possible.

We support SB2320.

Waikiki Community Center is a community-based focal point for seniors to receive needed services and activities that support their independence and avoid pre-mature institutionalization, which we know would save the State of Hawai'i thousands of dollars per person in long-term annual care costs. The Center provides a continuum of over 80 educational, recreational and social services, including health screenings, financial education, physical fitness classes, information and assistance, counseling and case management by a licensed social worker, that helps seniors not only maintain their independence and health, but also assists them as they transition through life changes.

WCC utilizes a preventative health, community-based model for services to older adults, with a focus on 3 major areas that national research documents as imperative to maintaining the ability to age in place:

- physical activity;
- new learning or cognitive stimulation; and
- social connections

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To: The Honorable Senator Suzanne Chun Oakland, Chair
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From: Michael Lee, Interim Executive Director

RE: **Waikiki Community Center Support for SB2320**

The importance of this 3-pronged approach is based on the following evidence: The Bureau of Labor and Statistics states that only 2% of adults aged 75 and older are involved in exercise or recreational activity. Fifty-four (54%) percent spent their time watching TV. It is well established that physical activity, such as the programs and activities offered at the Waikiki Community Center, promotes physical and mental health and stimulates cognitive functioning. Exercise also reduces the risk of dementia by 50%, even among people who begin exercise after age 60.

According to research at the Rush Alzheimer's Disease Center, "Loneliness and Risk of Alzheimer's Disease", loneliness has a negative impact on cognitive health and increases the risk of dementia. Elders with higher loneliness scores may be twice as likely to develop dementia. In a study of 7 senior centers in 7 states, over 90% of seniors indicate that they have developed important close friendships at senior centers that provide them with emotional security and comfort.

For the elders of Waikiki, this is especially important. Approximately 25% of Waikiki's 20,000 residents are over the age of 60 years old. Waikiki has one of the highest numbers of senior citizens per area density on Oahu. Waikiki elders live alone among a proliferation of secured, mixed residential condominiums, and are especially at risk to social isolation and physical and cognitive deterioration. The typical elderly resident is female, mid 70's, living alone, with little or no family support systems nearby. When they become frailer, they have little choices of independent living and are often confused by services available to support them. Waikiki Community Center's continuum of services, ranging from health maintenance activities to case management and counseling provide the needed support to these elders.

While we understand the great financial challenges faced by the State of Hawaii the Waikiki Community Center remains in jeopardy of discontinuing its services to seniors in the community unless it can secure \$60,000. We have already reduced some services to our seniors, furloughed program staff in order to keep the program operations available to the community, and will likely terminate case management and counseling services for older adults if funds are not available.

Thank you for this opportunity to testify.

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Senate Committee on Human Services

Committee Hearing on SB 2307 and 2320

Tuesday, January 31, 2012

1:15 pm, Conference Room 016

Chair Chun Oakland and members of the Senate Committee on Human Services;

Thank you for this opportunity to testify on behalf of **SB 2307** and **SB 2320**. I am Jill Kitamura, Senior Program Director with the Moiliili Community Center Senior Center Program.

RE: SB 2307, Relating to Kupuna Care. We are in favor of appropriating the funds for Kupuna Care services which are vital in keeping our seniors at home and independent as long as possible. We are not in favor of the sliding fee schedule as it has been tried before, and it was difficult to implement.

RE: SB 2320, Relating to Aging. We are in favor of all sections.

We wish to amend **Part IV, Section 9** to read: There is appropriated out of the general revenues of the State of Hawaii the sum of **\$285,000** or so much thereof as may be necessary for fiscal year 2012-2013 to provide funding for grants, pursuant to chapter 42F, Hawaii Revised Statutes, for senior centers and to be distributed as follows:

- (1) **Catholic Charities Hawaii for Lanakila Multi-Purpose Senior Center, \$175,000**
- (2) **Moiliili Community Center for Moiliili Senior Center Program, \$50,000**
- (3) **Waikiki Community Center, \$60,000**

The sum appropriated shall be expended by the Department of Health's Executive (Office on Aging for the purposes of this part.

The senior center programs at the different community centers help the senior to remain independent at home and in their community, a cost saving alternative to being institutionalized. Being socially involved keeps the mind active, exercise classes help with one's physical fitness, learning new things and the awareness of resources in the community -- all contribute to the well being of the senior. These seniors not only gain personally but contribute back to the community in many ways.

Kupuna Care Services are essential to helping seniors stay in their homes as long as possible. They provide important services, such as case management, transportation, bathing, meals, respite for the caregiver. Seniors can and will contribute for services, but many cannot afford the actual cost of these services. These lower income, gap group individuals will fall very quickly, needing institutional care earlier than if intervention services were readily available.

I urge you to seriously consider programs and services for seniors to be one of your priority areas. Thank you for your kind attention.

Jill T. Kitamura
Program Director
Moiliili Senior Center
Moiliili Community Center
2535 South King Street
Honolulu, Hawaii 96826
Ph: (808) 955-1555

LATE



To: Committee on Human Services
Senator Suzanne Chun Oakland, Chair

Date: January 31, 2012, Conference Room 016, 1:15 p.m.

Re: **SB2320 – RELATING TO AGING**

Chair Chun Oakland and Committee Members:

My name is Barbara Kim Stanton, State Director of AARP Hawaii. AARP is a membership organization of people 50 and older with nearly 150,000 members in Hawaii. We are committed to championing access to affordable, quality health care for all generations, providing the tools needed to save for retirement, and serving as a reliable information source on issues critical to Americans age 50+.

AARP strongly supports SB2320. This bill establishes the Aging and Disability Resource Center (ADRC) as the single access point for long-term care (LTC) options; enhances the Kupuna Care program; engage seniors in healthy aging partnership programs; and appropriates funds out of general revenues for the Aging and Disability Resource Center; Kupuna Care program; and other programs. In particular, AARP especially supports the funding for the Kupuna Care program, and the ADRC.

Kupuna Care

This bill appropriates an additional \$4.2 million out of the general revenues of the State of Hawaii for fiscal year 2012-2013 for the continued maintenance and growth of the Kupuna Care program. This additional appropriation is needed as the current \$4.85 million base budget appropriation has remained unchanged since 2002, even though demand for services has increased as a result of our rapidly aging population.

In 2011, the Kupuna Care program served 4,836 persons statewide, at a cost of \$103 per month, per person. The additional \$4.2 million appropriation is projected to serve up to an additional 3,398 persons depending on the level of impairment.

Seniors and caregivers need assurances that they will continue receiving occasional, yet critical respite services that enables them to live in their homes as long as possible.

Aging and Disability Resource Center

This bill appropriates \$1,427,461 for fiscal year 2012-2013 for the expansion of the ADRC statewide, as it is in various stages of development in each county, and specifically to implement fully functional ADRCs on Maui and Kauai. This appropriation is necessary as Hawaii's ADRC program needs improvement. AARP's recently published State Long-Term Services and Support Scorecard ranks Hawaii 41st in ability to access LTC through an ADRC or other single entry point.

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The ADRC program provides the state with an opportunity to effectively integrate the full range of LTC into a single, coordinated system.

The passage of this bill is vital to support the increasing demand for service from our rapidly aging population:

- Approximately one out of every five (20%) Hawaii residents are over 60 years old.
- Hawaii's population over age 65 is increasing rapidly and projected to increase by 71% between 2010 and 2030.
- Approximately 247,000 family caregivers are the backbone of Hawaii's long-term care system and currently provide nearly \$2 billion a year of unpaid caregiving services.
- The number of family caregivers is declining. The primary family caregiver group is 50-64 years old. This group will decline by 10% by 2030, and cause further strain on seniors and remaining caregivers.

We urge you to support seniors by passing SB2320 as it funds safety net programs that support our most vulnerable population – the elderly, caregivers, and seniors.

Thank you for the opportunity to provide our testimony.