

TESTIMONY

GM546

**HTH
Confirmation Hearing
03-14-2012**

Aloha,

Mahalo for considering me as a Gubernatorial Nominee for Mental Health and Substance Abuse, Maui Service Board. I feel that it is quite an honor.

My name is Susan King and I have been a Maui Resident for over 40 years. I graduated from Lahainaluna High School in 1969.

After the death of my children's father, I became quite depressed and was diagnosed with Major Depression. Unfortunately, I went off my medication because I thought that I was cured. Eleven years later, my second husband passed away and unfortunately, I had been self medicating during those eleven years with alcohol, cocaine and crystal meth. After becoming homeless and a suicide attempt, I was placed in a behavioral health center in California. Upon my release, I went to Washington State to heal with relatives. I was hospitalized once again and became stable on my medications. Unfortunately, I didn't face my issues with substance abuse. Upon my return home to Maui and my family I became involved with Hale o Lanakila, the Maui Clubhouse. That is where my story of recovery actually begins. I wholeheartedly believe in recovery. Today I am a vital part of my community; I have been a strong advocate for my peers in mental health and substance abuse as a positive role model.

I have attached my current resume to this email. I feel that it exemplifies why I feel that I would be a valuable member of this board. I now have a supportive family and am looking forward to being even more active in my community as a Hawaii'i Certified Peer Specialist. I am thankful to the State of Hawaii and the Adult Mental Health Division for educating me in so many areas and making me a better daughter, sister, mother, grandmother and making me see my self worth and ability to help others on their personal road to recovery.

--

Susan King

Susan Carol King
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Three years progressive work as a mental health consumer advocate, demonstrating a consistent track record of outstanding leadership skills as a board member, board chair, facilitator, trainer of mental health agencies in Hawaii. Effective communicator and problem solver, who is a team player and possesses the drive to help others succeed in their recovery from mental illness.

CERTIFICATES:

2011:

Hawai'i Certified Peer Specialist- current
 Wellness Recovery Action Plan (WRAP)
 WRAP Facilitator, Intentional Peer Support –training
 Network of Care (NOC) training
 Trauma Informed Care
 "Alternatives" conference, Orlando, FL

2010:

"Understanding and Responding in a Trauma-Informed Way"
 Volunteer Advocate Media Training through Mental Health Transformation
 State Incentive Grant (M.H.T.S.I.G)
 "Train the Trainer" for Volunteer Speakers Bureau
 "BRIDGES" Building Recovery in Individuals Dreams and Goals through
 Education.
 HANO (Hawaii Association of Non-Profit Organization)
 Trainings to be an effective non-profit and how to form a 501c3 and Board
 of Directors.
 "Alternatives" conference Anaheim, CA

2009:

A.S.I.S.T. Training for suicide intervention.
 Volunteer Speakers Bureau
 MISA (Mental Illness Substance Abuse) workshop through AMHD

2008:

International Center for Clubhouse Development (ICCD), Gateway House, South Carolina, Development of certified Clubhouse.

Current Trainings:

Hawai'i Certified Peer Specialist Training
"Seeking Safety"

Activities:

2011-2012 State of Hawaii-Maui Service Area Board -Consumer representative.

2011-2013 United Self Help- Board Chair

2010-2012 Mental Health America/Hawai'i Maui County- Board Secretary

2009-present Lanakila Club - Board Member of Non Profit

2009-present Iao Preschool Board Member

Consumer, Family & Youth Alliance Planning Committee Member-
Statewide

2010 – 2012 Co-facilitator for the Maui CFY Alliance Conference

2009-present Founder and co-facilitator of Furlough Friday Support Group at Wells Park, currently known as the Wells Street Park Support Group.

EDUCATION: 1987- Maui Community College - Associates of Science Human Services with an emphasis on Early Childhood Education

Green4 - Mailene

From: mailinglist@capitol.hawaii.gov
Sent: Thursday, March 08, 2012 9:24 PM
To: HTHTestimony
Cc: robertscottwall@yahoo.com
Subject: Testimony for GM546 on 3/14/2012 1:30:00 PM

Testimony for HTH 3/14/2012 1:30:00 PM GM546

Conference room: 229
Testifier position: Support
Testifier will be present: No
Submitted by: Scott Wall
Organization: Consumer, Family, & Youth Alliance
E-mail: robertscottwall@yahoo.com
Submitted on: 3/8/2012

Comments:

My name is Scott Wall and on behalf of the Consumer, Family, & Youth Alliance we would strongly like to support the nomination of Susan King to the Maui Area Service Board. We know that she will be a great voice in support of the consumers of Hawaii.

Scott Wall

Administrator (Oahu)

Consumer, Family, & Youth Alliance