

CUAtestimony

From: mailinglist@capitol.hawaii.gov
Sent: Thursday, March 24, 2011 4:29 PM
To: CUAtestimony
Cc: klein@m4law.com
Subject: Testimony for HCR20 on 3/28/2011 11:00:00 AM

LATE TESTIMONY

Testimony for CUA 3/28/2011 11:00:00 AM HCR20

Conference room: 329
Testifier position: support
Testifier will be present: No
Submitted by: Robert G. Klein
Organization: Individual
Address:
Phone:
E-mail: klein@m4law.com
Submitted on: 3/24/2011

Comments:

HCR 20 would allow a Sunrise Analysis of the Music Therapy profession for the purpose of determining whether the profession should be subject to state regulation. There is no downside to at least submitting a Resolution to the Auditor and obtaining a report prior to next session as required by HRS Sec 26H-6. Given that the clients of music therapists are handicapped, disabled and special needs people, the music therapy profession caters to the needs of the most vulnerable members of our society. The need for consumer protection is apparent. While I hope the auditor concludes in her report next year, there is no good reason why a report should not be done. I support the Resolution and support the desire of the profession to be regulated. I do so on behalf of our family, including my special needs son, and those similarly situated in our state. Thank you.



HALE NA'AU PONO
 Wai'anae Coast Community Mental Health Center, Inc.
 86-226 Farrington Highway
 Wai'anae, Hawaii 96792
 Telephone: (808) 696-4211 FAX: (808) 696-5516

LATE TESTIMONY

To: Representative Jessica Wooley, Chair,
 Representative Della Au Belatti, Vice Chair, and
 Members of the House Committee on Culture & the Arts

Hearing Date: Monday, March 28, 2011

Hearing Time & Place: 11:00AM
 Conference Room 329

RE: SUPPORT FOR HCR20 – REQUESTING THE AUDITOR TO PERFORM A SUNRISE ANALYSIS OF THE REGULATION OF THE PROFESSION OF MUSIC THERAPY

Ka Wahi Kaiaulu-Wai'anae Neighborhood Place is a program of Hale Na'au Pono, a community based, non-profit 501 (c) (3) organization that is committed to support humane and resilient communities of the Wai'anae Coast. As well as the importance of partnerships necessary to work with our families in providing whole, and not fragmented services. We have been involved in a continual collaborative process and observe the necessity and urgency of such a beneficial service to the entire coastline. Due to the family support and referral linkage services that we offer, it is essential that both risk and protective factors are identified, resources located and wellness revealed. By building upon existing community resources, better communities will thrive and flourish.

I am writing in strong support of HCR 20, which is asking for a Sunrise Analysis on music therapy, which requests the State Auditor to investigate the profession of music therapy. We have partnered with Sounding Joy Music Therapy, Inc. since 2008 and offered their music therapy family mediation and youth group services to our families. Of which we had seen first hand improvement in the individuals participating in services as the sessions progressed. There was an increased observation of: youth cooperating and displaying appropriate social behaviors; youth and families communicating better (especially listening to one another), and self esteem self confidence and emotional expression among participants. In most situations, dramatic progress by participant, both adults and youth were witnessed and well documented.

I am in favor of the Sunrise Analysis of the regulation of the music therapy profession. Mahalo for this opportunity to testify.

Barbie-Lei Burgess, Program Director
 Ka Wahi Kaiaulu-Wai'anae Neighborhood Place
 Hale Na'au Pono
 Phone: 696-4598

Ka Wahi Kaiaulu-Wai'anae Neighborhood Place

Located at 85-979 Mill Street **Mailing Address** at 86-226 Farrington Highway Wai'anae 96792

Telephone: 696-4598

FAX: 697-1502

E-mail: wnp-bfc@wccmhc.org

LATE TESTIMONY

COVER SHEET

Testifier's name with position/title and organization:

Nancy Graber Canubida, Psy. D, LCSW
The Institute For Family Enrichment

The Committee the comments are directed to:

House committee on Culture & the Arts

The date and time of the hearing:

Monday, March 28, 2011 at 11:00 AM

Measure number:

HCR 20

The number of copies the Committee is requesting:

12



The Institute For Family Enrichment
615 Piiko'i Street, Suite 105 • Honolulu, HI 96814
Phone: (808) 596-8433 • Fax: (808) 591-1017 • www.tiffe.org

LATE TESTIMONY

4/3/09

To Whom It May Concern:

This letter comes as an affirmation of the excellence of the program of Sounding Joy Music therapy, Inc. As a psychotherapist who works with troubled and dysfunctional families, I can personally attest to the quality of this program. I have witnessed firsthand the care and skill of music therapists, such as Yoshime Otake. The distinctive persistence of the program coordinator, Karen Kei, has helped local families to have access to music therapy where it most likely would not have been available.

In addition, while I am sure there are others, one of the areas of the program that I am now aware of is an educational component for the community. By co-sponsoring several lectures by a distinguished and brilliant music therapist, Dr. Reiner Haus, Sounding Joy was able to help make the value of music therapy understandable to many people in the community who otherwise would not know much about it.

Sincerely,

Nancy Graber Canubida, Psy D, LCSW
Nancy Graber Canubida, Psy. D, LCSW

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CUAtestimony

From: mailinglist@capitol.hawaii.gov
Sent: Monday, March 28, 2011 2:32 AM
To: CUAtestimony
Cc: r.haus@kinderklinik-datteln.de
Subject: Testimony for HCR20 on 3/28/2011 11:00:00 AM
Attachments: Letter of recommendation reg HCR20.doc

LATE TESTIMONY

Testimony for CUA 3/28/2011 11:00:00 AM HCR20

Conference room: 329
Testifier position: support
Testifier will be present: No
Submitted by: Reiner
Organization: EU- Commissions Paediatric network EUROPET
Address:
Phone:
E-mail: r.haus@kinderklinik-datteln.de
Submitted on: 3/28/2011

Comments:

Letter of recommendation reg. House Bill 559, concerning the Licensure of Music Therapists, at the Hawaii State House

Dear Ladies and ´Gentlemen,

I would like to recommend the music therapy service provided by Sounding Joy Music Therapy Inc. Hawaii (in the following text SJMT) for the hearing regarding the licensure of Music Therapists in the State of Hawaii.

Personal background:

I got to know Sounding Joy Inc. since 2006 due to my position as EU Commissions paediatric network co-ordinator for music therapy.

As part of a profound transatlantic strategy concept for music therapy academic and infrastructure development in the State of Hawaii SJMT invited me as guest lecturer for music therapy supportet by the German Academic Exchange Service (www.daad.de) in 2006, 2007, 2008, 2009, 2010 and 2011 at the University of Hawaii (John A. Burns School for Medicine and Faculty for Music) and the Hawaii Pacific University (College for humanities and College for Nursing and health science).

Scientific and political background:

Music Therapy is a WHO acknowledged health care profession with a 40 years period of academic and research development world wide as well as with focus in the USA and in Europe. Music Therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program. (American Music Therapy Association, 2005)

There is no question, that recent findings of music therapy research (significant efficacy in treatment of several diseases / disorders, such as in i.e. neurology, neurorehabilitation and neuropaediatrics, developmental disorders like ASD, audiology and cochlea implant rehabilitation, psychosomatics, psychiatry and geriatric, perinatal medicine and intense care,) are acknowledged by the medical and psychotherapeutic professional community and meet in all respects the scientific standards of evidence proof. The licensure of Music therapist has been already proceeded in many European countries, from which I had the honor

to be responsible for the acknowledgement in the Republic of Latvia (Chair of Music therapy at the University Liepaja / Latvia).

In the past 5 years I had the privilege to talk to several parents, whose children got music therapy treatment from music therapists of Sounding Joy Inc. All of the parents I met talked in every respect very positive about the way, how the therapists worked with their children. They told me, that they had somehow been already on long journeys through hospitals, clinics and examinations before coming to SJMT, where they found the first time real support and help for their kids through the music therapy approach, which was evaluated and documented as significant progress in development and recovering.

Some Since I am responsible for the academic and infrastructure development of music therapy in the EU paediatric network EUROPET (www.europet.org) I can state the high value of music therapy treatment in social and health care stationary and outpatient clinic services. Due to this background I can strongly recommend Music Therapy as WHO acknowledged health care profession for the Licensure in the State of Hawaii

For any further questions do not hesitate to contact me.

With highest regards,

Dr. Reiner Haus
EU Pediatric Network EURO-PET Co-ordinator Music Therapy

Dr. rer.medic. (Univ. Witten-Herdecke)
Dr. h.c. (Univ. Liepaja / Lettland)
Dipl. Musiktherapeut / Dipl. Heilpädagog

Vestische Kinder-und Jugendklinik Datteln Universität Witten/Herdecke
Abteilung Musiktherapie
Dr. Friedrich Steiner Str. 5
D-45711 Datteln / Germany
Tel.: (+49) 02363 975 489
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Dipl. Musiktherapeut / Dipl. Heilpädagoge

Vestische Kinder-und Jugendklinik Datteln

Universität Witten/Herdecke

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Mail to: r.haus@kinderklinik-datteln.de

1314 South King Street, #711
Honolulu, HI 96814
Phone/Fax: (808) 593-2620

To: Representative Jessica Wooley, Chair, and the members of
House Committee on Culture & the Arts

Hearing Date: Monday, March 28, 2011
Hearing Time & Place: 11AM, Conference Room 329

Re.: HCR20, relating to Music Therapy

Thank you for your dedicated public service and this hearing to express my support for regulating our profession in Hawaii. I am a board-certified music therapist (MT-BC), providing varieties of Hawaii residents with music therapy since 2000. As an allied health profession, recognized by the National Institutes of Health, and other major federal organizations, music therapists must earn a bachelor's degree or higher in music therapy from one of over 70 American Music Therapy Association (AMTA) approved colleges and universities. Upon successful completion of academic requirements, clinical training, and the national board certification exam, graduates are issued the credential necessary for professional practice, Music Therapist - Board Certified (MT-BC).

The music therapists in Hawaii are part of a task force seeking to pursue State recognition of the profession and the board certification required for practice. We understand the importance of obtaining official State recognition in order to increase access to services for the citizens of our State. Although the State of Hawaii has previously provided funding for music therapy through the Department of Education, Department of Health, Department of Human Services, and other local agencies, we are seeking support for more formal inclusion in the State's occupational listings.

Over the past 10 years, I have witnessed greater needs of State regulation of our field, as music therapy services are substituted by individuals from other disciplines, denied for our kids when they mostly need them, and often inaccessible due to lack of 3rd party reimbursements in Hawaii. At this time, I would like to ask the State to take a good look at our profession, which requires and abides in specific educational and professional standards and ethics that ultimately protect our clients. To possibly help starting this investigation, I have attached following documents for your convenience to my testimony:

1. Joint brochure of AMTA and Certification Board for Music Therapists (CBMT)
2. Brochure of Sounding Joy Music Therapy, Inc.
3. PDF document, "Music Therapy: Facts & Qualifications", an overview of our profession
4. Copy of Proclamation by the City of Honolulu
5. Copy of Certificate by the State House of Representatives

I am more than happy to assist the State's effort to examine our profession in any ways the legislative sessions want. We are so confident that AMTA, CBMT and our local organization, Sounding Joy Music Therapy, Inc., can provide enough evidence to prove Hawaii music therapists' professional qualification on the State level. And most of all, we, Hawaii's music therapists, want to serve our people the best possible way we can through our special knowledge and skills, for which the State recognition is inevitable. Thank you for your time and attention.

Sincerely,

Keiko Kajiwara, MME, MA, MT-BC
President
Sounding Joy Music Therapy, Inc.
Email: kkajiwara@soundingjoymt.org

WHAT IS MUSIC THERAPY?

Music therapy is a well-established health profession consisting of clinical and evidence-based uses of music interventions to accomplish individualized goals. After assessing clients' strengths and needs, Board-Certified Music Therapists design sessions specifically tailored to individuals. Research in music therapy supports the effectiveness of interventions that target cognitive, physical, social, emotional, behavioral, and/or communication needs.



Music Therapists Help Individuals With:

- * Alzheimer's Disease and Dementia
- * Autism and Developmental Disabilities
- * Brain Injuries, Parkinson's, and Stroke
- * Cancer
- * End of Life Issues
- * Learning Disabilities
- * Mental Health Concerns
- * Pain and Chronic Illness
- * Physical Disabilities
- * Sensory Impairments
- * Substance Abuse

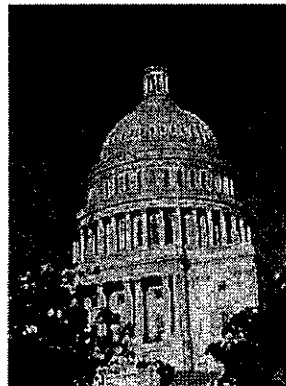
For more information on specific initiatives, on music therapy, or on board certification, contact:

American Music Therapy Association

8455 Colesville Road, Suite 1000
Silver Spring MD 20910
www.musictherapy.org
Phone: 301-589-3300
Email Contact: Judy Simpson
simpson@musictherapy.org

Certification Board for Music Therapists

506 E. Lancaster Avenue, Suite 102
Downingtown PA 19335
www.cbmt.org
Phone: 800-765-CBMT (2268)
Email Contact: Dr. Dena Register
dregister@cbmt.org



MUSIC THERAPY



AMTA & CBMT

Working Together to
Increase Access to Quality
Music Therapy Services

WHAT IS CBMT?

The Certification Board for Music Therapists (CBMT) is a certifying agency and non-profit 501(c)(6) corporation fully accredited by the National Commission for Certifying Agencies. Established in 1983, its role is to create a Scope of Practice representing competent practice in the profession of music therapy and to administer a credentialing program to evaluate initial and continuing competence. CBMT is committed to ensuring public protection by administering disciplinary action as outlined in the CBMT Code of Professional Practice, if necessary.



AZ music therapists thank Senator Al Melvin for sponsoring SB1376 on music therapy services and persons with disabilities.

AMTA & CBMT WORKING TOGETHER

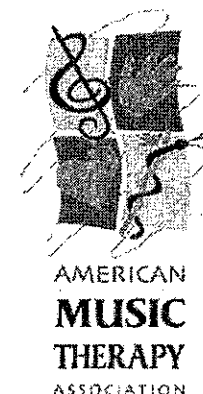
The American Music Therapy Association (AMTA) and the Certification Board for Music Therapists (CBMT) collaborate on a national initiative designed to achieve state recognition of the music therapy profession and the MT-BC credential required for competent practice by:

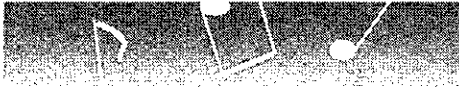
- * Educating the public about music therapy*
- * Recommending accurate language for legislation and regulations*
- * Assisting local legislators and communities with insuring access to quality music therapy services*
- * Protecting the rights of Board-Certified Music Therapists to practice*

There are over 30 states with task forces that are working on this national initiative.

WHAT IS AMTA?

The American Music Therapy Association (AMTA) is a non-profit 501(c)(3) educational organization established in 1950 to advance music therapy education, training, professional standards, and research. AMTA's mission is to advance public knowledge of music therapy benefits and increase access to quality music therapy services. AMTA provides technical support to consumers and professionals and represents the profession to federal and state legislators and agencies. Members of AMTA adhere to a Code of Ethics and Standards of Clinical Practice in their delivery of music therapy services.





<Board Support Staff>

President:

Keiko Kajiwara, MME, MA, MT-BC
Founder, Sounding Joy Music Therapy, Inc.
Board Certified Music Therapist

Vice-President:

Arthur W Harvey, BS, MM, DMA
Former Coordinator of Music Education, UH at Manoa
Publications & Research in Music Therapy

Secretary:

Karen K Kei, MMT, RMT, ACC
Registered Music Therapist, Program Coordinator

Treasurer & Secretary:

Yoshimi Otake, MA, NRMT, MT-BC
Board Certified Music Therapist, Program Assistant

<Board of Advisors>

Board Chairperson:

Elizabeth Chen Christenson, M.D.

Board Members:

Robert C Marvit, M.D.
Aida Won, M.D.
Pamela Young
Larry T Fukunaga
Master Shen Wu
Miho "Miki" May
Toni Russ



<Associates>

Honorary Scientific Advisor:

Clive Robbins, DMM
Founding Director, Nordoff-Robbins Center for Music Therapy


Scientific Advisor:

Reiner Haus, Ph.D.
Head of MT, University Children Hospital Datteln, Germany

Clinic on Maui:

Richard A Kuykendall, MS, RMT
Registered Music Therapist, Pukalani Music Therapy Center

*As of October 2010


SOUNDING JOY
MUSIC THERAPY, INC.
1314 South King Street, #711
Honolulu, HI 96814
U.S.A.
Phone/Fax: 808-593-2620



SERVICE INFORMATION



Music Therapy Makes A Difference

*A 501(c)(3) Agency
Medicare / Medicaid Participating Provider*

Phone/Fax: (808) 593-2620
Website: www.soundingjoymt.org

MUSIC THERAPY

... consists of therapeutic uses of music to address behavioral, social, psychological, physical, communicative, sensory-motor, and/or cognitive functioning. It is an allied health profession similar to occupational and physical therapy.

Music therapy may include the use of behavioral, biomedical, developmental, educational, humanistic, adaptive music instruction, and/or other models. It enhances one's quality of life, involving human relationships, which are structured and adapted through the elements of music to create a positive environment and set the occasion for successful growth and changes.

Because music therapy is a powerful and non-threatening medium, unique outcomes are possible. Music therapy is used successfully with all ages and disabilities.

We provide:

- Music Therapy direct services:
 - Consultations & session planning
 - Assessments & evaluations
 - Individual & group music therapy sessions.
- Music Therapy seminars and conferences.
- Educational services in Music Therapy.
- Studies & research in music therapy.

Please contact us for more information.

OUR MISSION

... is to enhance public awareness of benefits of music therapy, to increase accessibility to music therapy services, and to advance music therapy research, in order to improve quality of life through therapeutic uses of music.

We believe the power of music can transform people's lives significantly.



Sounding Joy Music Therapy, Inc. is Hawaii's first and only nonprofit organization, with IRS code 501(c)(3), promoting music therapy here in Hawaii. We depend on public support for fulfilling our mission. We appreciate your generosity.

Your contributions are 100% tax deductible.
 Please check, if you'd like to be a volunteer.

Contribution Form

Name: _____

Address: _____

Phone: _____

E-Mail: _____

Amount: \$ _____

Please make check payable to:

Sounding Joy Music Therapy, Inc.

1314 South King Street, #711
Honolulu, HI 96814

Mahalo nui!

Music Therapy: Facts & Qualifications

House Committee Hearing

HCR 20

March 28, 2011

What is Music Therapy?

MUSIC THERAPY IS:

MUSIC THERAPY IS NOT:

MUSIC THERAPISTS ARE NOT:

- MUSIC EDUCATORS (product vs. process)
- MUSIC/SOUND HEALERS
- MUSIC PERFORMERS
- RECREATIONAL THERAPISTS
- ACTIVITY THERAPISTS
- CERTIFIED MUSIC PRACTITIONERS
- COUNSELORS

DEFINITION OF MUSIC THERAPY

“Music Therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program.”
(American Music Therapy Association definition, 2005)

Federal and National Recognition 60 Years of Clinical History in the U.S.

- **National Institutes of Health (NIH)**
- **Centers for Medicare and Medicaid Services (CMS)**
 - Partial Hospitalization Programs (PHP) Billing Code for Music Therapy
 - Inclusion in Medicare Prospective Payment Systems (PPS)
- **International Classification of Diseases-9th Revision Manual (ICD-9)**
 - Music Therapy Procedure Code
- **General Services Administration (GSA) Schedule**
 - Music Therapy Code under *Professional And Allied Healthcare Staffing Services*
- **National Provider Identifier (NPI) System**
 - Music Therapy Taxonomy Code
- **The Joint Commission**
- **Commission on Accreditation of Rehabilitation Facilities (CARF)**

Nationwide Music Therapy Environments

- Psychiatric hospitals
- Rehabilitative facilities
- Medical hospitals
- Outpatient clinics
- Day care treatment centers agencies
- Agencies serving developmentally disabled persons
- Community mental health centers
- Drug and alcohol programs
- Senior centers
- Nursing homes
- Hospice programs
- Correctional facilities
- Halfway houses
- Schools
- Private Practice

Who can benefit from music therapy?

- **Infants**
 - **Preschoolers**
 - **School-aged**
 - **Teenagers**
 - **Adults**
 - **Older Adults**
 - **People of all ages!**
- **Individuals with:
mental health needs,
developmental and
learning disabilities,
substance abuse
problems,
brain injuries,
physical disabilities,
acute and chronic
pain,
Alzheimer's disease
and other aging
related conditions.**

Education & Clinical Training Standards for Music Therapists

- Minimum Academic Requirement:
 - Bachelor's degree in Music Therapy
 - 72 Universities in the U.S. offer music therapy degree programs, accredited by American Music Therapy Association (AMTA) and National Association of School of Music (NASM), but none in Hawaii.
 - Master's and Doctoral degrees offered at 20 universities.
- Minimum Clinical Training Requirement:
 - Supervised music therapy internship for 1,200 clinical hours at approved sites.

Education & Clinical Training Resources

AMTA Standards for Education and Clinical Training
<http://www.musictherapy.org/handbook/edctstan.html>

AMTA Professional Competencies
<http://www.musictherapy.org/competencies.html>

AMTA Standards of Clinical Practice
<http://www.musictherapy.org/standards.html>



AMTA Code of Ethics
<http://www.musictherapy.org/ethics.html>

National Credential for Music Therapists

- **Certification Board for Music Therapists (CBMT)** administers a national exam that tests potential therapists in, among other things, the areas of music knowledge, clinical interventions, and professional ethics.
 - **Board Certified Music Therapist (MT-BC)** is awarded upon passing the exam.
- **Continuing Education:** 100 credits of continuing education in every five-year cycle thereafter in order to maintain the nationally accepted.

National Credential Resources

CBMT Scope of Practice

http://www.cbmt.org/CBMT_Scope_of_Practice.pdf

CBMT Code of Professional Practice

<http://www.cbmt.org/codeofprofessionalpractice.pdf>



Music Therapists in Hawaii

- 8 Board Certified Music Therapists (MT-BCs) working in Hawaii whereas more than 5,000 MT-BCs working nationwide.
- 3 full-time and 3 part-time MT positions currently in Hawaii.
- Since 2000, Hawaii MTs have provided more than 600 individuals with music therapy.
- Hawaii MTs also provide the public education sessions to an estimated 6,000 people each year.

Where has music therapy been provided in Hawaii?

OAHU:

- 5 senior centers, 33 public & private schools, 3 hospitals, 2 homeless shelters, 6 foster homes, 2 half-way clinics, 10 community facilities, 25 private homes, and Sounding Joy's clinic

KAUAI:

- 1 senior center, 2 private homes, 1 community facility and 1 private school

MAUI & MOLOKAI:

- 1 private clinic, 1 public & 1 charter schools, and 1 community facility

BIG ISLAND:

- 1 private school, 2 community facilities, 1 private home

Who has received music therapy in Hawaii?

- About 120 at-risk youths and 25 families per year (funded by TANF grants from 2008 to 2010)
- About 50 elderly a year in day care or nursing facilities (funded by 2 facilities and SFCA grant)
- 15 school-age children in Special Education (paid by DOE from 2000 to 2010)
- 10 school-age children in Special Education (paid by PICL funds from 2001 to 2006)
- 8 children (by awards & scholarships)
- 50 Children and adults (Self-Funded)

And, more than 200 individuals and 50 facilities referred to music therapy are on-hold due to non-funding.

3rd Party Insurance Reimbursements Hawaii versus National

	<u>National</u> *	<u>Hawaii</u>
	In 2009	2001 - 2010
	among 1,970 pt	among 670 pt
■ Medicaid	5.4 %	0 %
■ Medicare	4.4 %	0 %
■ Private Insurance	4.4 %	0 %
■ TRICARE	0.4 %	0 %
TOTAL:	14.6 %	0 %

**AMTA Member Source Book 2010. Hawaii data collected by
Sounding Joy Music Therapy, Inc.*

Music Therapy Research

- *Journal of Music Therapy (AMTA)*
 - *Music Therapy Perspectives (AMTA)*
 - *Music Therapy Today (WFMT)*
 - Music therapy journals from Europe, Latin-America, Canada, Australia, and Asia.
 - US Senate Hearing *Forever Young* 1992
- And more...

Evidence Based & Cost Effective

- Cost Implications and Cost Effectiveness
 - Address Multiple Domains in One Session
 - Communication, Motor, Cognitive, Social & Relational
 - Reduced Medication Costs
 - Reduce Behavioral and Psychosocial Barriers to Treatment
 - Support Generalization to Other Environments
- Preliminary Cost Studies
 - Coordinated Interventions Result in Rapid Gains in Outcomes
 - Increased Costs When Access Denied



Labor Substitution Cost Analysis

- MT clients with communication, gross motor and/or fine motor goals but no ST, PT or OT.
- Scenario assumes 30 hours therapy, uses 1:1 client base rate in clinic setting, uses HAM rate of \$40.10 (Pre Feb 2010 rate reset)
- Net savings with Music Therapy and no Therapy Substitution: \$938,896

	Base Rate/hr	# Clients	Cost MT	Cost Substitute Therapy if MT Discontinued	Net Savings w/ MT and No Therapy Substitution
OT	\$ 56.52	662	\$ 796,386	\$ 1,122,487	\$ 326,101
PT	\$ 56.52	613	\$ 737,439	\$ 1,039,403	\$ 301,964
ST	\$ 56.52	631	\$ 759,093	\$ 1,069,924	\$ 310,831
MT (pre Feb 1 rate)	\$ 40.10	∧			\$ 938,896

More Information

American Music Therapy Association

<http://www.musictherapy.org>

Certification Board for Music Therapists

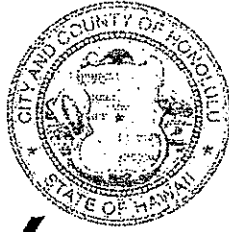
<http://www.cbmt.org>

Sounding Joy Music Therapy, Inc.

<http://www.soundingjoymt.org>

World Federation of Music Therapy

<http://www.musictherapyworld.de>



Proclamation

WHEREAS, music therapy is a process in which a qualified therapist uses music and all of its facets – physical, emotional, mental, social, aesthetic and spiritual – to help clients improve or maintain their health; and

WHEREAS, music therapists believe that all individuals, regardless of age or musical background, have a basic capacity for musical expression and appreciation, and music therapy interventions can be designed to promote wellness, manage stress, alleviate pain, express feelings, enhance memory, improve communication and promote physical rehabilitation; and

WHEREAS, music therapy is used to treat individuals of all ages with a variety of conditions, including psychiatric disorders, medical problems, physical and developmental disabilities, sensory impairments, communication disorders and aging; and

WHEREAS, music therapy is also applied to improve learning, build self-esteem, reduce stress, support physical exercise and facilitate a host of other health-related activities; and

WHEREAS, music therapists work in general hospitals, psychiatric facilities, schools, prisons, community centers, training institutes, private practices and universities; and

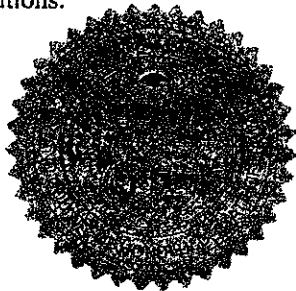
WHEREAS, every session with clients involves some type of musical experience, such as improvising, re-creating, composing and listening to music, and clients may also be encouraged to express themselves through other arts, such as drawing, painting, dance, drama or poetry; and

WHEREAS, the mission of the American Music Therapy Association is to advance public awareness of the benefits of music therapy and increase access to quality music therapy services in a rapidly changing world,

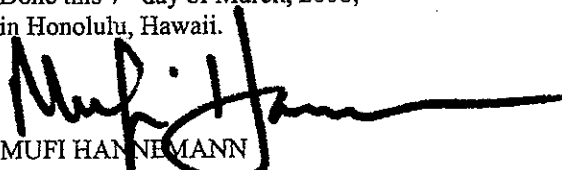
NOW, THEREFORE, I, MUFI HANNEMANN, Mayor of the City and County of Honolulu, do hereby proclaim March 9 - 16, 2008, to be

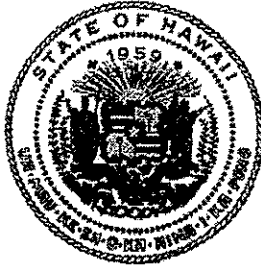
MUSIC THERAPY WEEK

in the City and County of Honolulu, to increase awareness of the benefits of music therapy and its potential for health, wellness and healing, and to thank music therapists for their invaluable contributions.



Done this 7th day of March, 2008,
in Honolulu, Hawaii.


MUFI HANNEMANN



*The House of Representatives
State of Hawaii*

hereby presents this certificate to

**SOUNDING JOY MUSIC THERAPY, INC.,
"Sounds of Joy"
6th Annual Benefit Concert**

WHEREAS, the Legislature proudly acknowledges organizations in the community that have touched so many lives in a positive manner and have made numerous contributions to the well-being of the State of Hawaii; and

WHEREAS, established in September 2002, SOUNDING JOY MUSIC THERAPY, INC., is Hawaii's first and only non-profit organization, Medicare and Medicaid participating provider that promotes music therapy and that also is an approved continuing education provider by the Certification Board for Music Therapists and the National Board for Certified Counselors; and

WHEREAS, SOUNDING JOY MUSIC THERAPY, INC.,'s mission is to enhance public awareness of the benefits of music therapy, to increase accessibility to music therapy services, and to advance music therapy research; and

WHEREAS, similar to occupational and physical therapy, SOUNDING JOY MUSIC THERAPY, INC., promotes music therapy in response to a growing therapy demand in our community, and uses music to enhance the quality of life of individuals with behavioral, social, emotional, psychological, communicative, and sensory-motor concerns through a structured, yet positive environment that encourages success; and

WHEREAS, on Sunday, January 18, 2009, SOUNDING JOY MUSIC THERAPY, INC., celebrates its 6th Annual Benefit Concert entitled "Sounds of Joy" at the YMCA - Fuller Hall, hosting the pioneer of music therapy from New York University, Dr. Clive Robbins; now, therefore,

The House of Representatives of the State of Hawaii hereby commends and applauds SOUNDING JOY MUSIC THERAPY, INC., for their continuing commitment to the people of Hawaii, and extends to them its warmest aloha and best wishes for continued success in all future endeavors.

Tom Brown

Calvin K.Y. Say

Calvin K.Y. Say, Speaker of the House

Patricia Mau-Shimizu

Patricia Mau-Shimizu, Chief Clerk

John M. Mizuno

Representative John M. Mizuno

LATE TESTIMONY

COVER SHEET

Testifier's name with position/title and organization:

Lynn Calventas

The Committee the comments are directed to:

House committee on Culture & the Arts

The date and time of the hearing:

Monday, March 28, 2011 at 11:00 AM

Measure number:

HCR 20

The number of copies the Committee is requesting:

12

March 24, 2011

To Whom It May Concern,

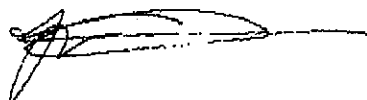
This is regarding the House Bill 559, pertaining to music therapy. I am writing on behalf as a current community service provider staff as well as an individual whose experienced music therapy working with individuals with various challenges and disabilities. In the past I've worked with individuals with challenges, disabilities such as STRIDE Hawaii (Successful Transitions in Diverse Environments), a research project funded by a grant from DOE of Special Education and Rehabilitation Services Administration (Grant Number H235S040121) in which the project provides opportunities for individuals with disabilities to participate and more community activities, higher education and employment. I have also worked with ORI (Opportunities for the Retarded, Inc. and ORI Anuenue Hale, Inc.) which provides services for adults with developmental disabilities, mental retardation, intellectual disabilities. I have also worked with the school systems and YMCA in their after school programs, which consist of some students having various forms of disabilities.

Given my past experiences as mentioned above, as well as currently, in matters of sharing that music therapy as a profession and a service provided for people (infants, children, youths, and adults) are positive and productively beneficial in various matters. I have seen and still do see that music therapy has increased individuals who have challenges with their social and emotional skills. It has also improved their coping mechanism/techniques as well in a positive way. Individuals have also become, by their actions and behaviors, even ways of thinking, more expressive when they have not been, even open up their creative thinking prior to music therapy. Music therapy also allows for youths, individuals to be more involved, participant in the community as well as build networks with other peers and professionals/agencies.

Overall, I believe and experienced that music therapy established as a profession, whether it be classified as a medical, therapeutic, or even human service field in some fashion, is beneficial to various individuals with various challenges and/or disabilities, hidden or visible.

I thank you for your time and effort with this matter.

Sincerely,



Lynn Calventas



LATE TESTIMONY

COVER SHEET

Testifier's name with position/title and organization:

Fred Attard M. Ed, Special Education Teacher
James Campbell High School

The Committee the comments are directed to:

House committee on Culture & the Arts

The date and time of the hearing:

Monday, March 28, 2011 at 11:00 AM

Measure number:

HCR 20

The number of copies the Committee is requesting:

12

LATE TESTIMONY

*Fred Attard M.Ed (Special Education Teacher)
1250 Koko Head Avenue,
Honolulu, HI 96816
(808)739-0039 Email: fredattard@earthlink.net*

March 24, 2011

Reference: Sounding Joy Music Therapy Sessions at James Campbell High School (2009-2011)

Dear Sounding Joy:

It is with great satisfaction and pleasure that I write today in support of Sounding Joy's work in education. Over the time my students and I have worked with Sounding Joy, from day to day, as it has arisen, I have never once hesitated to recommend Sounding Joy (music therapy) to colleagues, parents and friends! Our special education students, 9th- 12th Graders, the thirty plus, who attended Sounding Joy's once weekly, music therapy sessions, from 2009 to 2011 at James Campbell High School, I believe, were, in their way, just as enthusiastic as me! Many anticipated the sessions, and would be limbering up (strutting, tapping, skipping, humming,) as we cheerfully walked the few hundred yards to the classroom where the sessions were being held. These students always looked forward to the Sounding Joy sessions, and all participated meaningfully and consistently, even the nay-sayers and the more passive, less active and expressive students! The mix of percussion instruments, strings, digital music, singing, kinetics-dancing-movement, prepared immersion activities, structured games, all contributed and made possible everyone could join in – and as it turned out, many of the most "successful" students were often the very students who typically do not participate expressively in groups! Sounding Joy was able to get everyone to express themselves "joyously and musically", each in their own unique way. (It is noteworthy that very few of us had had any musical training whatsoever yet we were all able to participate and contribute "easily" with your help). All your therapists knew the names of all our students and staff, from day one, very impressive and respectful – thank you for including us all! As a result of your contact with us, some of the teaching assistants, skills trainers and students have started an ad hoc musical group and meet once weekly– and there is a similar sense of joie de vivre that permeates the group; among other tunes, I heard them performing: "Hello" and "Goodbye". Sounding Joy was a joyful, positive, educational musical experience. Music "therapy" should be embedded in all school art programs!

We sincerely wish Sounding Joy will be able to command funding needed to continue their important therapeutic and educational work, and that they will return to James Campbell High School.

Yours Gratefully,



Fred Attard (M.Ed)
Special Ed Teacher/JCHS

March 27, 2011

Re: Bill HCR20

LATE TESTIMONY

To Whom It May Concern:

I work as a board certified music therapist at Sounding Joy Music Therapy, Inc. in Honolulu. I currently plan, implement, and document music therapy sessions with a variety of client populations. Some of the clients I work with include children and adolescents with autism and developmental disabilities, older adults in an adult day care setting, and people with physical and neurological disabilities.

My work with these clients at Sounding Joy typically involves seeing each client for 30 to 60 minutes each week for therapy, followed by documentation of what occurred during the session. Music therapy sessions often involve client participation in activities, are goal-directed, and help to develop a therapeutic relationship between client and therapist. Many different approaches and interventions can be used during music therapy, but the most important aspect is that music is being used in some way to achieve non-musical goals and objectives. Some of the long-term goals addressed in music therapy may include improving social skills, increasing speech and communication skills, increasing emotional expression, and improving cognitive skills. The goals for music therapy sessions are designed based on a particular client's needs, abilities, and strengths, to help clients achieve an improved state of functioning and health.

Having recently completed my education, I would like to share with you a little bit about the training that music therapists undergo to become board certified. All music therapists must complete a four-year degree through an academic program accredited by the American Music Therapy Association. This degree includes courses in music theory, music therapy, music history, anatomy and physiology, psychology, biology, and education. Music therapy students also complete field work experience under supervision of a board certified music therapist. All these courses help prepare music therapists to apply therapeutic uses of music to a variety of client populations.

The final part of this degree program is completing a clinical training internship of 1,040 hours of supervised clinical experience, which is essential in developing effective therapeutic skills. Internship sites are also approved by the American Music Therapy Association or are affiliated with a university offering a degree program in music therapy. The final step required to become a board certified music therapist is taking an examination offered through the Certification Board for Music Therapists. This is a standardized test which asks the applicant questions about various client populations, treatment planning, and clinical uses of music for therapy.

I can say from personal experience that this degree program and internship are very rigorous and have fully prepared me to work in my current position. Though there is much more to say about music therapy and its applications, I hope I have provided you with a little more information about what is involved in the work and training of a music therapist.

Sincerely,

Patricia Karaffa, MT-BC
Sounding Joy Music Therapy, Inc.
Email: pkaraffa@soundingjoymt.org

CUAtestimony

From: mailinglist@capitol.hawaii.gov
Sent: Sunday, March 27, 2011 7:12 PM
To: CUAtestimony
Cc: csousa@hawaii.edu
Subject: Testimony for HCR20 on 3/28/2011 11:00:00 AM
Attachments: My son.doc

LATE TESTIMONY

Testimony for CUA 3/28/2011 11:00:00 AM HCR20

Conference room: 329
Testifier position: support
Testifier will be present: No
Submitted by: Christie Sousa
Organization: Sounding Joy Music Therapy
Address:
Phone:
E-mail: csousa@hawaii.edu
Submitted on: 3/27/2011

Comments:

LATE TESTIMONY

3/25/2011

My son, Micah, has been attending music therapy weekly at Sounding Joy for over six months and I cannot imagine what it may be like for him if he will not be able to continue this therapy. Micah is a thirteen-year-old child with multiple disabilities that include Autism Spectrum Disorder, MR and visual impairments. Music is the one thing that has brought constant joy to Micah throughout his life; and as he has been attending the program, is the single activity that he has not lost enthusiasm for over time. We have noticed many changes in Micah since he began music therapy. He has always been non-verbal but now he is experimenting with making different sounds, he is attending to tasks with greater focus, and he is responding to his name being called with better eye contact. Though these changes may seem small, for Micah these are great leaps. Our family is so thankful for this music therapy program and we really hope that he will be able to continue and that other families may be able to experience the benefits for their children as well.

Thank you,
Christie Sousa

CUAtestimony

From: mailinglist@capitol.hawaii.gov
Sent: Sunday, March 27, 2011 10:34 PM
To: CUAtestimony
Cc: amybnash@gmail.com
Subject: Testimony for HCR20 on 3/28/2011 11:00:00 AM
Attachments: HCR Testimony.doc

Testimony for CUA 3/28/2011 11:00:00 AM HCR20

LATE TESTIMONY

Conference room: 329
Testifier position: support
Testifier will be present: No
Submitted by: Amy Nash
Organization: Individual
Address:
Phone:
E-mail: amybnash@gmail.com
Submitted on: 3/27/2011

Comments:

To Whom It May Concern:

I am submitting testimony in support of HCR20. My name is Amy Nash and I am a Board Certified Music Therapist working at Sounding Joy Music Therapy, Inc.. I provide music therapy to the neighbor islands. Over the last 2 years I have provided music therapy to Kauai, Big Island, and Molokai. I have worked with “at risk” youth, children with developmental disabilities, geriatric communities, victims of stroke, and young adults with Traumatic Brain Injury. I have had the privilege of helping over 100 of Hawaii’s youth successfully make progress toward their individual therapeutic goals.

Hawaii is very blessed and fortunate to have a thriving music therapy influence in our community. Four years ago, I moved here from Western North Carolina, where music therapists are few and far between. I was very impressed to find a company working so hard to provide the public with music therapy at little to no cost to families in need, not only on Oahu, but reaching out to our neighbor islands. At the time, there were 6 working music therapists. This showed me that music therapy’s therapeutic value was recognized in Hawaii. How refreshing, coming from an area that was still found it hard to believe that my profession was an actual collegiate area of study that has been around for 60 years and requires a national board certification to practice legitimately. The staff and patrons of Sounding Joy Music Therapy Inc. as well as other music therapist have worked diligently to educate Hawaii of the music therapy profession, and have proven our profession’s validity. Over time, our process and techniques use to help individuals obtain their specific goals has proven successful.

The dedication it takes to continue on this path of service is tremendous, especially in our present economy. We, as music therapists do not reap great financial reward, seeing our clients succeed in improving their and their families’ lives is the best reward which encourages our dedication and commitment to the integrity of our profession.

It is so important that Hawaii recognizes Music Therapy as a profession. We, music therapists have given our time and skills to our community. We have improved the lives of our community and our community has improved our lives both professionally and personally. Regardless of the outcome of this measure, we will continue to educate and support our ohana because we believe in what we do. We help people to succeed in making their lives better. We, as music therapists will always support Hawaii and its people. Our hope is that you will support Hawaii’s Music Therapy profession and pass this bill.

Mahalo,

Amy Nash, MT-BC

CUAtestimony

From: mailinglist@capitol.hawaii.gov
Sent: Friday, March 25, 2011 6:44 PM
To: CUAtestimony
Cc: rachelmusictherapy@yahoo.com
Subject: Testimony for HCR20 on 3/28/2011 11:00:00 AM

Testimony for CUA 3/28/2011 11:00:00 AM HCR20

Conference room: 329
Testifier position: support
Testifier will be present: No
Submitted by: Rachel Firchau
Organization: Individual
Address:
Phone:
E-mail: rachelmusictherapy@yahoo.com
Submitted on: 3/25/2011

LATE TESTIMONY

Comments:

The current lack of state specific recognition of music therapy has led to denial of services for children through their Individualized Educational Plans as part of the Individuals with Disabilities Education Act. Recognition of the MT-BC credential with in Hawaii law will help preserve access to services when it is educationally necessary for that student. While the MT-BC provides consumer protection for those practicing as music therapists, state recognition would ensure that any state funding of individuals receiving music therapy services are provided by qualified professionals and provides additional protection for the state. Respectfully submitted, Rachel Firchau, MT-BC, NMT Fellow

VISTA

P. O. Box 880136 • Pukalani, Maui HI 96788
Phone/Fax (808) 572-8070 • E-mail vistaj001@hawaii.rr.com

LATE TESTIMONY

March 25, 2011

COMMITTEE ON CULTURE & THE ARTS

Rep. Jessica Wooley, Chair
Rep. Della Au Belatti, Vice Chair
Rep. Faye P. Hanohano
Rep. John M. Mizuno
Rep. Jo Jordan
Rep. Dee Morikawa
Rep. Chris Lee
Rep. Kymberly Marcos Pine

Re: HCR20 (Testimony): REQUESTING THE AUDITOR TO PERFORM A
SUNRISE ANALYSIS OF THE REGULATION OF THE PROFESSION OF
MUSIC THERAPY

My name is Sing Vista. I am a mother of a 22 year-old son with autism. I am in support of HCR20. My son has benefited from the services of a certified music therapist, Richard Kuykendall, here on Maui for ten years (from elementary school through exiting high school).

The schools agreed to provide music therapy as a related service through his Individualized Education Program (IEP).

Music therapy is much more than music education. Unlike other teaching techniques, music therapy was used to motivate my son in ways that other methods failed.

My son has been a member of the Maui Community Band for about three years now. He took with him what Mr. Kuykendall taught him.

Please join me in supporting this measure.

Mahalo nui loa,



Sing Vista

CUAtestimony

From: mailinglist@capitol.hawaii.gov
Sent: Saturday, March 26, 2011 10:30 AM
To: CUAtestimony
Cc: okayamac001@hawaii.rr.com
Subject: Testimony for HCR20 on 3/28/2011 11:00:00 AM

LATE TESTIMONY

Testimony for CUA 3/28/2011 11:00:00 AM HCR20

Conference room: 329
Testifier position: support
Testifier will be present: No
Submitted by: Chet Okayama
Organization: Individual
Address:
Phone:
E-mail: okayamac001@hawaii.rr.com
Submitted on: 3/26/2011

Comments:

I do not have a separate testimony file. But I know music as a healer like no other. I have read books on Alzheimer's and similar diseases as well as autism. As a social worker, I am directly connected with the realities of what truly is impactful in the lives of others. Music therapy needs to be recognized, especially in this state of Hawaii where music and culture is prevalent everywhere. An analysis is just a beginning, please select someone and please select assessment measures and tools that can do music the justice it requires. Mahalo.

CUAtestimony

From: mailinglist@capitol.hawaii.gov
Sent: Saturday, March 26, 2011 3:22 PM
To: CUAtestimony
Cc: denpar@ymail.com
Subject: Testimony for HCR20 on 3/28/2011 11:00:00 AM

LATE TESTIMONY

Testimony for CUA 3/28/2011 11:00:00 AM HCR20

Conference room: 329
Testifier position: support
Testifier will be present: Yes
Submitted by: Rod Parker
Organization: Individual
Address:
Phone:
E-mail: denpar@ymail.com
Submitted on: 3/26/2011

Comments:

I, Toni Russ, am in support of resolution HCR20.

Music Therapy plays a vital role in the healthcare profession and should be recognized as such in the State of Hawaii.

I have participated in public classroom Music Therapy sessions as a volunteer for two years. I have repeatedly seen firsthand the positive results gained from Music Therapy sessions. The classes ranged from groups of 10 to 15 students, who were very low functioning to high functioning. The 45 minute, once a week Music Therapy session produced noticeable and measureable results! 100% of the students participated in the sessions. 100% of the students responded verbally and physically during the session. 100% of the student's attitudes were positive and animated after the session. 100% of the students I asked if they enjoyed the session, responded positively. These results are incredible!

I have a special needs child and I have witnessed the benefits and positive effect Music Therapy has in his life. He is more expressive, more verbal, more social, has gained confidence and self esteem. His response to other people and desire to interact with peers and adults has improved and increased. His social skills of sharing, taking turns, and having good manners has also improved and increased. I am so very thankful for the Music Therapy profession as it has made, and will continue to make a huge impact in my child's life. You ask how can I be sure Music Therapy will benefit him as he grows older? Because I have also witnessed the positive results of Music Therapy in the geriatric community.

I am in support of resolution HCR20, asking for Sunrise analysis and an investigation of Music Therapy profession by the State of Hawaii auditor.

I regret that I will not be able to attend the hearing, but appreciate the opportunity to submit my testimony in support of HCR20 through the Capitol's website.

CUAtestimony

From: mailinglist@capitol.hawaii.gov
Sent: Monday, March 28, 2011 7:31 AM
To: CUAtestimony
Cc: bonnie.chan@doh.hawaii.gov
Subject: Testimony for HCR20 on 3/28/2011 11:00:00 AM
Attachments: Music Therapy Testimony.doc; Music Soothing Chord.jpg

LATE TESTIMONY

Testimony for CUA 3/28/2011 11:00:00 AM HCR20

Conference room: 329
Testifier position: support
Testifier will be present: No
Submitted by: Bonnie Chan
Organization: Individual
Address:
Phone:
E-mail: bonnie.chan@doh.hawaii.gov
Submitted on: 3/28/2011

Comments:

To: Representative Jessica Wooley, Chair, and
Members of the House Committee on Culture and the Arts

LATE TESTIMONY

Hearing Date: Monday, March 28, 2011
Hearing Time & Place: 11:00 a.m., Conference Room 329
Re: HCR20 relating to Music Therapy

I am a board-certified music therapist (MT-BC) [as well as a former extra percussionist with the Honolulu Symphony Orchestra] and have been practicing music therapy for the past 20+ years. After receiving my master's in music therapy from Michigan State University, it had been my hope to return home and bring music therapy to the people of Hawai'i. I could not do that until 1992, when I was hired by the Hawai'i State Hospital. However, because the State of Hawai'i did not yet recognize music therapy, I was placed into the Recreational Therapy department where I remain to this day. I dreamed that someday, music therapy would be a recognized discipline in Hawai'i. That someday is here and now.

To demonstrate the breadth and depth of music therapy, here are some facts:

- The profession of music therapy has been in existence since World War II.
- The American Music Therapy Association (AMTA--formerly the National Association for Music Therapy) was founded in 1950, and the Certification Board for Music Therapists was established in 1983.
- There are over 70 AMTA-approved colleges and universities, with almost half of them offering both graduate and bachelor's degrees in music therapy.
- AMTA's publications include the *Journal of Music Therapy* (research-based) and *Music Therapy Perspectives*.
- There are presently over 5,000 music therapists practicing in each of the 50 states, and about 200 music therapists in 30 foreign countries.
- Populations that are served by music therapists range from newborn babies to the geriatric, from the profoundly intellectually disabled to the intellectually gifted, and from the physically disabled to the physically well.
- There is a huge amount of research supporting the evidence-based practice of music therapy in achieving goals such as pain management, emotional identification and expression, and improvement in communication skills, motor skills, attention span, socialization skills and academic skills. To cite a high profile case, music therapy is being used currently in rehabilitation for Congresswoman Gabrielle Giffords to improve neuroplasticity, or the brain's ability to form new connections around injured areas.

In my work at the Hawai'i State Hospital, music therapy is used to help the patients improve social interaction, maintain reality orientation, facilitate emotional expression and increase leisure skills, especially for those with substance abuse issues. I work alongside occupational therapists, social workers, psychologists and medical doctors, all of whom are licensed by the State of Hawai'i. Music therapists and the profession of music therapy, supported by theory, research and practice, deserve no less than equal recognition. Thank you for your attention to this matter.

Sincerely,

Bonnie Chan, M.A., M.M., MT-BC

bonnie.chan@doh.hawaii.gov

Special
Reprint
Edition

USA
TODAY

NO. 1 IN THE USA

As seen in



Life

July 10, 2006

Your Health

Music strikes a soothing chord

But the evidence is mixed on 'audio analgesic' benefit

By Kim Painter
USA TODAY

Have a throbbing head or an aching back? Here's one possible prescription: Take two Mozart movements — or a big dose of pop, country or jazz, if you prefer — and call the doctor in the morning.

Decades of studies, including one published recently,

Just what is a music therapist?

Though all sorts of health care professionals — including nurses and speech therapists — may use music in their work, a music therapist is a specialist with some extra college training and credentials.

Those who complete exams offered by the Certification Board for Music Therapists are considered board-certified.

Music therapists work in private practice but also are found in some hospitals, nursing homes, outpatient clinics, schools and other facilities.

Insurers, including Medicare, increasingly cover music therapy, according to the American Music Therapy Association. Medicaid coverage varies by state.

► For more, visit www.musictherapy.org.

Case Western Reserve University in Cleveland.

Their study, published in the *Journal of Advanced Nursing*, involved 60 patients with chronic, non-cancer pain. Those who

listened to music on headphones for an hour a day reported significantly less pain and depression and an increased sense of control.

One theory is that music might induce hormonal or immune system changes that reduce pain. Another is that music is simply a pleasant, but powerful, form of distraction.

"It probably works on several levels," Siedlecki says.

It should be noted that "there are studies that show music doesn't help pain," says Michael Thaut, a professor of music and neuroscience at Colorado State University in Fort Collins. "The evidence is inconsistent."

Pain isn't the only symptom treated with music. Thaut's own research focuses on the use of specially designed rhythmic music to treat adults who have impaired motor skills because of stroke and Parkinson's disease. The technique, which has shown particular success in improving walking, has become a standard part of rehabilitation programs nationwide, he says.

Newer studies are investigating whether similar methods can help children who have cerebral palsy, he says.

The movement research is based on the idea that music and the human nervous system have deep, biological connections, Thaut says. "You play music with a strong beat and people start tapping their feet. That's a biological process, not a cultural process."

Meanwhile, others are using music in a variety of ways. For example:

► **Infants:** Premature babies who listen to specially selected music for four hours a day gain weight more quickly and go home two weeks earlier than similar infants, says Jayne Standley, director of the music therapy program at Florida State University in Tallahassee. Standley



By Keith Simmons, USA TODAY

also has tested a pacifier that triggers music when the babies suck — and reports that it helps calm the infants, something that could aid the development of their nervous systems.

► **Emotional trauma:** Music therapists were among professionals who flocked to the Gulf Coast region last year after Hurricane Katrina and who are still there, helping children and others recover from emotional trauma, says Barbara Else, a music therapist and researcher who coordinated the response for the American Music Therapy Association.

Music also is used to help women in labor, people with mental health problems, and children and adults with autism and other developmental disorders.

One of the oldest uses of music is in dentistry. (If you haven't tried it already, bring an iPod to your next appointment and see whether you can tune out any noise or discomfort.)

And, no, therapeutic music doesn't have to be classical or slow or instrumental, at least for most uses, researchers say.

"Mozart isn't right for everyone," Standley says. "It's going to drive some people crazy."

belatti2 - Jonalyn

From: mailinglist@capitol.hawaii.gov
Sent: Monday, March 28, 2011 10:18 AM
To: CUAtestimony
Cc: threestars@hawaii.rr.com
Subject: Testimony for HCR20 on 3/28/2011 11:00:00 AM

LATE TESTIMONY

Testimony for CUA 3/28/2011 11:00:00 AM HCR20

Conference room: 329
Testifier position: support
Testifier will be present: Yes
Submitted by: Linda Elento
Organization: Individual
Address:
Phone:
E-mail: threestars@hawaii.rr.com
Submitted on: 3/28/2011

Comments:

Because of my ten-year-old son's experience with receiving certified music therapy services as early as preschool age, I am in support of music therapy for children with disabilities and physical needs, such as children born with Down syndrome, and the positive results music therapy provides in their special education program.

For example, my son was born with Down syndrome, responds remarkably to music therapy to develop his ability to communicate, to understand language and develop speech, to follow directions, to take turns, to learn pretend play and other critical skills needed for receiving an education and dealing with his medical and behavioral issues. My son's music therapy included some sign language as well to get my son's attention and for him to understand and respond.

Our special needs kids, including children born with Down syndrome, have unique medical and educational needs that are met through the services of certified music therapists who are able to receive specialty certification and on-going training. Restricting therapy services to speech language pathologists and communication aides in the education system does not meet these critical needs. Our children are not considered for valuable and proven music therapy services and therefore no choice can be made by a student's special education/IEP team; instead another service will be offered and provided which may or may not meet some of those unique needs. Music therapy by a certified music therapist for example is an APPROVED RELATED SERVICE by the US Department of Education in accordance with our federal special education law, the Individuals with Disabilities Education Improvement Act of 2004 (IDEA). Yet, through my experience with our state's special education office, the Department is resistant to providing such professional therapies to our students with disabilities even when music therapy, or other therapy, may prove to be effective for reaching individual goals over another type of therapy offered by the Department of Education. The Department has denied music therapy services for students including for my son.

Thank you for the opportunity to provide my testimony in support of our state's recognition and need for certified music therapists to provide plain and clear language to the Department of Education that music therapy is effective and may be considered for a student's special education program.