
SENATE CONCURRENT RESOLUTION

REQUESTING THE DEPARTMENT OF EDUCATION TO ESTABLISH A TASK FORCE TO MAKE RECOMMENDATIONS FOR AN EDUCATIONAL PROGRAM FOR HIGH SCHOOL ATHLETIC COACHES AND TRAINERS TO AVOID AND MINIMIZE INJURIES TO HIGH SCHOOL ATHLETES.

1 WHEREAS, athletic competition and sporting events have long
2 been a favored extracurricular activity for many of the youth of
3 Hawaii; and
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5 WHEREAS, there have been many more opportunities for girls
6 and young women to participate in these various athletic and
7 sporting activities recently, when compared to the past; and
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9 WHEREAS, in addition to practicing the older more
10 traditional sports at a higher level of expertise and
11 competence, there has been a plethora of offerings of new and
12 different types of sports; and
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14 WHEREAS, in addition to the continued popularity of
15 longtime favorites like football, basketball, baseball, and
16 track, other sports such as soccer, volleyball, boys' and girls'
17 wrestling, girl's softball and basketball, swimming, water polo,
18 and diving have increased in popularity, and many schools have
19 added surfing, golf, paddling, cheerleading, and other offerings
20 to their sports programs; and
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22 WHEREAS, many of these newer sports and disciplines require
23 a higher level of expertise and knowledge on the coaching and
24 training levels; and
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26 WHEREAS, unfortunately, but inevitably, the higher
27 participation in sporting activities by high school youth has
28 also raised the incidence of injuries, which are sometimes
29 serious and permanent; and
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1 WHEREAS, to the extent practicable, these sports injuries
2 should be avoided, limited, and minimized; and
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4 WHEREAS, with proper training, knowledge, and vigilance on
5 the part of coaches, trainers, and athletic department
6 personnel, many sports injuries can be kept to a minimum or
7 avoided altogether; now, therefore,
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9 BE IT RESOLVED by the Senate of the Twenty-fifth
10 Legislature of the State of Hawaii, Regular Session of 2010, the
11 House of Representatives concurring, that the Department of
12 Education is requested to establish a task force with the
13 objective of creating a program to educate, train, and assist
14 high school coaches, trainers, and athletic departments to avoid
15 and minimize injuries to high school athletes; and
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17 BE IT FURTHER RESOLVED that the Legislature requests that
18 the task force include but not be limited to:
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- 20 (1) The Superintendent of Education or the
21 Superintendent's designated representative;
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- 23 (2) The Executive Director of the Charter School
24 Administrative Office or the Executive Director's
25 designated representative, who may be a member of the
26 Charter School Review Panel or an athletic director of
27 a charter school;
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- 29 (3) One athletic director to represent:
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- 31 (A) The Big Island Interscholastic Federation, Kauai
32 Interscholastic Federation, and Maui
33 Interscholastic League;
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- 35 (B) The Oahu Interscholastic Association; and
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- 37 (C) The Interscholastic League of Honolulu;
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- 39 (4) One high school coach to represent:
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- 41 (A) The Big Island Interscholastic Federation, Kauai
42 Interscholastic Federation, and Maui
43 Interscholastic League;
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- 1 (B) The Oahu Interscholastic Association; and
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- 3 (C) The Interscholastic League of Honolulu;
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- 5 provided that to the extent possible, the coaches
- 6 selected to represent each league or group of leagues
- 7 should be coaches of different sports;
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- 9 (5) The Executive Director of the Hawaii High School
- 10 Athletic Association or the Executive Director's
- 11 designated representative; and
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- 13 (6) One representative from the University of Hawaii at
- 14 Manoa Athletic Department who is a sports medicine
- 15 professional practitioner with a degree equivalent to:
- 16
- 17 (A) A Bachelor of Science or Master's degree in
- 18 Physical Training, Exercise Science, or
- 19 Kinesiology; or
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- 21 (B) A medical degree from an accredited university in
- 22 the United States; and
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24 BE IT FURTHER RESOLVED that the task force is requested to
25 select a chairperson from its members; and
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27 BE IT FURTHER RESOLVED that the task force is requested to
28 create a mandatory program for the education and training of
29 high school coaches, assistant coaches, trainers, and members of
30 high school athletic departments in the prevention, avoidance,
31 and minimization of injuries to high school athletes, including
32 but not limited to the following:
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- 34 (1) Identifying certain exercises or routine warm up
- 35 drills that may be outdated or detrimental to young
- 36 athletes;
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- 38 (2) Identifying deficiencies or traits in certain
- 39 individual athletes that may evidence the presence or
- 40 onset of any early injury or the likelihood of early
- 41 injury; and
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- 43 (3) Educating coaches, assistant coaches, and trainers on
- 44 ways to identify and treat these early signs of

1 potential injuries; and making coaches, assistant
2 coaches, and trainers aware of the availability of
3 programs and treatments offered by physical therapists
4 and trainers; and
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6 BE IT FURTHER RESOLVED that the task force is requested to
7 submit a report, including recommendations and proposed
8 legislation, to the Legislature not later than twenty days prior
9 to the convening of the Regular Session of 2011; and
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11 BE IT FURTHER RESOLVED that certified copies of this
12 Concurrent Resolution be transmitted to the Chairperson of the
13 Board of Education, Superintendent of Education, Executive
14 Director of the Charter School Administrative Office, Athletic
15 Director of the University of Hawaii at Manoa, Executive
16 Director of the Hawaii High School Athletic Association, and
17 Executive Directors of the Oahu Interscholastic Association,
18 Interscholastic League of Honolulu, Big Island Interscholastic
19 Federation, Kauai Interscholastic Federation, and Maui
20 Interscholastic League.

