
HOUSE RESOLUTION

REQUESTING THE DEPARTMENT OF EDUCATION TO ESTABLISH A TASK FORCE TO MAKE RECOMMENDATIONS FOR AN EDUCATIONAL PROGRAM FOR HIGH SCHOOL ATHLETIC COACHES AND TRAINERS TO AVOID AND MINIMIZE INJURIES TO HIGH SCHOOL ATHLETES.

1 WHEREAS, athletic competition and sporting events have
2 always been a favored extracurricular activity for the youth of
3 Hawaii; and
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5 WHEREAS, there recently have been many more opportunities
6 for girls and young women to participate in these various
7 athletic and sporting activities than in the past; and
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9 WHEREAS, in addition to taking the older more traditional
10 sports to a higher level of expertise and competence, there has
11 been a plethora in the offering of various new and different
12 types of sports; and
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14 WHEREAS, in addition to the continued popularity of
15 longtime favorites like football, basketball, baseball, and
16 track, soccer, volleyball, boys' and girls' wrestling, girl's
17 softball and basketball, swimming, water polo, and diving, have
18 increased in popularity, and many schools have added surfing,
19 golf, paddling, cheerleading, and other offerings to their
20 sports programs; and
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22 WHEREAS, many of these newer sports and disciplines require
23 a higher level of expertise and knowledge on the coaching and
24 training level; and
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26 WHEREAS, unfortunately, but inevitably, the higher
27 participation in sporting activities by high school youth has
28 also raised the incidence of injury, sometimes serious and
29 permanent; and
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31 WHEREAS, to the extent practicable, these sports injuries
32 should be avoided, limited, and minimized; and
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1 WHEREAS, with proper training, knowledge, and vigilance on
2 the part of coaches, trainers, and athletic departments
3 personnel, many sports injuries can be kept to a minimum or
4 avoided altogether; now, therefore,
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6 BE IT RESOLVED by the House of Representatives of the
7 Twenty-fifth Legislature of the State of Hawaii, Regular Session
8 of 2010, that the Department of Education is requested to
9 establish a Task Force with the objective of creating a program
10 to educate, train, and assist high school coaches, trainers, and
11 athletic departments to avoid and minimize injuries to high
12 school athletes; and
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14 BE IT FURTHER RESOLVED that this body requests that the
15 Task Force include but not be limited to:
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- 17 (1) The Superintendent of Education or the
18 Superintendent's designated representative;
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- 20 (2) One member of the Board of Education to be designated
21 by the Chairperson of the Board of Education;
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- 23 (3) The Executive Director of the Charter School
24 Administrative Office;
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- 26 (4) One member of the Charter School Review Panel to be
27 designated by the Chairperson of the Board of
28 Education;
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- 30 (5) One athletic director from each of the Department of
31 Education's school complex areas;
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- 33 (6) One high school coach from each of the Department of
34 Education's school complex areas;
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- 36 (7) One athletic director of a charter school;
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- 38 (8) The Executive Director of the Hawaii High School
39 Athletic Association or the Executive Director's
40 designated representative, who shall be requested to
41 serve;
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- 43 (9) A representative from the University of Hawaii at
44 Manoa Athletic Department;



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2 (10) One sports medicine professional practitioner with a
3 degree equivalent to a bachelor of science or masters
4 degree in physical training, exercise science, or
5 kinesiology or a medical degree from an accredited
6 university in the United States, to be requested to
7 serve by the Superintendent of Education;

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9 (11) A representative from the Hawaii Chapter American
10 Physical Therapy Association; and
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12 BE IT FURTHER RESOLVED that the Task Force is requested to
13 select a chairperson from its members; and
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15 BE IT FURTHER RESOLVED that the Task Force is requested to
16 create a mandatory program for the education and training of
17 high school coaches, assistant coaches, trainers, and members of
18 high school athletic departments in the prevention, avoidance,
19 and minimization of injuries to high school athletes, including
20 but not limited to the following:

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22 (1) Identifying certain exercises or routine warm up
23 drills that may be outdated or detrimental to young
24 athletes;

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26 (2) Identifying deficiencies or traits in certain
27 individual athletes that may evidence the presence or
28 onset of any early injury or the likelihood of early
29 injury; and
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31 (3) Educating coaches, assistant coaches, and trainers on
32 ways to identify and treat these early signs of
33 potential injuries; and making coaches, assistant
34 coaches, and trainers aware of the availability of
35 programs and treatments offered by physical therapists
36 and trainers; and
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38 BE IT FURTHER RESOLVED the task force shall submit a
39 report, including recommendations and proposed legislation to
40 this body not later than twenty days prior to the convening of
41 the Regular Session of 2011; and
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43 BE IT FURTHER RESOLVED that certified copies of this
44 Resolution be transmitted to the Chairperson of the Board of



1 Education, Superintendent of Education, Executive Director of
2 the Charter School Administrative Office, the Athletic Director
3 of the University of Hawaii at Manoa, and the Executive Director
4 of the Hawaii High School Athletic Association.

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