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## HOUSE CONCURRENT RESOLUTION

REQUESTING THE DEPARTMENT OF EDUCATION TO ESTABLISH A TASK FORCE  
TO MAKE RECOMMENDATIONS FOR AN EDUCATIONAL PROGRAM FOR HIGH  
SCHOOL ATHLETIC COACHES AND TRAINERS TO AVOID AND MINIMIZE  
INJURIES TO HIGH SCHOOL ATHLETES.

1           WHEREAS, athletic competition and sporting events have  
2 always been a favored extracurricular activity for the youth of  
3 Hawaii; and

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5           WHEREAS, there recently have been many more opportunities  
6 for girls and young women to participate in these various  
7 athletic and sporting activities than in the past; and

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9           WHEREAS, in addition to taking the older more traditional  
10 sports to a higher level of expertise and competence, there has  
11 been a plethora in the offering of various new and different  
12 types of sports; and

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14           WHEREAS, in addition to the continued popularity of  
15 longtime favorites like football, basketball, baseball, and  
16 track, soccer, volleyball, boys' and girls' wrestling, girl's  
17 softball and basketball, swimming, water polo, and diving, have  
18 increased in popularity, and many schools have added surfing,  
19 golf, paddling, cheerleading, and other offerings to their  
20 sports programs; and

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22           WHEREAS, many of these newer sports and disciplines require  
23 a higher level of expertise and knowledge on the coaching and  
24 training level; and

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26           WHEREAS, unfortunately, but inevitably, the higher  
27 participation in sporting activities by high school youth has  
28 also raised the incidence of injury, sometimes serious and  
29 permanent; and  
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1           WHEREAS, to the extent practicable, these sports injuries  
2 should be avoided, limited, and minimized; and

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4           WHEREAS, with proper training, knowledge, and vigilance on  
5 the part of coaches, trainers, and athletic departments  
6 personnel, many sports injuries can be kept to a minimum or  
7 avoided altogether; now, therefore,

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9           BE IT RESOLVED by the House of Representatives of the  
10 Twenty-fifth Legislature of the State of Hawaii, Regular Session  
11 of 2010, the Senate concurring, that the Department of Education  
12 is requested to establish a Task Force with the objective of  
13 creating a program to educate, train, and assist high school  
14 coaches, trainers, and athletic departments to avoid and  
15 minimize injuries to high school athletes; and

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17           BE IT FURTHER RESOLVED that the Legislature requests that  
18 the Task Force include but not be limited to:

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- 20           (1) The Superintendent of Education or the  
21                Superintendent's designated representative;
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  - 23           (2) One member of the Board of Education to be designated  
24                by the Chairperson of the Board of Education;
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  - 26           (3) The Executive Director of the Charter School  
27                Administrative Office;
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  - 29           (4) One member of the Charter School Review Panel to be  
30                designated by the Chairperson of the Board of  
31                Education;
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  - 33           (5) One athletic director from each of the Department of  
34                Education's school complex areas;
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  - 36           (6) One high school coach from each of the Department of  
37                Education's school complex areas;
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  - 39           (7) One athletic director of a charter school;
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  - 41           (8) The Executive Director of the Hawaii High School  
42                Athletic Association or the Executive Director's  
43                designated representative, who shall be requested to  
44                serve;



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(9) A representative from the University of Hawaii at Manoa Athletic Department;

(10) One sports medicine professional practitioner with a degree equivalent to a bachelor of science or masters degree in physical training, exercise science, or kinesiology or a medical degree from an accredited university in the United States, to be requested to serve by the Superintendent of Education; and

BE IT FURTHER RESOLVED that the Task Force is requested to select a chairperson from its members; and

BE IT FURTHER RESOLVED that the Task Force is requested to create a mandatory program for the education and training of high school coaches, assistant coaches, trainers, and members of high school athletic departments in the prevention, avoidance, and minimization of injuries to high school athletes, including but not limited to the following:

- (1) Identifying certain exercises or routine warm up drills that may be outdated or detrimental to young athletes;
- (2) Identifying deficiencies or traits in certain individual athletes that may evidence the presence or onset of any early injury or the likelihood of early injury; and
- (3) Educating coaches, assistant coaches, and trainers on ways to identify and treat these early signs of potential injuries; and making coaches, assistant coaches, and trainers aware of the availability of programs and treatments offered by advanced professional and non-professional physical therapists and trainers; and

BE IT FURTHER RESOLVED the task force shall submit a report, including recommendations and proposed legislation to the Legislature not later than twenty days prior to the convening of the Regular Session of 2011; and

# H.C.R. NO. 238

1 BE IT FURTHER RESOLVED that certified copies of this  
 2 Concurrent Resolution be transmitted to the Chairperson of the  
 3 Board of Education, Superintendent of Education, Executive  
 4 Director of the Charter School Administrative Office, the  
 5 Athletic Director of the University of Hawaii at Manoa, and the  
 6 Executive Director of the Hawaii High School Athletic  
 7 Association.

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OFFERED BY:

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 Bialek  
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MAR 10 2010

