
A BILL FOR AN ACT

RELATING TO HEALTH.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

1 SECTION 1. The legislature finds that good health habits
2 contribute to longer, healthier lives and reduced health care
3 costs. Many companies, and even some governments, use good
4 health incentives to encourage healthy living habits among their
5 employees and citizens. One approach is to link persons'
6 personal health markers, such as blood pressure, weight, or
7 cholesterol, to health insurance co-pay amounts.

8 The purpose of this Act is to direct the department of
9 health to study health habit incentive programs used by private
10 industry and other governments.

11 SECTION 2. (a) The department of health shall conduct a
12 study of health habit incentive programs used by private
13 companies and governments which employ healthy living goals as
14 incentives for their employees and residents to develop good
15 health habits. The study shall include:

16 (1) Companies or governments that use health habit
17 incentive programs;



1 (2) The effectiveness of health habit incentive programs
2 in improving individuals' health;

3 (3) The effectiveness of health habit incentive programs
4 in reducing health care costs; and

5 (4) Recommendations of approaches that may prove
6 beneficial to private industry and government in
7 Hawaii and how programs may be implemented statewide.

8 (b) The department of health shall submit a report on its
9 findings and recommendations to the legislature no later than
10 twenty days prior to the convening of the regular session of
11 2011.

12 SECTION 3. This Act shall take effect upon its approval.

13

INTRODUCED BY:



JAN 20 2010



Report Title:

Health; Incentive Programs

Description:

Directs the department of health to conduct a study on health habit incentive programs used by governments and private industry.

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