

JAN 28 2009

A BILL FOR AN ACT

RELATING TO HEALTH.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

1 SECTION 1. The legislature finds that the goals of the
2 department of health are to prevent disease, and to promote
3 healthy lifestyles and the well-being of the people of Hawaii.
4 It has been well documented that dietary trans fat increases the
5 risk of heart disease. Most dietary trans fat is found in
6 partially hydrogenated vegetable oil which is widely used in
7 food service industry preparations.

8 Heart healthy alternatives to dietary trans fat, such as
9 non-hydrogenated monounsaturated and polyunsaturated vegetable
10 oils, and other, newly developed oils, are currently and readily
11 available. Scientific studies have shown a decrease in coronary
12 heart disease events, such as heart attacks, by at least six per
13 cent when trans fat is replaced with currently available heart
14 healthy alternatives.

15 National surveys show that Americans spend almost half of
16 their food dollars eating out. An estimated one-third of
17 dietary trans fat comes from foods purchased in restaurants.



1 Many restaurant establishments throughout the country have
2 already replaced artificial trans fat with currently available
3 heart healthy alternatives without a noticeable taste difference
4 to consumers.

5 The continued presence of artificial trans fat in
6 restaurant foods needlessly increases the risk of heart disease
7 for Hawaii's residents. The purpose of this Act is to establish
8 a heart healthy working group to develop a plan to eliminate or
9 significantly reduce the use of trans fats in Hawaii's food
10 preparation and food service industry.

11 SECTION 2. (a) There is established no later than July 1,
12 2009, within the department of health, the heart healthy working
13 group, to develop and implement a plan to eliminate or
14 drastically reduce the use of trans fats in Hawaii's food
15 preparation and food service industry. The plan shall include:

- 16 (1) Research of other state laws and trends regarding
17 restrictions on the use of trans fats;
- 18 (2) The determination of relevant definitions, necessary
19 labeling requirements, reasonable exceptions, and
20 appropriate penalties for violations; and
- 21 (3) A public awareness campaign and heart healthy
22 education.



1 (b) The working group shall consist of eleven members
2 appointed by the governor, including at least one member from
3 the Hawaii Food Industry Association, the Hawaii Restaurant
4 Association, and the American Heart Association, three members
5 who are health and nutrition experts designated by the director
6 of health, and other interested stakeholders.

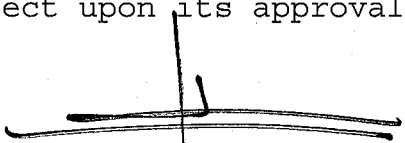
7 (c) The heart healthy working group shall submit a
8 preliminary report of its findings to the legislature by
9 December 31, 2009 and a final report of its findings,
10 recommendations, and any proposed legislation to the legislature
11 no later than twenty days prior to the convening of the 2010
12 regular session.

13 (d) The heart healthy working group shall cease to exist
14 on June 30, 2010.

15 SECTION 3. This Act shall take effect upon its approval.

16

INTRODUCED BY:



By Request
Will Espero



Report Title:

Heart Healthy Working Group; Reduce or Eliminate Trans Fats;
Food Service Establishments

Description:

Establishes the heart healthy working group to develop a plan to eliminate or drastically reduce the use of trans fats in Hawaii's food preparation and food service industry.

