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## HOUSE RESOLUTION

RECOGNIZES AND COMMENDS DALLAS CARTER AS AN OUTSTANDING ROLE  
MODEL FOR GOOD HEALTH.

1           WHEREAS, while the natural beauty of Hawaii is recognized  
2 throughout the world, the real beauty of our island state lies  
3 in its people and their accomplishments; and  
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5           WHEREAS, statistics indicate that in the United States,  
6 about sixty-six percent of adults are either overweight or obese  
7 which is a major cause of heart disease, diabetes, and stroke;  
8 and  
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10          WHEREAS, Mililani resident DALLAS CARTER recognized in his  
11 own life the health risks associated with being overweight and,  
12 inspired by a desire to be there to take care of his family,  
13 became determined to make changes to improve his health; and  
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15          WHEREAS, over the course of three years, DALLAS CARTER  
16 combined good nutrition with exercise to lose 190 pounds,  
17 realizing his weight loss goal and gaining a new outlook on  
18 life; and  
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20          WHEREAS, DALLAS CARTER was one of eight finalists chosen  
21 out of thousands of contestants across the nation in  
22 Beachbody.com's Million Dollar Body Game Giveaway and received a  
23 \$10,000 prize as the winner of his age category and was  
24 ultimately awarded the grand prize of \$250,000 in  
25 recognition of his outstanding weight loss success; and  
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27          WHEREAS, while the monetary rewards associated with DALLAS  
28 CARTER's weight loss will be of great benefit to his family, the  
29 greater reward is increased good health, well-being, and the  
30 knowledge that he took the steps necessary to address a life-  
31 threatening health condition and now has the expectation of  
32 enjoying his family far into the future; now, therefore,



# H.R. NO. 295

1 BE IT RESOLVED by the House of Representatives of the  
2 Twenty-fifth Legislature of the State of Hawaii, Regular Session  
3 of 2009, that this body hereby recognizes and commends DALLAS  
4 CARTER for his dedication and commitment to improving his  
5 health, and for being an outstanding example of what can be  
6 accomplished with hard work and a determination not to give up  
7 in the face of a seemingly overwhelming challenge.

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OFFERED BY: Marilyn B. Lee  
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