



1 requiring physical strength, agility, flexibility, range of  
2 motion, speed, or stamina, and the exercises, sports, or games  
3 are of a type generally conducted in association with an  
4 educational institution or professional, amateur, or  
5 recreational sports club or organization.

6 "Athletic injury" means:

- 7 (1) An injury sustained by an athlete that affects the  
8 individual's participation or performance in sports,  
9 games, recreation, or exercise; or
- 10 (2) A condition that is within the scope of practice of an  
11 athletic trainer identified by a directing physician  
12 or physical therapist as benefiting from athletic  
13 training services.

14 "Athletic trainer" means an individual who is licensed  
15 under this chapter and carries out the practice of athletic  
16 training.

17 "Directing physician" means a physician and surgeon or an  
18 osteopathic physician and surgeon licensed under chapter 453,  
19 who, within the licensee's scope of practice and individual  
20 competency, is responsible for the athletic training services  
21 provided by the athletic trainer and oversees the practice of



1 athletic training by the athletic trainer, as established by  
2 rule.

3 "Director" means the director of commerce and consumer  
4 affairs.

5 "Practice of athletic training" means the application by a  
6 licensed and certified athletic trainer of principles and  
7 methods of:

- 8 (1) Prevention of athletic injuries;
- 9 (2) Recognition, evaluation, and assessment of athletic  
10 injuries and conditions;
- 11 (3) Immediate care of athletic injuries, including common  
12 emergency medical situations;
- 13 (4) Rehabilitation and reconditioning of athletic  
14 injuries;
- 15 (5) Athletic training services administration and  
16 organization; and
- 17 (6) Education of athletes.

18 § -3 **Duties of supervising physician.** A directing  
19 physician shall provide supervision to an athletic trainer by a  
20 verbal order when in the presence of the athletic trainer and by  
21 written order or by athletic training service plans or protocols  
22 when a supervising physician is not present.



1           §   -4   **Licensure required.**   (a)   A license is required to  
2 engage in the practice of athletic training, except as  
3 specifically provided in section       -8.

4           (b)   The director shall issue to an individual who  
5 qualifies under this chapter a license in the classification of  
6 athletic trainer.

7           (c)   An individual may not use the title "licensed athletic  
8 trainer", or "athletic trainer", or abbreviations or insignias  
9 to imply that the individual is an athletic trainer unless the  
10 individual is licensed under this chapter.

11          §   -5   **Qualifications for licensure.**   The director shall  
12 issue a license to practice as an athletic trainer to an  
13 applicant who:

14           (1)   Has obtained a bachelor's or advanced degree from an  
15                accredited four-year college or university and meets  
16                the minimum athletic training curriculum requirement  
17                established by rule;

18           (2)   Has successfully completed an examination approved or  
19                recognized by the director;

20           (3)   Is in good standing with and provides documentation of  
21                current certification by a nationally recognized  
22                credentialing agency approved by the director;



- 1           (4) Submits an application on a form prescribed by the
- 2                   director; and
- 3           (5) Pays the required licensing fee as determined by the
- 4                   director.

5       §   **-6 Scope of practice.** An athletic trainer may:

- 6       (1) Prevent injuries by:
  - 7           (A) Designing and implementing physical conditioning
  - 8                   programs, which may include:
    - 9                       (i) Strength and range of motion testing;
    - 10                       (ii) Nutritional advisement; and
    - 11                       (iii) Psychosocial intervention and referral;
  - 12           (B) Performing preparticipation screening;
  - 13           (C) Fitting protective equipment;
  - 14           (D) Designing and constructing protective products;
  - 15                   and
  - 16           (E) Continuously monitoring changes in the
  - 17                   environment;
- 18       (2) Recognize and evaluate injuries by:
  - 19           (A) Obtaining a history of the injury;
  - 20           (B) Inspecting an injured body part and associated
  - 21                   structures;



- 1 (C) Palpating bony landmarks and soft tissue
- 2 structures; and
- 3 (D) Performing clinical tests to determine the extent
- 4 of an injury;
- 5 (3) Provide immediate care of injuries by:
- 6 (A) Initiating cardiopulmonary resuscitation;
- 7 (B) Administering basic or advanced first aid;
- 8 (C) Removing athletic equipment; and
- 9 (D) Immobilizing and transporting an injured athlete;
- 10 (4) Determine whether an athlete may return to
- 11 participation or, if the injury requires further
- 12 definitive care, refer the athlete to the appropriate
- 13 directing physician;
- 14 (5) Rehabilitate and recondition an injury by
- 15 administering therapeutic exercise and therapeutic and
- 16 physical modalities, including cryotherapy,
- 17 thermotherapy, and intermittent compression,
- 18 electrical stimulation, ultrasound, traction devices,
- 19 and mechanical devices as directed by established,
- 20 written athletic training service plans or protocols
- 21 or upon the order of a directing physician;



- 1 (6) Provide athletic training services administration,  
2 including:
- 3 (A) Implementing athletic training service plans or  
4 protocols;
- 5 (B) Writing organizational policies and procedures;
- 6 (C) Complying with governmental and institutional  
7 standards; and
- 8 (D) Maintaining records to document services  
9 rendered; and
- 10 (7) Educate athletes to facilitate physical conditioning  
11 and reconditioning by designing and implementing  
12 appropriate programs to minimize the risk of injury.

13 § -7 **Term of license; expiration; renewal.** (a) The  
14 director shall issue each license for an athletic trainer in  
15 accordance with a two-year renewal cycle established by rule.  
16 The director, by rule, may extend or shorten a renewal period by  
17 as much as one year to stagger the renewal cycles it  
18 administers.

19 (b) Each license automatically expires on the expiration  
20 date shown on the license unless renewed in accordance with  
21 rules adopted by the director.



1           §    -8   **Exemptions from licensure.**   This chapter does not  
2 require the licensure of an individual who assists in an  
3 emergency or who provides services for which no fee is  
4 contemplated, charged, or received, provided the individual does  
5 not profess to be an athletic trainer.

6           §    -9   **Grounds for denial of license.**   The director may  
7 refuse to issue a license to an applicant, refuse to renew the  
8 license of a licensee, revoke, suspend, restrict, or place on  
9 probation the license of a licensee, issue a public or private  
10 reprimand to a licensee, and issue cease and desist orders in  
11 accordance with chapter 91 for unprofessional conduct or other  
12 violations of this chapter.

13          §    -10   **Unprofessional conduct.**   "Unprofessional conduct"  
14 includes:

- 15           (1)   Failing to report to the director an act or omission  
16               of a licensee, applicant, or any other individual that  
17               violates a provision of this chapter;
- 18           (2)   Interfering with an investigation of a disciplinary  
19               proceeding by wilful misrepresentation of facts or by  
20               use of threats or harassment against a client or  
21               witness to prevent that individual from providing





- 1 evidence in a disciplinary proceeding, investigation,
- 2 or other legal action;
- 3 (3) Failing to maintain client confidentiality unless
- 4 otherwise required by law;
- 5 (4) Promoting an unnecessary device, treatment,
- 6 intervention, or service for financial gain by the
- 7 athletic trainer or third party; and
- 8 (5) Failing to maintain adequate records.

9 § -11 **Rules.** The director may adopt rules under chapter  
 10 91 to implement this chapter."

11 SECTION 2. This Act shall take effect upon its approval.

12

INTRODUCED BY:   
 JAN 26 2009

**Report Title:**

Athletic Trainers; Licensing

**Description:**

Requires licensing of athletic trainers.

