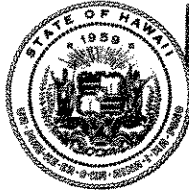


LINDA LINGLE  
GOVERNOR OF HAWAII



DEPT. COMM. NO. 43

CHIYOME L. FUKINO, M.D.  
DIRECTOR OF HEALTH

STATE OF HAWAII  
DEPARTMENT OF HEALTH  
P.O. Box 3378  
HONOLULU, HAWAII 96801-3378

In reply, please refer to:  
File:

March 27, 2008

TO: Honorable Member of the 2008 Hawaii State Senate  
FROM: Chiyome Leinaala Fukino, M.D.  
Director of Health  
SUBJECT: Hawaii Physical Activity and Nutrition Surveillance Report 2008

SERGEANT AT ARMS  
THE SENATE

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The first *Hawaii Physical Activity and Nutrition Surveillance Report 2008* serves as a companion document to the *Hawaii Physical Activity and Nutrition Plan 2007 - 2012*. This surveillance report was developed in response to stakeholder requests for specific physical activity and nutrition data broken down by county, sub-county, ethnic groups, age, and other demographics. The publication also shares new data on hospital-related costs attributable to physical inactivity and the potential cost savings of a physically active population.

A limited number of reports were published and are now available. The reader will find both new data and existing data which was not easily accessible to the public in a user-friendly format. The report contextualizes the data in graphs, charts, and through key findings that summarizes the information. The updated information can be used to identify health disparities within our community to allow users to target their efforts to where it is most needed. This report provides important information that can be used by policy makers and public and private organizations for planning, resource allocation, and evaluation.

Both the *Hawaii Physical Activity and Nutrition Plan 2007 - 2012* and *Hawaii Physical Activity and Nutrition Surveillance Report 2008* are catalysts for action. These tools were developed to help concerned partners work together to educate the public, advocate for policies, and build environments that integrate physical activity and healthy eating into the daily lives of the residents of Hawaii. Both the statewide plan and data report are available online at [www.healthyhawaii.com](http://www.healthyhawaii.com).

The department is submitting copies of the report to the Office of the Senate President and humbly requests that these reports be distributed to the members of the Senate. Questions regarding the plan and data report can be directed to Lola Irvin, Tobacco Settlement Project Manager, at 586-4488 or [lola.irvin@doh.hawaii.gov](mailto:lola.irvin@doh.hawaii.gov).