## A BILL FOR AN ACT

RELATING TO MEDICAID HOSPITAL AND LONG-TERM CARE REIMBURSEMENTS.

## BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

- 1 SECTION 1. Hawaii's health care system consists of a
- 2 myriad of services that must be coordinated and integrated to
- 3 ensure access to quality care at the appropriate level for all
- 4 of Hawaii's residents. A single user of health care often
- 5 accesses different providers that deliver different products and
- 6 services, and may transition from one level of care to another
- 7 over a period of time.
- 8 Acute care hospitals deliver care to the most seriously ill
- 9 patients. As such, the cost of hospital care is very high due
- 10 to high staffing costs, the high costs of technology that
- 11 permeate hospitals to pay for equipment and supplies, and the
- 12 high costs of medication and regulatory and quality
- 13 requirements. Patients who receive care at hospitals and
- 14 recover enough of their health so that they no longer require
- 15 hospitalization, but are still in need of services, should be
- 16 transferred out of the hospital to a provider that can
- 17 appropriately and safely care for their needs. Such a transfer
- 18 supports an improved quality of life for the patient and



- 1 sustains the integrity of the acute care system by creating
- 2 availability for others who may require hospitalization. This
- 3 balanced flow of patient movement matches the appropriate
- 4 provider to the needs of the patient. In doing so, it better
- 5 manages the financing of health care.
- 6 The determination of an appropriate level of care is based
- 7 on the patient's condition and input from a multi-disciplinary
- 8 care team. The provision of long-term care, either in a
- 9 facility or in a home- and community-based setting, is far less
- 10 costly than hospital care.
- 11 Unfortunately, due to unique and unusual circumstances,
- 12 Hawaii has a shortage of beds in nursing facilities relative to
- 13 its population. Most of Hawaii's long-term care facilities,
- 14 including skilled nursing facilities, assisted living
- 15 facilities, adult residential care homes, and foster family
- 16 homes, are full nearly all of the time. Placement in long-term
- 17 care is especially difficult when a patient has a medically
- 18 complex condition that demands resources that are not available
- 19 at many long-term care facilities in Hawaii. As a result, many
- 20 acute care hospital patients who are ready for long-term care
- 21 cannot be discharged and must wait in the acute care hospital
- 22 bed until space becomes available.

The shortage of long-term care beds is an undesirable 1 situation from three perspectives. First, the quality of life 2 of the patient is diminished. Second, a patient in an acute 3 care hospital who is waitlisted for long-term care occupies a 4 bed that may be needed by someone else with an acute illness or 5 injury. Lastly, hospital care is very expensive, so the 6 waitlisted patient contributes to higher costs in an acute care 7 8 hospital. Hawaii's medicaid program can be modified to facilitate the 9 flow of patients from acute care hospitals to long-term care 10 facilities. When a medicaid-eligible patient is treated by an 11 acute care hospital, medicaid pays a rate for hospital care. 12 The payment is based upon the level of care needed by the 13 patient. When the patient is well enough to be transferred to 14 long-term care, the medicaid payment is reduced to a rate that **15** is 20 to 30 per cent of the actual cost of acute care 16 hospitalization. If the hospital is not able to transfer the 17 patient to long-term care, the hospital must bear the financial 18 19 burden of the reduced medicaid payments. In addition, the inability to transfer a patient who is deemed ready for 20 discharge by a physician means that the waitlisted patient uses 21

an acute care bed that may be needed by other, more acutely ill

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- 1 patients. Thus, there is an opportunity cost to the hospital
- 2 and the patients.
- 3 At any particular time, approximately 200 patients in
- 4 Hawaii's hospitals are waiting to be transferred to long-term
- 5 care. Patients with certain conditions have been on the
- 6 waitlist for weeks, months, or even years. The total loss to
- 7 hospitals due to waitlisted patients was estimated to be at
- 8 least \$80,000,000 in 2006.
- 9 A significant part of that loss is due to underpayment by
- 10 medicaid. The underpayment is unfair to acute care hospitals
- 11 because medicaid is, in effect, a public-private partnership.
- 12 The public sector provides the funding, and the private sector
- 13 provides the services. As a result of the underpayment, acute
- 14 care hospitals and long-term care facilities are weakened
- 15 financially, and the stability of Hawaii's entire health care
- 16 system is compromised.
- In the past, acute care hospitals were able to absorb
- 18 medicaid losses since payments from commercial and other payers
- 19 helped to offset the under-funded costs of care for medicaid
- 20 patients. Over time, the cost of healthcare has increased at a
- 21 faster rate than increases in payments from all payers. In
- 22 addition, significant enhancements in medical technology over



- 1 the past several years have placed a greater expectation for
- 2 acute care hospitals to invest in medical equipment and
- 3 information technology.
- 4 As a result, acute care hospitals are no longer able to
- 5 cover the underpaid cost of caring for medicaid patients and
- 6 adequately invest in medical technology.
- 7 The result is that many acute care hospitals are on the verge of
- 8 financial failure. For example, Kahuku hospital would have
- 9 ceased operations due to bankruptcy if it were not annexed by
- 10 the Hawaii health systems corporation, which is subsidized by
- 11 state government. One of the major reasons given for Kahuku
- 12 hospital's financial troubles was underpayment by medicaid. The
- 13 Hawaii health systems corporation itself is seeking an emergency
- 14 appropriation largely because of losses due to underpayment by
- 15 medicaid. All hospitals in Hawaii face the same problem.
- 16 Acute care hospitals must be supported financially so that
- 17 they can continue to care for our acutely ill while longer term
- 18 solutions to the waitlisted patient problem are being developed.
- 19 As described more fully in the Waitlist Task Force report to the
- 20 2008 legislature, pursuant to Senate Concurrent Resolution
- 21 No. 198 (2007), this is one piece of the problem. The multi-

- 1 faceted waitlist problem is being addressed from a number of
- 2 angles, both legislatively and non-legislatively.
- 3 In addition, medicaid payments for long-term care must be
- 4 addressed, with payments for individuals with medically complex
- 5 conditions, such as bariatric patients and severely obese
- 6 patients, needing immediate attention. These payments should be
- 7 cost-based since the current system of acuity-based
- 8 reimbursement does not effectively address these types of
- 9 patients.
- 10 Furthermore, medicaid managed care (QUEST expanded) is
- 11 projected to begin in November 2008. Long-term care providers
- 12 will need to negotiate rates with managed care plans.
- 13 Historical patterns in other states where managed care entered
- 14 the market resulted in long-term care facility closures due to
- 15 low payments for long-term care. The 2008 medicaid
- 16 reimbursement rates for long-term care facilities in Hawaii, as
- 17 established by medicaid on January 1, 2008, should be
- 18 established as the base rate for all future negotiations with
- 19 managed care companies. These rates should be the lowest
- 20 allowable to long-term care providers in future negotiations
- 21 under QUEST expanded. This assurance will maintain Hawaii's
- 22 current level of nursing home providers, as well as be an



- 1 incentive for interested entrepreneurs to expand current
- 2 operations or consider adding additional long-term care beds in
- 3 Hawaii in response to the demand for post acute care.
- 4 The purpose of this Act is to provide fair compensation to
- 5 acute care hospitals for the service they provide to medicaid
- 6 patients who have been treated for acute illnesses and injuries
- 7 and who have recovered sufficiently so that they may be
- 8 transferred to long-term care, but for whom long-term care is
- 9 not available. In addition, this Act provides fair compensation
- 10 to long-term care facilities for patients in acute hospitals
- 11 with medically complex conditions when their level of care
- 12 changes from acute to long-term care. This Act also ensures
- 13 that when QUEST expanded is implemented, long-term care
- 14 facilities will receive medicaid payments that are at least
- 15 equal to the rates in effect immediately prior to the
- 16 implementation of QUEST expanded.
- 17 SECTION 2. Chapter 346, Hawaii Revised Statutes, is
- 18 amended by adding a new section to be appropriately designated
- 19 and to read as follows:
- 20 "§346- Medicaid reimbursements. (a) Medicaid
- 21 reimbursements to hospitals for patients occupying acute-

- 1 licensed beds who are waitlisted for long-term care shall be
- 2 equal to the acute medical services payment rate.
- 3 (b) Medicaid reimbursements to facilities with long-term
- 4 care beds for patients with medically complex conditions who,
- 5 prior to admission to the facility were receiving acute care
- 6 services in an acute hospital, shall include a separate rate for
- 7 complex medical patients that shall be forty per cent more than
- 8 the current rate. As used in this subsection, "medically
- 9 complex condition" means a combination of chronic physical
- 10 conditions, illnesses, or other medically related factors that
- 11 significantly impact an individual's health and manner of living
- 12 and cause reliance upon technological, pharmacological, and
- 13 other therapeutic interventions to sustain life.
- 14 (c) Reimbursements received by hospitals and facilities
- 15 with long-term care beds under QUEST expanded shall be no less
- 16 than those received under medicaid immediately prior to the
- 17 implementation of QUEST expanded."
- 18 SECTION 3. There is appropriated out of the general
- 19 revenues of the State of Hawaii the sum of \$ or so
- 20 much thereof as may be necessary for fiscal year 2008-2009 for
- 21 increased medicaid reimbursements to hospitals and facilities
- 22 with long-term care beds.

SB3258 HD1 HMS 2008-3039

- 1 The sum appropriated shall be expended by the department of
- 2 human services for the purposes of this Act.
- 3 SECTION 4. New statutory material is underscored.
- 4 SECTION 5. This Act shall take effect on July 1, 2050, and
- 5 shall be repealed on June 30, 2013.

## Report Title:

Medicaid Hospital and Long-term care Reimbursements; Appropriations

## Description:

Establishes reimbursement guidelines and provides appropriations for medicaid to hospitals and facilities with long-term care beds. Effective 07/01/2050. Repealed 06/30/2013. (SB3258 HD1)