
HOUSE RESOLUTION

RECOMMENDING STUDENT ATHLETICS BE CONSIDERED AS A SEMESTER
CREDIT PER YEAR OF PHYSICAL EDUCATION TOWARDS A HAWAII HIGH
SCHOOL DIPLOMA IN PUBLIC SCHOOLS.

1 WHEREAS, the United State Department of Health recommends
2 at least a minimum of 60 minutes of physical activity three
3 times a week; and
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5 WHEREAS, student athletes average about 8 hours a week of
6 exercise, not including matches or games, and the Physical
7 Education course estimates three hours a week of exercising
8 resulting in over three times the recommended amount; and
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10 WHEREAS, by having physical education as an automatic
11 credit, it allows the student athlete to enroll in other courses
12 during the school year and will help them fulfill the new high
13 school requirements of 24 credits; and
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15 WHEREAS, the remaining semester of physical education
16 should be aimed at physical education, to provide the student
17 athlete with an education of fitness and healthy lifestyle such
18 of a non-athlete would; and
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20 WHEREAS, the main objective of the Hawaii High School
21 Athletic Association is to increase participation by offering a
22 variety of sports to promote educational benefits of all
23 students; and
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25 WHEREAS, by promoting participation, it exceeds the
26 benchmark of Standard 3, Active Lifestyle, of the Hawaii state
27 standards physical education for grades 9-12; now, therefore,
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29 BE IT RESOLVED by the House of Representatives of the
30 Twenty-fourth Legislature of the State of Hawaii, Regular
31 Session of 2008, that the Hawaii Department of Education



1 recommends for students who are active in sports use it as a
2 physical education credit rather than taking a required class
3 during their high school year; and
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5 BE IT FURTHER RESOLVED that certified copies of this
6 Resolution be transmitted to the Governor of the State of
7 Hawaii, the Board of Education, the Superintendent of Education,
8 the Hawaii State Student Council, the executive director of the
9 Hawaii High School Athletic Association, the executive secretary
10 of the Oahu Interscholastic Association, the executive director
11 of the Interscholastic League of Honolulu, the executive
12 secretary of the Kauai Interscholastic Federation, the executive
13 secretary of the Maui Interscholastic League, and the executive
14 secretary of the Big Island Interscholastic Federation.
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OFFERED BY:





















