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## HOUSE CONCURRENT RESOLUTION

RECOMMENDING STUDENT ATHLETICS BE CONSIDERED AS A SEMESTER  
CREDIT PER YEAR OF PHYSICAL EDUCATION TOWARDS A HAWAII HIGH  
SCHOOL DIPLOMA IN PUBLIC SCHOOLS.

1           WHEREAS, the United State Department of Health recommends  
2 at least a minimum of 60 minutes of physical activity three  
3 times a week; and

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5           WHEREAS, student athletes average about 8 hours a week of  
6 exercise, not including matches or games, and the Physical  
7 Education course estimates three hours a week of exercising  
8 resulting in over three times the recommended amount; and

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10           WHEREAS, by having physical education as an automatic  
11 credit, it allows the student athlete to enroll in other courses  
12 during the school year and will help them fulfill the new high  
13 school requirements of 24 credits; and

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15           WHEREAS, the remaining semester of physical education  
16 should be aimed at physical education, to provide the student  
17 athlete with an education of fitness and healthy lifestyle such  
18 of a non-athlete would; and

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20           WHEREAS, the main objective of the Hawaii High School  
21 Athletic Association is to increase participation by offering a  
22 variety of sports to promote educational benefits of all  
23 students; and

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25           WHEREAS, by promoting participation, it exceeds the  
26 benchmark of Standard 3, Active Lifestyle, of the Hawaii state  
27 standards physical education for grades 9-12; now, therefore,

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29           BE IT RESOLVED by the House of Representatives of the  
30 Twenty-fourth Legislature of the State of Hawaii, Regular  
31 Session of 2008, the Senate concurring, that the Hawaii



1 Department of Education recommends for students who are active  
2 in sports use it as a physical education credit rather than  
3 taking a required class during their high school year; and  
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5 BE IT FURTHER RESOLVED that certified copies of this  
6 Concurrent Resolution be transmitted to the Governor of the  
7 State of Hawaii, the Board of Education, the Superintendent of  
8 Education, the Hawaii State Student Council, the executive  
9 director of the Hawaii High School Athletic Association, the  
10 executive secretary of the Oahu Interscholastic Association, the  
11 executive director of the Interscholastic League of Honolulu,  
12 the executive secretary of the Kauai Interscholastic Federation,  
13 the executive secretary of the Maui Interscholastic League, and  
14 the executive secretary of the Big Island Interscholastic  
15 Federation.  
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OFFERED BY:



















