

Honolulu, Hawaii

Apr. 11, 2006

RE: H.R. No. 89

Honorable Calvin K.Y. Say
Speaker, House of Representatives
Twenty-Third State Legislature
Regular Session of 2006
State of Hawaii

Sir:

Your Committee on Health, to which was referred H.R. No. 89
entitled:

"HOUSE RESOLUTION URGING HAWAII'S COUNTY, STATE, AND FEDERAL
LEVEL GOVERNMENT OFFICIALS TO PLAY AN ACTIVE ROLE IN CREATING
"HEART HEALTHY COMMUNITIES", "

begs leave to report as follows:

The purpose of this resolution is to support healthy
lifestyles by urging community planners and other government
leaders to create environments that include healthier food choices
in schools and public buildings and exercise choices, such as mass
transit alternatives, expanded parks, bike lanes, walking paths,
and other amenities, to make it easier to get and stay fit.

The Department of Health, Department of Education, Kaiser
Permanente, a member of the Mililani/Waipio/Melemanu Neighborhood
Board No. 25, and a concerned individual supported this
resolution.

Your Committee finds that a healthy lifestyle is important to
the health of an individual as well as to the entire community.
We currently have an excellent example of such a program that
works--Kokua Kalihi Valley Community Health Center. It is
important to encourage healthy living and create "heart healthy
communities" by fostering and encouraging healthy lifestyles
through the public policy development and community planning
responsibilities.



As affirmed by the record of votes of the members of your Committee on Health that is attached to this report, your Committee concurs with the intent and purpose of H.R. No. 89 and recommends its adoption.

Respectfully submitted on
behalf of the members of the
Committee on Health,



DENNIS A. ARAKAKI, Chair



