

**July 2016** 

## HAPPY 4TH OF JULY CELEBRATIONS!!

**HILO BAY BLAST AT BAYFRONT** - Family-friendly activities around Hilo Bayfront include inflatable bouncy ride and waterslides, Hilo Bay Cook-Off, the Hot Rides Expo, food, music and more beginning at 10am. Hawai`i County Band concert at Mo`oheau Bandstand will begin at 7pm followed by the fireworks at 8pm over Hilo Bay. For more info call (808) 961-8706 or visit <a href="http://hawaiitribune-herald.com/sections/news/local-news/july-4th-have-blast-bayfront.html">http://hawaiitribune-herald.com/sections/news/local-news/july-4th-have-blast-bayfront.html</a>

**A SALUTE TO OUR VETERANS**: Hilo Bay 5K Run/Walk, begins at 7:00 a.m. at Liliuokalani Gardens. When registering, indicate your special veteran for a special tribute. <u>http://asalutetoourveterans.org/</u>



FOURTH OF JULY PARADE & CELEBRATION - VOLCANO VILLAGE - The parade will begin at 9 a.m. at the Volcano Post Office and proceed for one half mile along Old Volcano Road to Cooper Community Center. The festivities will include music, games, food booths, craft fair and more. For more info call (808) 967-7800. Also the "Annual Silent Auction" will follow. For more info call (808) 985-7373 email admin@fhvnp.org, or visit www.fhvnp.org

**Mahalo Nui Loa**!!! To those of you who came out, more then 100 attended, to the June 9th town hall meeting that I hosted with Senator Ruderman. The evening started out with each of us sharing the committees we were on during the 28th legislative session. Some of the topics we spoke of were: the CIP/



GIA funds we were able to get. Roads being one of my pet projects, I am happy that I was able to get almost \$18mil in funds for our roads and highway. I am also happy that \$535K has been appropriated for a community kitchen at Kua O Ka La.

We also discussed the bills and resolutions that impact our community.

Guest speaker Representative Belatti, Health Committee Chair and one (1) of the architects of the medical marijuana law spoke.



#### What is the Blue Zones Project?

For the first time, our children are predicted to have a shorter lifespan than we have. Thus, the Blue Zones project is a 4-year program to educate the community, its residents, and its politicians on creating an environment conducive to supporting longevity. It started with identifying areas on the globe where people lived measurably longer: The Blue Zones. It identified: Sardinia, Italy; Loma Linda, California; Okinawa; Nagoya, Costa Rica and Icaria, Greece where they found the highest number of healthy centenarians than anywhere else. Okinawa centenarians lived the longest disability-free.

The Blue Zones Project focuses on a make-over in the areas of community, social networks, habitat and inner self. Currently, the Blue Zones Project has chosen 3 communities in the State of Hawaii to which they will focus their resources: East Hawaii, North Hawaii and Koolaupoko on Oahu. Chiefess Kapiolani Elementary School is the first Blue Zones approved school in the country; it has committed to teach kids healthier habits; Big City Diner on Oahu is a Blue Zones approved restaurant it has committed to a healthier work environment and to offer healthier menu items; and KTA has Blue Zones areas – it has committed to have healthier choices in its check-out lines instead of gum and candy.

Poverty decreases longevity because of increased stress and lack of access to healthier foods. <u>http://</u>www.nytimes.com/2014/03/16/business/income-gap-meet-the-longevity-gap.html? r=1

What I learned at a Blue Zones Project meeting is one way to increase health for those who are poor is to encourage those who qualify for SNAP (aka food stamps) to apply for it. <u>http://humanservices.hawaii.gov/bessd/snap/</u> Where farmers are able to sell fresh produce with SNAP through the food basket and farmers' markets, farmers get much needed federal dollars and the poor have access to healthier food. <u>http://www.hawaiifoodbasket.org/</u>

From its study of the blue zones, they came up with the Power of 9, as illustrated below. To get involved or for more information click on: <u>https://hawaii.bluezonesproject.com/</u>



## HAWAII ISLAND BUSINESS PLAN COMPETITION: Grand prize - \$25,000 seed money

Hosted by the University of Hawaii at Hilo and administered by the Hawaii Island Chamber of Commerce. The competition is open to any individual or group (for-profit or non-profit) whose business plan focuses on developing startup or expanding a business based on Hawaii Island.

The purpose of the Competition is to stimulate development of an entrepreneurial ecosystem on Hawaii Island. The competition encourages contestants to develop or refine their business plans towards developing viable new businesses on Hawaii Island.

Every entry requires:

- Completion of the registration form; •
- \$100 payment to HICC (Hawaii Island Chamber of Commerce)
- Submission of a 7-page written business plan based on their outline

September 1 deadline - to submit your 7-page business plan

Workshops on How to start a business in Hawaii are on July 14 and August 17, in Hilo For more information visit their website by clicking: http://bbibp.org/

## **ARE YOU A HUNTER?**

Beginning July 1, 2016, all hunting access to Pohakuloa Training Area (PTA) will be administered through the iSportsman service.

At that time, all hunters must be registered and possess valid permits to participate in any hunting activity.

In the meantime, it is recommended that you read and familiarize yourself with the new PTA Hunting Policy, which can be found under the Regulations link. Be ready, be prepared register today, click on https://pta.isportsman.net/ default.aspx

> **RELAY FOR LIFE OF HILO** Saturday, July 16, 2016 Francis Wong Stadium FOR LIFE From 4:00pm - 12:00midnight For more information or to get involved contact Kara Morison at 935-9763 or email her at kara.morison@cancer.org or visit http://main.acsevents.org/site/TR/ RelayForLife/RFLCY16PL?pg=entry&fr\_id=71560

## **UPDATE on Highway 130**

RELAY

- Shower Drive intersection traffic light construction begins 2016
- Fixing Southside of shoulder conversion between Shower and Kea'au will be completed in 2017
- · Highway 130 4-lane expansion project construction begins 2019 with design starting this year [The priority on this project has moved up]

Tahiti Fête of Hilo: Polynesian Dance Competition Extravaganza, returns to Hilo. The two-day competition will be held at Afook-Chinen Civic Auditorium. The schedule for the exciting two-day event is as follows:

•Saturday, July 2 from 9:30am - 5:30pm; and

•Sunday, July 3 from 10:00am - 5:30pm

and will feature dance companies as well as individual dancers.

This year's Dance companies come from throughout Hawaii, the mainland, Mexico and Japan.

Tickets for each day cost \$15.00/general admission and \$10.00 children 5-12 and seniors 65+.

For information click on http://www.tahitifete.com/index.php





#### **ALBIZIA WORKDAYS:**

Kalapana: Wednesday, July 6, 9am-12noon at Kalapana Seaview Estates

Hawaiian Paradise Park: Saturday, July 16, 9am - 12noon meet at HPP Community Center

Please wear/bring: long pants, long sleeved shirts, sturdy, closed-toe shoes and water. The little fire ants may be in the area so it is recommended that you also bring a hat and towel or cloth to protect your neck and collar line. Hatchets, hardhats, and gloves will be provided, although if you have your own it would be useful for them to bring on this day. Please email your attendance so that they can make sure to have enough equipment: biisc@hawaii.edu

#### Little Fire Ants (LFA) Workshops:

Saturday, July 23, 9am at Nanawale Longhouse

Saturday, July 30, 9am at Hawaiian Paradise Park Community Center.

For more information click on http://www.bijsc.org/

**REMINDER:** Obon Festivals: In Hawaii, summertime = bon dance. Obon festivals draw hundreds of participants each year. Some bon dance etiquette:

Anyone can join the dance, but the number one rule, whatever you do "don't stop". Don't hold up the line.

If you're a newbie, watch a couple of dance numbers to get the feel of it. Then dance behind someone who looks like they know what they're doing. Make sure there's enough space between you and the dancers next to you. But the ultimate..... HAVE FUN !!!

#### 2016 Bon Dances in east Hawaii:

Puna Hongwanji Mission: 7 p.m. - July 1 and 2; 16-592 Old Volcano Road, Volcano; services at 6 p.m. both nights. Call 966-9981 for more information.

Honpa Hongwanji Hilo Betsuin: 7 p.m.- July 8 and 9; 398 Kilauea Ave., Hilo; services at 6 p.m. both nights. Call 961-6677 for more information.

Hilo Meishoin: 8 p.m. - July 16; 97 Olona St., Hilo; service at 7 p.m. Call 935-6996 for more information Hilo Hooganji Mission: 7:30 p.m. - July 23: 457 Manono St., Hilo; service at 6 p.m.

Toro Nagashi (floating lantern ceremony), 7 p.m. - July 24 at Wailoa Small Boat Harbor. Call 935-8331 for more information

Hilo Daijingu: 7 p.m. - July 29; 10 Anela St., Hilo; service at 6 p.m. Call 959-8611 for more information Taishoji Soto Mission: 7 to 10:30 p.m. - July 30; 275 Kinoole St., Hilo.

Toro Nagashi, 5 p.m.-July 31; Wailoa Small Boat Harbor. Call 640-9956 for more information.

Hilo Higashi Hongwanji Mission: 7 p.m. - Aug. 13; 216 Mohouli St., Hilo. Call 935-8968 for more information.

Life Care Center of Hilo: 6 p.m. - Aug. 19; 944 West Kawailani St., Hilo; Call 959-9151 for more information.

Pahoa Kaikan: 7:30 p.m. - Aug. 27; Pahoa Village Road, Pahoa; service at 6:30 p.m. Call 966-9981 for more information.

HAWAII ISLAND PRIDE 2016 PRIDE WEEK includes the 4th Annual Parade and Festival on Saturday, July 9. Hilo downtown parade begins at 12:00noon with festivities from 1:00pm - 4:00pm. Live entertainment at Mo'oheau Band Stand, local crafts and ono food.

There will be also be candlelight vigil for Victims of Hatred on Sunday, July 10 at dusk; location and more information will be available at the PRIDE festival.

For other events or for more information click: http://www.hawaiiislandpride.org/home

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## IT'S NOT TOO LATE TO PREPARE:

June 1 - November 30 is HURRICANE SEASON; what can we do to be prepared? Below are just a few preparation tips when a hurricane or tropical storm threatens:

- Tune in to your local radio/television station to find out if there is an evacuation order and for shelter locations nearest you.
- Review your Emergency Plan- escape routes in your home, meeting location, emergency phone numbers, and your Emergency Kit (items in your kit should include 7 days of food, water and medications, battery or solar powered radio, flashlight and extra batteries, plastic bags and ties for waste, whistle, matches, blankets and tarps, personal hygiene items, and a first aid kit).
- Keep important documents such as your passport or driver's license, banking and credit card information, insurance information, healthcare directives, copy of property titles/deeds, prescriptions and dosages, list of family and important numbers, etc. in a sealed plastic bag.
- Store and secure outdoor lawn furniture and other loose, lightweight objects, such as garbage cans and garden tools that might be blown away by high winds, and become flying debris.
- Boats should be moored securely, or moved to a designated safe area well before the storm arrives.
- Windows should be boarded up.

• Make sure you have gas in your car and some cash on hand. For more information, click on the link http://www.scd.hawaii.gov/

### **EVACUATION CENTERS - PUNA DISTRICT**

Keaau Elementary	Keonepoko Elementary
Keaau Middle	Mountain View Elementary
Keaau High	

Pahoa Elementary Pahoa High and Intermediate

The **Pahoa Music & Art Walk** will be taking place from 5pm - 10pm on **Saturday, July 9** at Pahoa Village. Featuring local artists, live music, and lots of fun!! This event is scheduled to occur for the rest of the year on the second Saturday of each month.



Thank you for subscribing to my E-Newsletter!	Please FOLLOW my Twitter and
This allows me to send out more information about what's going on here at the State Legislature. If you know anyone who would be interested in receiving the E-Newsletter please have them contact my office at: <u>b.iwasaki@capitol.hawaii.gov</u>	Instagram! https://twitter.com/repjoydistrict4 https://www.instagram.com/ repjoysanbuenaventura/

 Be sure to LIKE my page!
 E-mail Address: repsanbuenaventura@capitol.hawaii.gov

 https://www.facebook.com/
 Visit Joy's capitol website for updates on bills and other legislative activities:

 repjoydistrict4
 http://capitol.hawaii.gov/memberpage.aspx?member=Sanbuenaventura&year=2016

#### Vice Chair: Judiciary

**Committee Member:** Consumer Protection & Commerce; Public Safety; Labor & Public Employment; Transportation

#### **Contact Information:**

Hawaii State Capitol, Room 305, 415 South Beretania Street, Honolulu, Hawaii 96813

Telephone: (808)586-6530

Neighbor Island Access dial 974-4000 then extension 66530#, after the recording.

