

FREE WORKSHOP

Positive Approach to Care[®]

Learn skills to help you maintain a positive and meaningful relationship with loved ones with Alzheimer's disease or dementia!

Saturday, December 7

10 AM to 2:00 PM

St. Michael and All Angels
Episcopal Church
4364 Hardy Street, Lihue, HI 96766

Registration Required:



Use QR code

Or call (toll free)

1-877-926-8300 OR

<https://events.aarp.org/lihue12-7>

Lunch provided for registered guests.

Need accommodations? 808-545-6003



TOPICS:

Normal vs. Not Normal Aging: Understanding the Difference

Learn to recognize and understand “normal” and “not normal” aging. Develop skills to notice and intervene effectively when behavioral challenges occur. Discover easy ways to talk, guide, and make a connection with your loved one.

Recognizing Unmet Needs

Learn to understand which physical and emotional needs can cause challenging behaviors in people with dementia. Practice hands-on techniques to connect and comfort using visual, verbal, physical and emotional connections. Learn to use looks, words, and touch so they stay calm and you avoid problems in the future.

Facilitator: Dorothy Colby, is a Certified Positive Approach to Dementia Care[®] trainer and national mentor with more than 20 years of professional and personal experience caring for people with dementia.