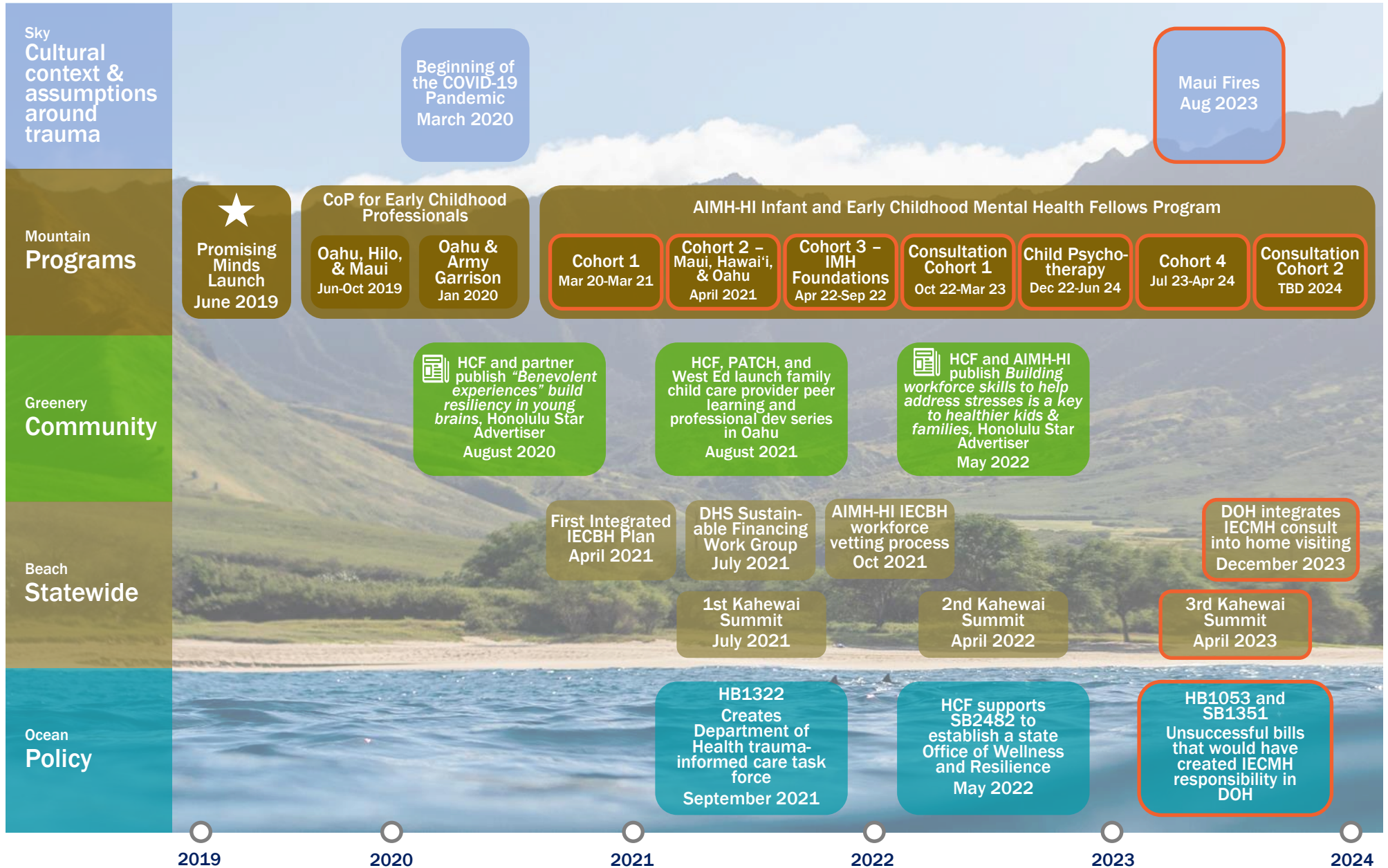


The Promising Minds Journey

In Hawai'i, ahupua'a are traditional land sub-divisions extending from the mountains to the sea. Each ahupua'a represents a complete ecosystem, with rainfall that starts in the mountains trickling down to nourish the land, flowing through to marine life in the ocean below. Like ahupua'a, Promising Minds seeks to take a whole systems approach to integrating mental health and trauma-informed practices that support young children and their families, from recognizing the cultural context and assumptions to enacting changes at the program, community, state, and policy levels. This journey map illustrates these changes over the course of the initiative as reported by the Hawai'i Community Foundation and Promising Minds partners.



Ke Alaula (The Dawning)

In the Hawaiian language, *alaula* is the dawning early light. It is a transitional period that can signal a new beginning. In 2024, the Hawai'i Community Foundation will issue its last Promising Minds grants. Rather than an ending, this period represents a transition. This report has shared ways that trauma-informed practices are becoming embedded into organizational culture, trainings, systems of care, and statewide policies. In the final journey mapping activity, Promising Minds partners shared additional ideas for how they hope to see trauma-informed work continue on in this new period.

Ways to Support Trauma-Informed Practices into the Future

Systems Advancements

- Primary care screening and education around development milestones with a referral system can create a cohesive network of supports for families
- The IECBH plan can help to better coordinate efforts across government and nonprofit sectors
- A system of family navigators and resources can provide broad-based support for families
- Champions can help increase the use of screening tools, professional development, and other supports at a large scale

Policies

- Embedded state positions and funding can support a continuum of mental health programs and services
- Policies and legislation around Med-Quest, such as increasing standards for well child exams, can create a more robust system of care
- Paid family leave and funding for childcare can provide more coverage for families
- Competitive living wages for teachers and service workers can support consistent, high-quality care
- Collective advocacy and community organizing can strengthen economic support for all keiki

Workforce Supports

- More fellows and endorsed workers can promote infant and early childhood behavioral health
- An increased pool of trauma-informed mental health trainers can support a growing workforce
- Statewide training on trauma-informed practices can educate child care providers

Cultural Shifts

- Trauma-informed care in the infant and early childhood system can be culturally relevant and honor Native Hawaiian culture, practices, and norms
- Native Hawaiians and local families can be supported to become more involved in trauma-informed practices
- More community knowledge could break the stigma around trauma and make space for survivors