

January 25, 2024

A Cohesive Mental Health System Birth → Adolescence → and All Adulthood

Justina Acevedo-Cross, MPP | Hawai'i Community Foundation
Legislative Information Session

Hawai'i Community Foundation

We inspire generosity, advocate for equity, forge connections and invest in community to create a better Hawai'i.

We envision an equitable and vibrant Hawai'i where all of our island communities thrive.



C

COMMUNITY & ECONOMY

H

HEALTH & WELLNESS

A

ARTS & CULTURE

N

NATURAL ENVIRONMENT

G

GOVERNMENT & CIVICS

E

EDUCATION



Promising Minds Initiative



\$5 million
philanthropic
funds



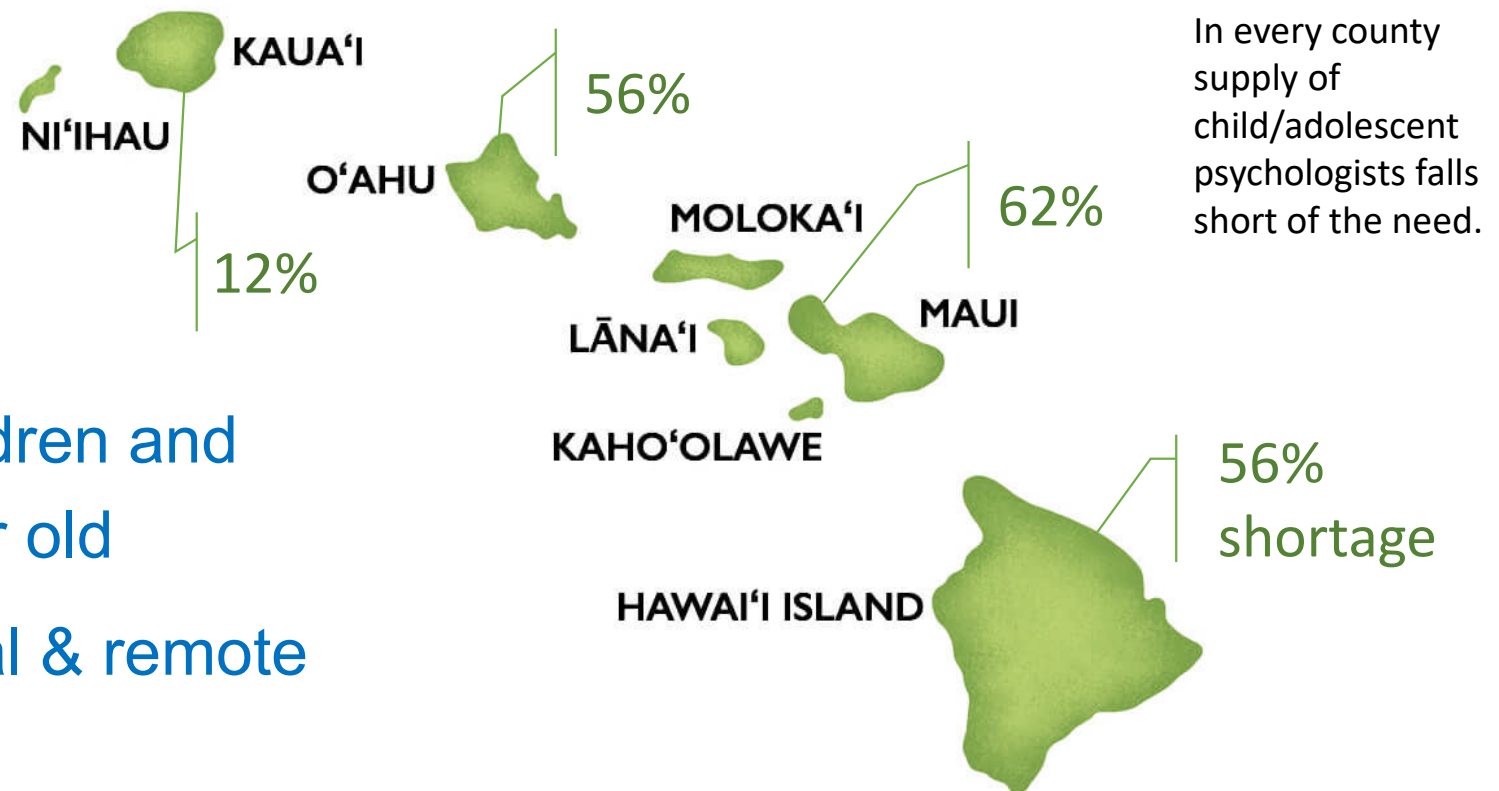
Invested in
5 years

Brain Science of Toxic Stress



A Problem and Opportunity: Workforce Shortage

Map: Child/Adolescent Psych Shortages by County



- **422,000** children and youth 0-24 yr old
- **29%** live rural & remote

Current Initiatives and Efforts

* Indicated HCF lead initiative or effort

Promising Minds*

Integrated Infant &
Early Childhood
Behavioral Health Plan
and Financing

Pediatric Mental
Health Care Access
Hawai'i

Pediatric Mental
Health in Primary
Care Pilot (HI
Island)*

Office of Wellness
and Resilience &
TICTF

HI Mental Health
System Mapping*



Hawaii's Integrated Infant and Early Childhood Behavioral Health Plan



Positive & Adverse Childhood Experiences (PACES) Hawaii

He 'a'ali'i kū makani mai au; 'a'ohe makani nāna e kūla'i.
I am a wind-withstanding 'a'ali'i; no wind can topple me over.




Office of Wellness and Resilience



Key Partners

Promising Minds: Growing the Workforce for Early Childhood Mental Health & Piloting Clinical Partnerships

15 professionals with their Child Parent
Psychotherapy training (anticipated June 2024)

Promising Minds Fellows Program, an ongoing
partnership with the Association for Infant Mental
Health in Hawai'i – **49 people** completed specialized
training in 2022

**Over 100 professionals in early childhood
settings** trained in trauma-responsive approaches
with keiki, and detecting areas of concern

Clinical settings: Hawai'i Island Community Health
Center improve identifying developmental delays

Infrastructure: 1) IECBH Plan and FTE coordinator.
2) the State of Hawai'i established the Office of
Wellness and Resilience



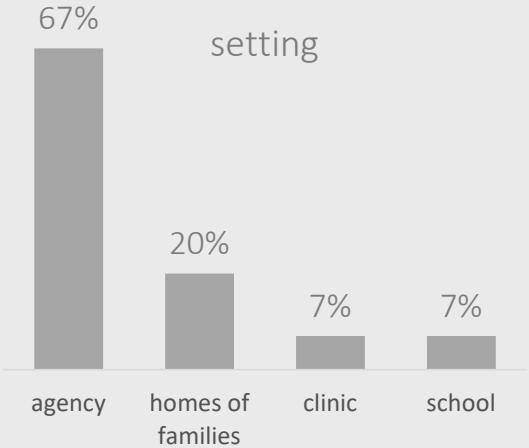


Fellows are mental health professionals who work with infants, young children, and their families and hold at least a high school diploma

Snapshot of Cohort 3 Fellows:

providers – 33%
(family coach, early education teacher, social worker, etc.)

leaders – 67%
(program manager, supervisor, etc.)

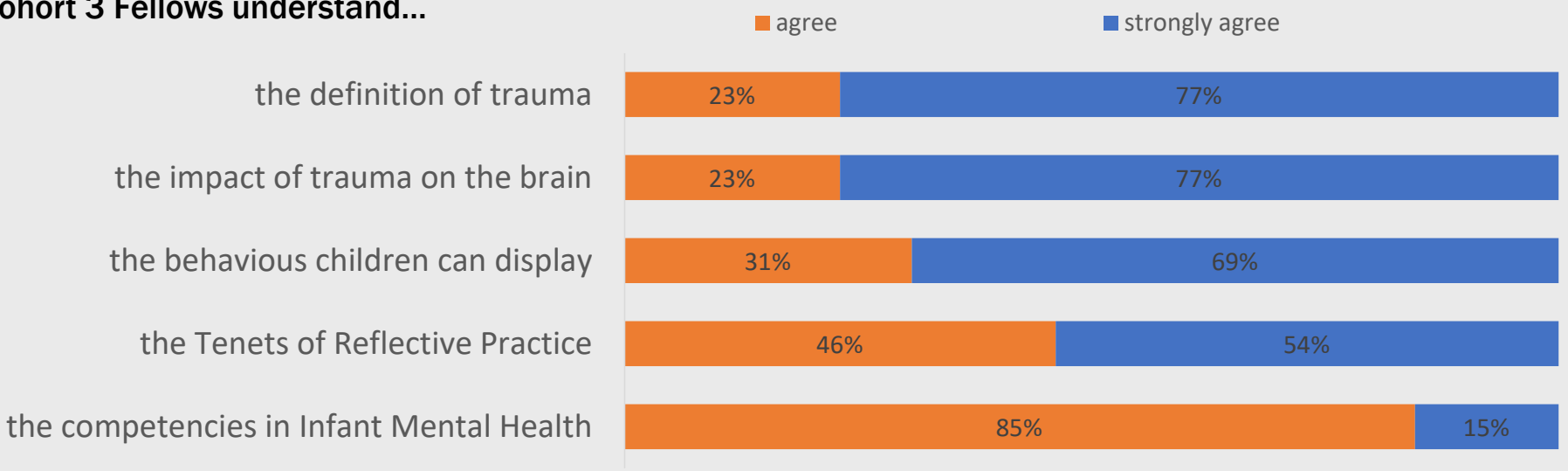


10 years (avg)
in mental health

20 years (avg)
with children

The fellowship cohort receives specialized training in infant mental health competencies and reflective supervision

Cohort 3 Fellows understand...



Early Childhood MH Partnership with Hawai'i Island Community Health Center

Addressing the 70% of Developmental Delays Unidentified by Age 5

Challenge: Pediatricians, particularly in rural areas, often rely on informal methods, leading to the under-identification of at-risk children

Solution Implemented

- In 14 clinics revamped protocol using the Ages and Stages Questionnaire (ASQ) during well child visits
- ACEs and PEARLs training for Pediatric PCPs
- Electronic Medical Records (EPIC) add-in of data from screening with PCP notes



Systems Cohesion: IECBH Plan

Launched in May 2021, Revised in May 2022

- Governmental and non-governmental partnership to develop the plan
- Organizations continue implementing, coordinating, and achieving objectives together
- Team working on financing strategies
- Hired a Coordinator, Christina Simmons, to support this collaborative implementation effort housed at Early Childhood Action Strategy



Hawai`i's Integrated Infant and Early Childhood Behavioral Health Plan

UPDATED July 2022



Version 2

IECBH Plan Components (2022-24)



Mahalo.

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Appendix

Additional Slides

Activating multiple systems drivers

