

University of Hawai'i







HE ECONOMIC RESEARCH ORGANIZATION AT THE UNIVERSITY OF HAWAI'I

Maui

Wildfire Exposure Study

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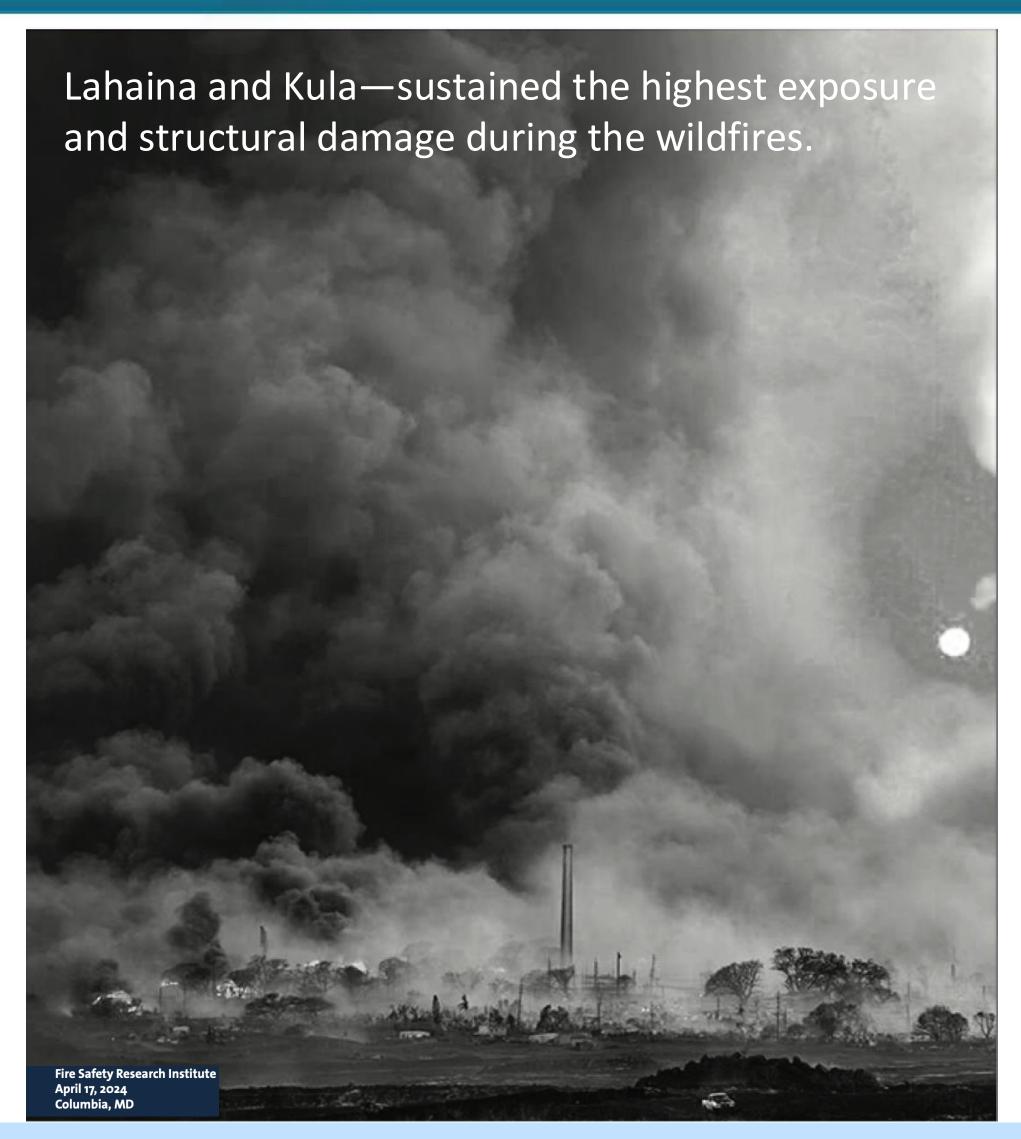
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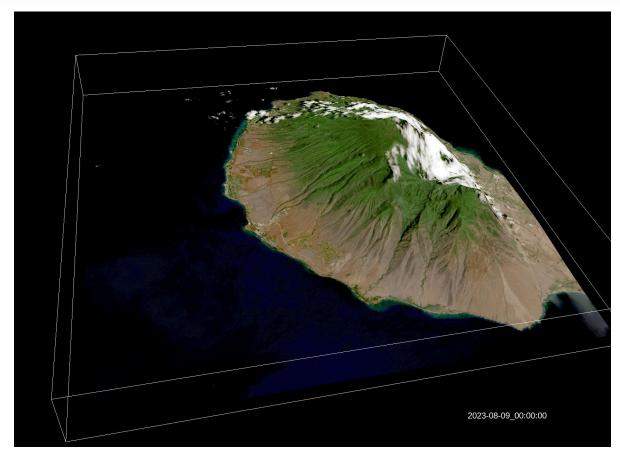


MauiWES.org

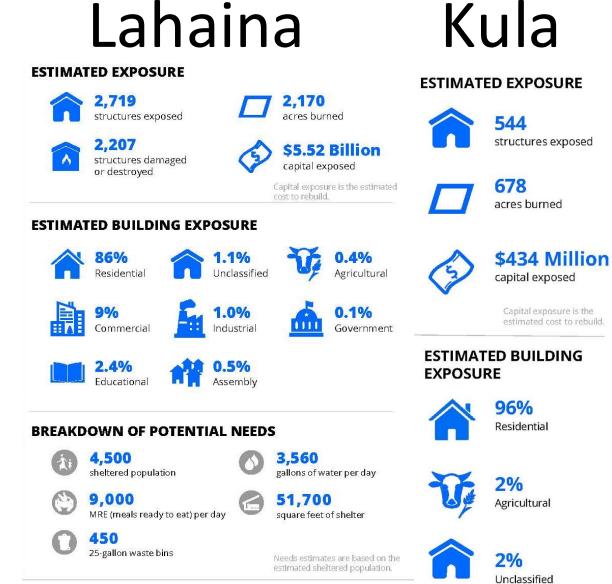
State of Hawaii & NIH R61MD019793

Acute Impact of the August 2023 Maui Wildfires



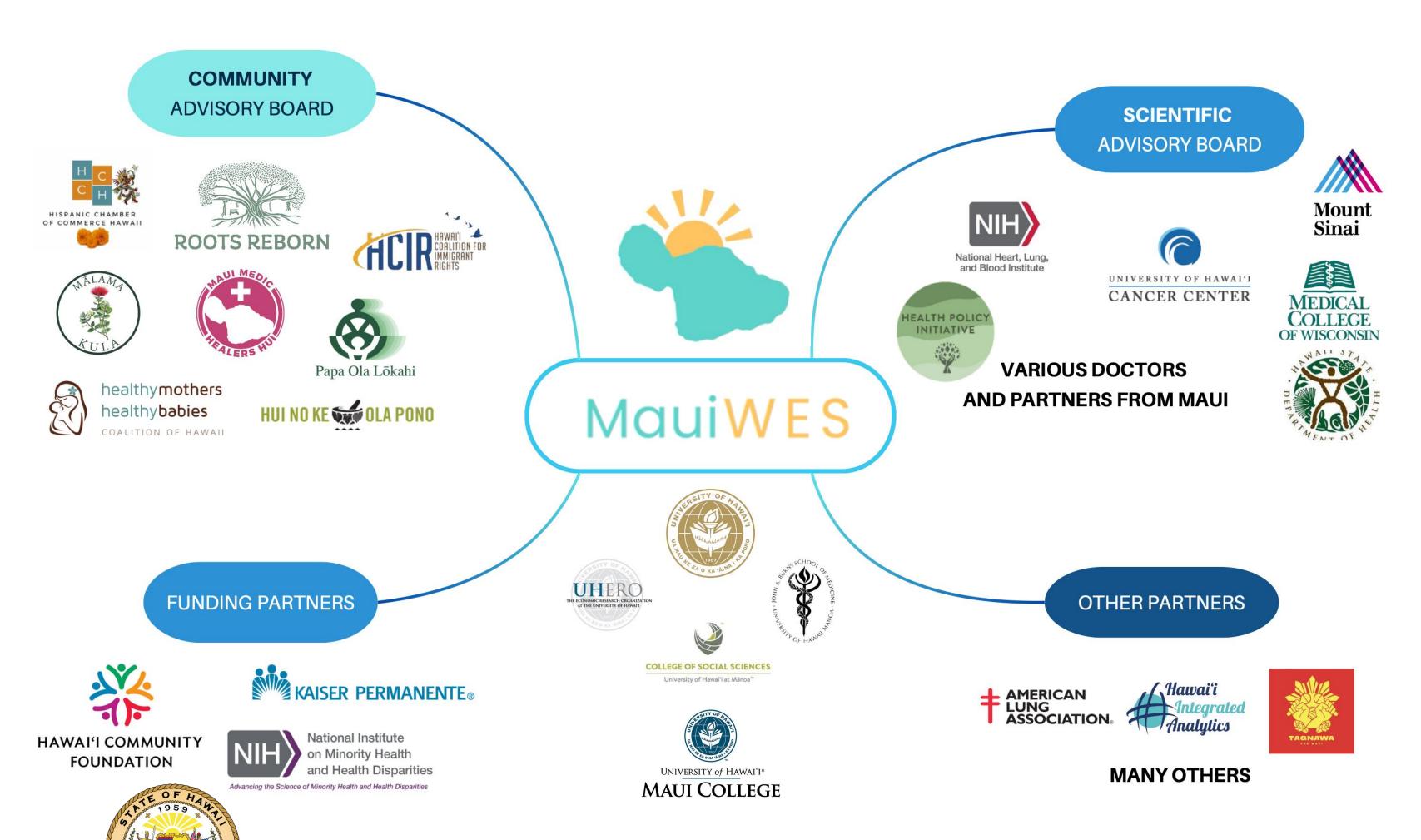


Drs Businger & Moisseeva (SOEST, UHM)

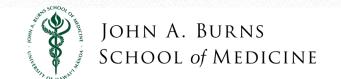


The worst natural disaster in the state of Hawai'i and the deadliest fire in the US in over a century, threatening to further widen health disparities in our community.

Maui Wildfire Exposure Study (MauiWES) - Team



Academic-Community Partnership





Survey, Biomonitoring, and Health Screening

Data Components

Questionnaires

- Demographics
- Housing Stability
- Food Security
- Employment
- Exposure
- Resiliency
- Social Support
- Health Behaviors
- Perceived Trust
- Etc...

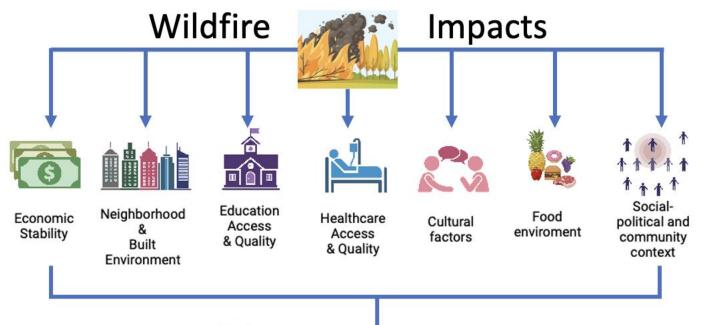
<u>Biospecimens</u>

- Stress Response
- Inflammation
- Environmental Toxicants

Health Exam

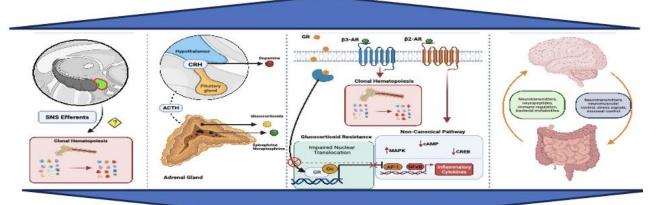
- Lung Health
- Cardiovascular Health
- Metabolic Health
- Mental Health
- Cancer Risk (EMR)

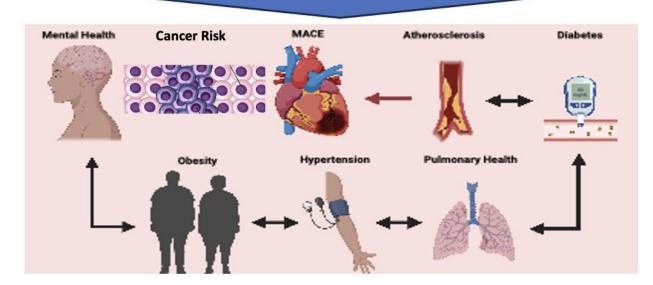
Participant Involvement









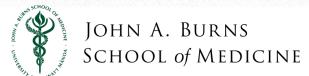






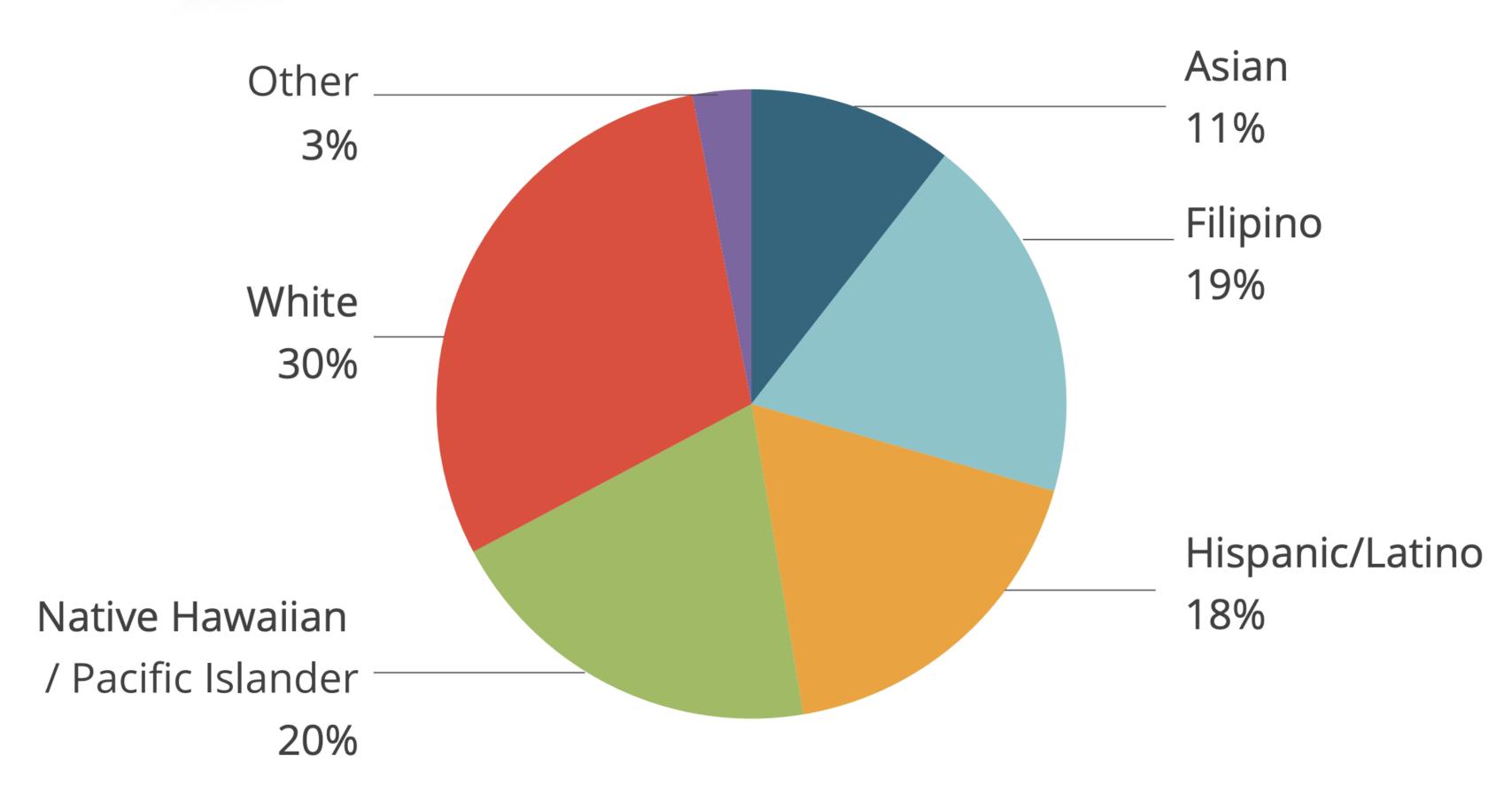
Jan. 2024 – Jan. 2025: First health screen since fires for many.

Cohort size: 2000+ adults and children (10-17 y/o).

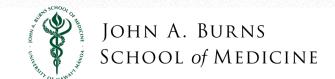




Diverse Cohort Representative of Impacted Population



This is the <u>most comprehensive</u> and ethnically <u>diverse</u> study to evaluate short- & long-term health following a natural disaster in Hawai'i.

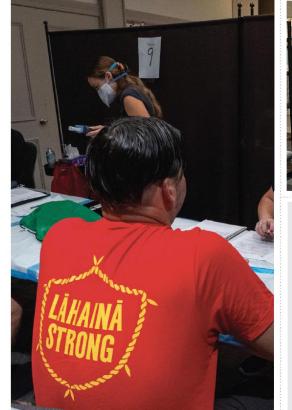




YEAR 1: MauiWES Main Findings for Adults

Main trends identified:

- 1. Elevated rates of mental and physical health conditions
- 2. Persistent barriers to accessing healthcare services
- 3. Widespread housing instability, unemployment, and food insecurity
- 4. Concerning levels of exposure to heavy metals and environmental contaminants





WELLBEING, AND RESILIENCE

MAY 15, 2024



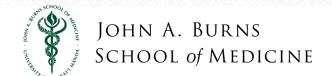




Original Investigation | Public Health

Health and Social Support in the Aftermath of the Maui Wildfires

Ruben Juarez, PhD; Krit Phankitnirundom, PhD; Samia Valeria. Ozorio Dutra, PhD, RN; Daniela Bond-Smith, PhD; Alison G. Lee, MD, MS; Alika K. Maunakea, PhD





YEAR 2: MauiWES Findings For Keiki and Adults

Main trends identified:

- 1. Small but measurable improvements in mental health for adults
- 2. Self-rated health is getting better for adults
- 3. Uninsured rate cut by a third yet some remaining gaps in access to care remaining
- 4. Elevated rates of mental and physical health conditions for *keiki*





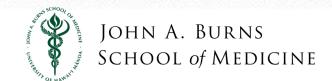




JUNE 18, 202

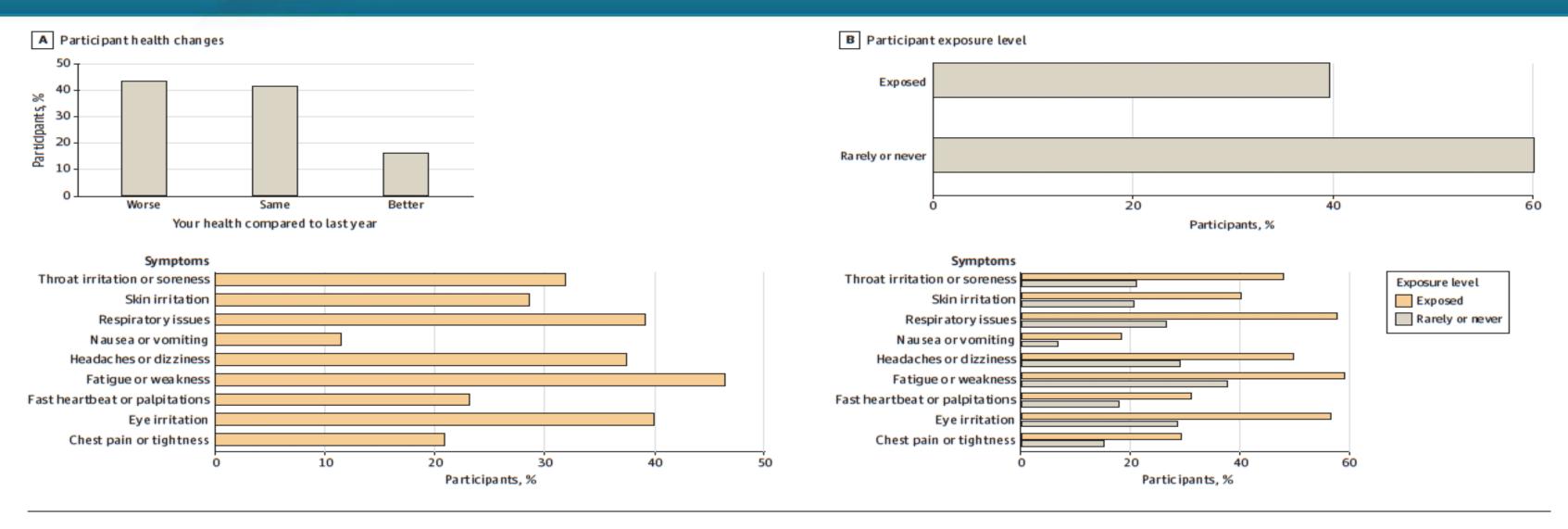




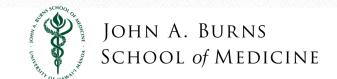




Physical Health in the Aftermath: Adults



- ~ Half of participants reported their health worsened post-fires.
- 40% reported direct or frequent wildfire exposure.
- Exposed individuals reported 2× higher rates of common associated symptoms.
- Chronic Disease Burden: 42.9% of adults reported hypertension; 21.4% reported diabetes; 27.5% had high cholesterol; 9.1% had heart disease.
- Respiratory Health: 25% of adults showed low FEV₁ (indicative of impaired lung function); 17.5% had respiratory symptoms in the two weeks prior to the survey
- Other Notable Conditions: 19.3% reported gastrointestinal symptoms; 19.2% reported skin problems such as rashes, burns, or irritation.
- New or Worsening Diagnoses (Post-Wildfire): ~ 12% reported receiving a new diagnosis or experiencing worsening of a chronic condition since the fires.





Ongoing Health Issues From Exposure: Adults

A Outcome by exposure variable Exposure variable Coefficient (95% CI) -5.97 (-10.81 to -1.14) Fire perimeter status: inside 0.36 (-7.08 to 7.81) Postwildfire exposure score 1.45 (-1.01 to 3.91) Fire perimeter status: inside -6.58 (-11.73 to -1.43) -3.62 (-11.94 to 4.71) Acute exposure score Postwildfire exposure score 1.10 (-1.40 to 3.60) Days affected by health issues -0.02 (-2.16 to 2.12) Fire perimeter status: inside 20.03 (8.87 to 31.18) Postwildfire exposure score 1.10 (0.01 to 2.19) 0.47 (-1.29 to 2.22) Fire perimeter status: inside 9.43 (0.61 to 18.25) Postwildfire exposure score 0.29 (-0.60 to 1.17) Anxiety Fire perimeter status: inside 0.99 (-0.55 to 2.54) 1.57 (-0.88 to 4.01) Postwildfire exposure score 0.84 (0.02 to 1.65)

Lung Function Significantly Reduced

 People inside the burn zone had marked declines in lung function (FEV₁ and FVC), indicating impaired respiratory health.

Exposure Strongly Linked to Health

 High levels of acute exposure were associated with: +20 more days affected by health issues over the year; 9x higher depression scores; 7x greater odds of respiratory symptoms.

Ongoing Postfire Exposure is Linked to:

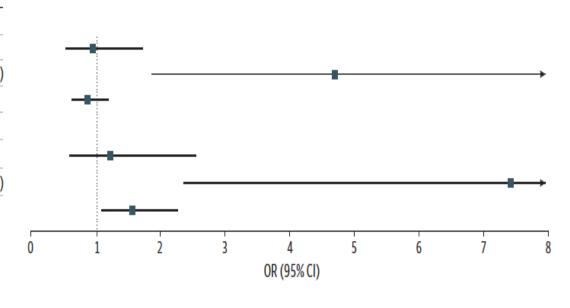
More days with health issues; 1.5x higher odds of respiratory symptoms.

Mental Health Affected

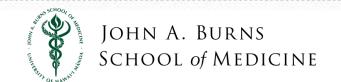
• Depression scores increased with exposure; Anxiety trended to an increase.

B Outcome by exposure variable

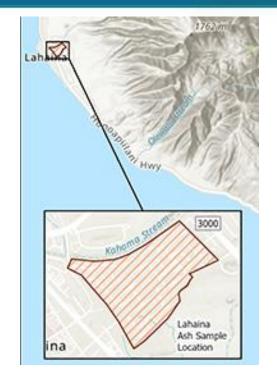
Exposure variable	OR (95% CI)
Any physical symptoms	
Fire perimeter status: inside	0.92 (0.51 to 1.67)
Acute exposure score	4.54 (1.79 to 11.90
Postwildfire exposure score	0.84 (0.60 to 1.15)
Respiratory symptoms	
Fire perimeter status: inside	1.18 (0.57 to 2.46)
Acute exposure score	7.18 (2.28 to 24.00
Postwildfire exposure score	1.51 (1.05 to 2.19)



Coefficient (95% CI)



Urinalysis of Heavy Metals Implicated in Wildfire Ash/Smoke

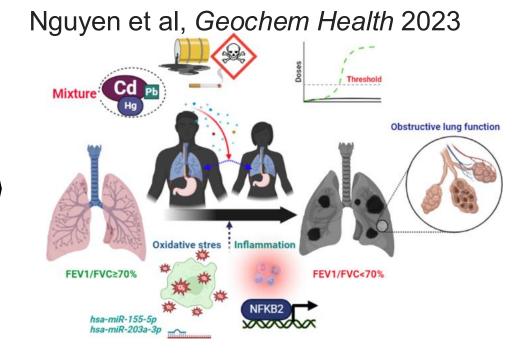


The ash samples were collected on November 7-8, 2023 from 100 properties in Lahaina, which had been constructed from the 1900s to the 2000s.

Parameter	Unit	Lab Report #1	Lab Report #2	Lab Report #3	Mean Lab Reports	Soil Environmental Action Level
Arsenic	mg/kg	297	269	275	280	23
Lead	mg/kg	383	416	431	410	200
Antimony	mg/kg	26	24	26	25	6.3
Cobalt	mg/kg	27	23	26	25	4.7
Copper	mg/kg	1,400	1,970	1,630	1,667	630







Industrial plantations: heavy metals/toxins

Mobilization of toxins due to fires

Mixtures of metal exposure on health

Urine Sample

Sample Processing

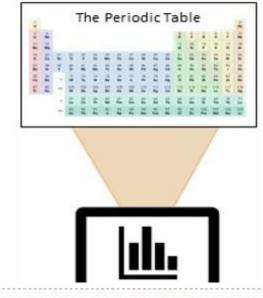
ICP-MS/MS Analysis

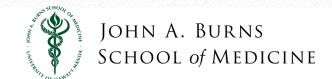
Data Integration

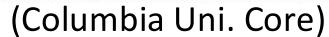








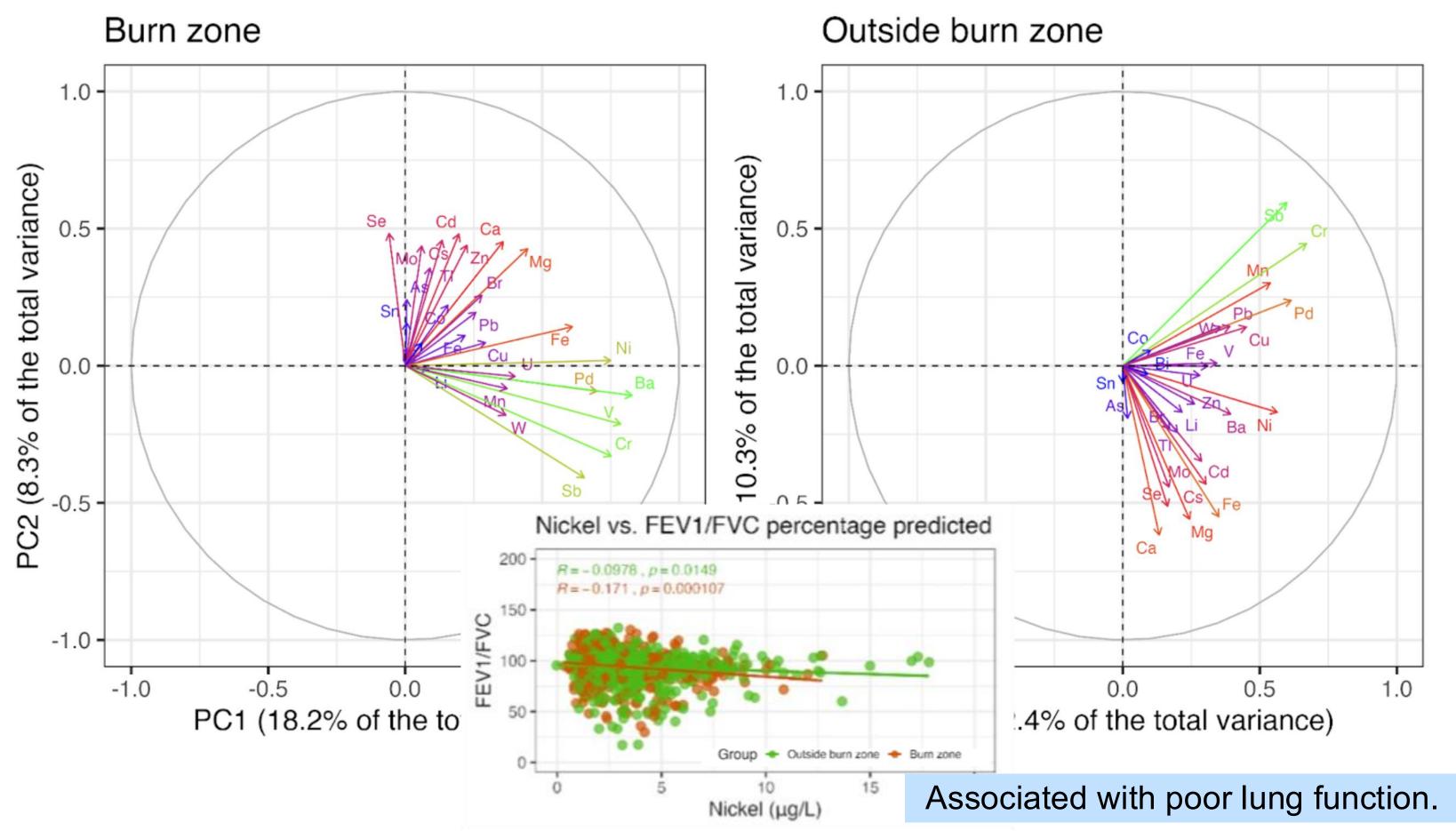




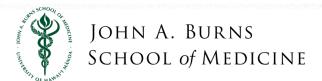


(Re)-Exposures from Wildfire-Mobilized Heavy Metals

N=1,236; ~30 distinct elements from urine samples collected 6-12 months post-fires.



- Burn-zone residents cluster on multi-metal axis (Sb, Ba, Cr, Ni, Pd) distinct from outside-zone.
- Higher levels associated with displacement, frequent ash re-exposure, and early recruitment period.
- Evidence for a wildfire-specific "metal fingerprint" and ongoing re-exposures up to 12 months later.

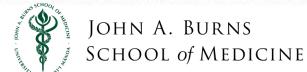




Main Take on Heavy Metals

- Persistent exposure/re-exposure detected: Toxic metals remain elevated (~20% of participants) 6–12 months after the fires.
- Health risks are real: Linked to respiratory issues (our data), and known to be associated with cardiovascular disease, neurological conditions, and cancer.
- Action needed: Long-term monitoring, cleanup, and survivor support.



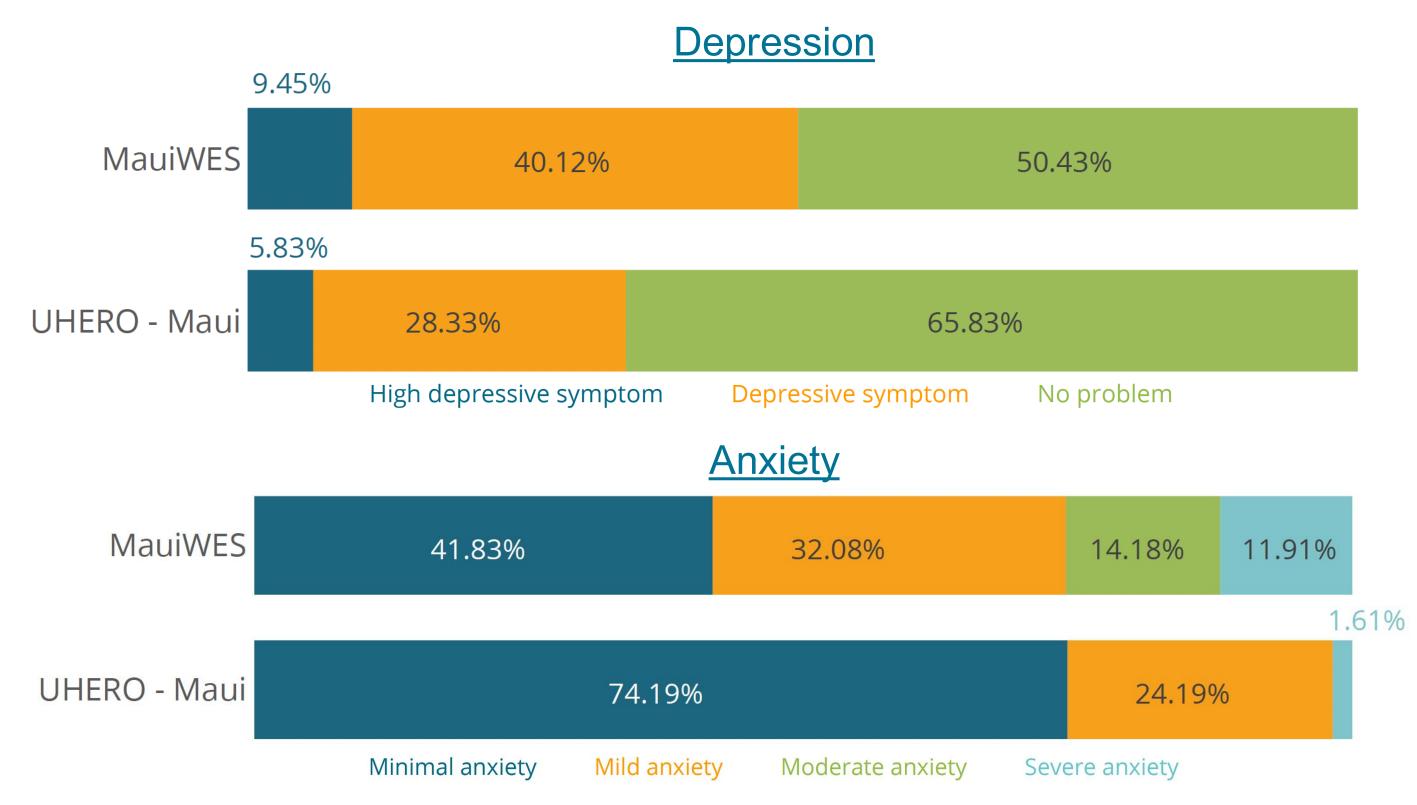




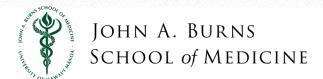
Post-fire Declines in Mental Health: Adults

Alarming rates of mental health issues among adult survivors:

- 50% of participants showed depressive symptoms
- 26% had moderate to severe anxiety
- 4.2% had considered suicide in the past month



Many participants are showing improvements—moving from severe to milder levels of depression and anxiety—but overall distress remains high.

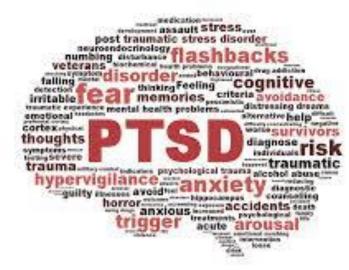


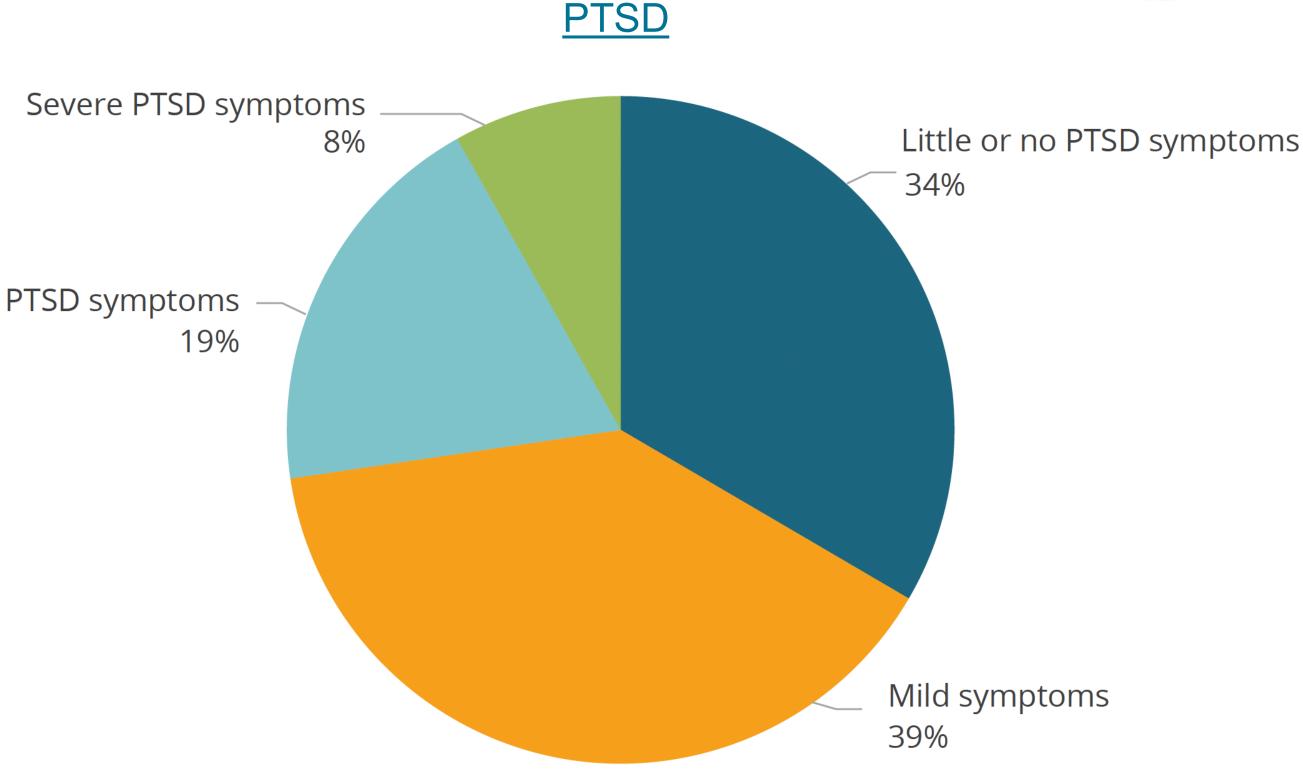


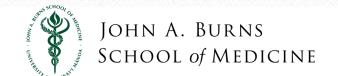
Post-fire Declines in Mental Health: Adults

High rates of <u>PTSD</u> among survivors:

- 39% mild symptoms
- 19% PTSD
- 8% Severe PTSD









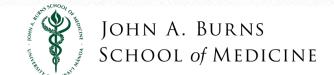
Protective Effect of Social Support: Adults

Outcome by model term	Coefficient (95% CI)											
Days affected by health Issues												
Main effect of acute exposure	20.03 (8.87 to 31.18)											_
Main effect of social support	0.93 (-1.39 to 3.25)				-							
(20-point increase)												
Interaction effect of acute exposure and	-5.08 (-8.50 to -1.65)	_		— !								
social support (20-point increase)												
Depression												
Main effect of acute exposure	9.43 (0.61 to 18.25)											
Main effect of social support	-0.27 (-2.10 to 1.56)			<u> </u>								
(20-point increase)												
Interaction effect of acute exposure and	-2.46 (-5.18 to 0.26)			-								
social support (20-point increase)						-						
		-10	-5	Ó		5	10	15	20	25	30	3!
							Coefficien	t (95% CI)				

- Acute exposure led to:
 - ~20 more days affected by health issues.
 - ~9-point increase in depression scores.
- Interaction between acute exposure and social support:

Reduced the number of impacted ill by ~5—suggesting a *buffering effect*

Modestly mitigated depression scores





Alarming Health Burden: Children

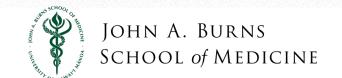


Screened Physical Health:

- ~40% had elevated or hypertensive blood pressure
- 18% had impaired lung capacity (FVC)
- 57% of children had normal exhalation (FEV₁); 31% mild-to-moderate obstruction; 13% severe airway obstruction

Mental Health

- 50% of children screened showed depressive symptoms
- 20% reported severe depressive symptoms
- 30% showed signs of anxiety disorder
- 15% experienced PTSD symptoms, with 4% severe PTSD
- Children often under-report distress





Impacts Beyond the Study

So far, we've reached over

2000

People affected by the 2023 Maui fires

825

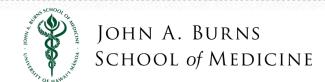
Followed up with Healthcare Provider

760

Made lifestyle changes after receiving results

320

Accessed mental health services



Maui Health Registry

For those unable to join MauiWES, we lauched the MauiWES Health Registry for passive data collection, monitoring, and referral

MauiRegistry.com:

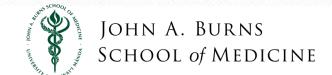
Now live, we are developing a comprehensive medical registry to facilitate information sharing and passive health monitoring through medical records (>6,000 affected)





Join Hands, Share Stories, Rebuild with Maui Registry

Welcome to Maui Registry, a platform dedicated to the people of Maui who have experienced the 2023 Maui Wildfire disaster. By sharing your experiences, you can help others find hope, learn, and connect with services in our community





Call to Action: Prioritize Health. Protect Our Future.



Help us Advocate for Long-Term Funding

- Most recovery funds have largely bypassed health and recovery
- Hazard Mitigation Plan must prioritize health with housing and infrastructure

Disseminate the Maui Health Registry

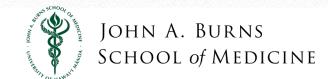
- Join us at MauiRegistry.org
- Looking for 6,000+ fire-affected individuals to be included in monitoring, referrals, and long-term care

Sustain and Expand MauiWES

- Largest post-disaster health study in Hawai'i
- We are likely reducing capacity by October 2025 without renewed support
- Real-time data is saving lives—need to stay vigilant
- No other biomonitoring effort of exposures currently exists for residents

Fund School-Based, Culturally Rooted Mental Health Programs

- Trauma is rising—especially for youth and marginalized families
- Care must reflect culture, language, and trust





'Ike Kūpuna

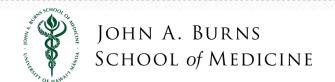


Pū'ali kalo i ka wai 'ole

...without water the kalo grows misshapen⁺.

Not even taro—our life source—can thrive without water. Our community cannot recover without sustained health resources, surveillance and healthy environment (land & water).







Mahalo to Our Partners and Funders











